

Miracle Farm Rescue Foundation, Inc.
15 YEAR ANNIVERSARY FUNDRAISER AND OPEN HOUSE

Proudly Presents

EQUINE HEALTH & MOVEMENT CLINIC

with “BJ” Hartmann

Sat. Oct. 28th & Sun. Oct. 29th, 2017

PROGRAM

This is a 2-hour workshop for each participant.

The morning is a combination of a biomechanical evaluation and physical therapy exercises on horseback. Beginner to advanced riders. English, Western, Dressage, Jumping, Saddle Seat, and racehorses. All disciplines are welcome. B.J. can also help you with exercises to bring a horse through an injury. Regain confidence; develop a partnership with your horse. B.J. is an expert on how the rider’s position affects the horse’s ability to move.

In the afternoon, each horse will have a full body sports massage and acupressure session lasting approximately 45min.-1 hour. B.J. will include stress reduction, relaxation, Swedish massage, acupressure and other alternative modalities to help relieve muscle soreness, release toxins, and help mental clarity for improving focus on training and performance.

REASONS FOR PARTICIPATION

This clinic can be very beneficial for not only show horses but for pleasure horses too. Does your horse have an unexplainable lameness? Does he have an uneven stride? Does he carry his head too high? Are you having trouble with transitions? Is your dressage horse having trouble with certain movements? Would you like your horse to create a better frame? Would you like your horse to increase the length of his stride? Has your horse been injured and needs to have exercises to bring him back to use? Would you like to get more speed and agility out of your barrel racer? Would you like to improve the endurance of your trail horse? Do you love your horse and want to improve its health and wellbeing? These are all reasons why this clinic would be beneficial for you and your horse.

ABOUT THE INSTRUCTOR

Barbara “BJ” Hartmann is the owner of Miracle Farm, Ohio’s first rehabilitation facility that merges traditional therapies with alternative modalities for horses, dogs and people. Miracle Farm is the home of both “Alternative For All”, a company she founded in 1995, and also the home of the “Miracle Farm Rescue Foundation, Inc.”, a non-profit foundation for the rescue and rehabilitation of slaughterhouse and sport horses. She attended Lakeland Community College and Cleveland State University. She has certifications in Human Sports Massage, Chiropractic Assistant, Equine Acupressure Level 1 and 2, Equine Sports Massage, Geobiology Research, Canine Acupressure Level 1, Reiki Level 1, Biodynamics, and Programming Small Computers. She is the author of the video production “Grooming for the Health of Your Horse” and her book *The Missing Link*. BJ has been featured on radio, published in “Enlightenment’s Magazine” and the “Healthy Referral”. BJ has also been a speaker/clinician at national equine and health expos since 1996.

Clinic cost: NODA, 4-H, OTTB only \$100.00 all others \$120.00 for 2 sessions, which normally consist of a biomechanics evaluation, and an acupressure/massage session. You are more than welcome to do only one session instead of two

Auditing cost: \$10.00 per day-- 4-H, NODA, pony club \$5.00(all donations to rescue!!)

Stabling available: See rates below. Bring a copy of your 2017 negative Coggins.

PLEASE make CHECKS PAYABLE TO: Miracle Farm Rescue

NAME _____

ADDRESS _____

PHONE (H) _____ **(W)** _____ **(Cell)** _____

EMAIL: _____

HORSE'S NAME _____ **AGE:** _____

TYPE & Number of Sessions: _____ **Riding Evaluation** _____ **Acupressure/ Massage**

- *BJ prefers to do your riding session before the massage session so muscles stay relaxed.*

DAY / TIME REQUEST _____

STABLING: *(Please indicate quantity for each.)*

_____ **Overnight (\$20)** _____ **Daytime only (\$10)**

Send info and checks to: Miracle Farm Rescue, 17964 Owen Rd. Middlefield, Ohio 44062

Call 440-318-4113 or e-mail miraclefarm@windstream.net for more information and/or to schedule.

ALL PARTICIPANTS MUST SIGN THE FOLLOWING RELEASE:

I understand that this is a high-risk sport and I am participating at my own risk.

I hereby release and hold harmless _____ and all others involved from liability for accidents, damage, injury or illness sustained or caused as a result of my participation in the above described activities. Under the Equine Liability Act, each participant who engages in an equine activity, expressly assumes the risks of engaging in and legal responsibility for injury, loss or damage to person or property resulting from the risk of equine activities.

SIGNED (Legal guardian must sign if entrant is under 18 yrs.)