

This is the last issue of the NODA news you will receive if you have not renewed your membership.
Membership form on the [back cover](#).

www.nodarider.org

Issue 2, 2013

NODA News

Northern Ohio Dressage Association

Cover: Jenny Harding & “Rudy” enjoy an outdoor ride in January! Photo by Lauren Tisdale

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Greetings from the President



Dee Liebenthal and Rens

Dear NODA Members:

I hope everyone is ready to be educated this year because we have a lot to offer in 2013.

FEBRUARY 23, 2013 - NODA and LEC present a Symposium on the New USDF Rider Tests. Many of you have been asking about the new **Rider Tests**. Ask and you shall receive...NODA and LEC have managed with very short notice to give dressage riders in our area something to look forward to in February. We have been fortunate to convince Jayne Ayers, "L" Faculty, "I" Judge and member of the new Rider Test writing committee, to agree to come to LEC on February 23rd to educate us in these new tests. We are grateful to Lake Erie College and Dr. Pam Hess and NODA's Education Committee, Bernie Moauro and Marcia Doyle for graciously taking on this last minute project and pulling it together quickly.

These new tests, Training through 2nd level, will be available as "Test of Choice" for this competition year at NODA shows. Who should attend this symposium and why?

- All dressage riders who plan to compete in Schooling or Recognized Shows.
- Professionals who compete and/or have students that compete.

- Any dressage rider interested in an opportunity to become a more effective rider.

There will be a lecture in the morning, and demo rides in a "Ride-a-Test" format in the afternoon. The price for this one day symposium, is very reasonable. For more information, or to volunteer as a demo rider, contact Berni Moauro at Berni-edu@nodarider.org or Marcia Doyle at Marcia-edu@nodarider.org. [Symposium flyer and registration forms](#) are available on the EDUCATION page of the NODA website (www.nodarider.org). New 2013 USEF Rider Tests available at: <https://www.usef.org/AUAIFrames/DressageTest/2012Tests.aspx>

Our partnership with LEC continues on April 27th and 28th with the previously announced first workshop in the **USDF Instructor Certification Program**. For this first workshop, "Lungeing," we have Sarah Martin, USDF "S" Judge, Faculty member, "L" Graduate with distinction, and USDF Bronze, Silver, and Gold medalist. We have room for only eight actual participants, but we can accommodate unlimited auditors. Please come and take advantage of this wonderful opportunity. If you are interested and/or would like additional information please contact Berni Moauro at Berni-Edu@nodarider.org or Marcia Doyle at Marcia-edu@nodarider.org. See the [flyer](#) for more details in this issue of the NODA News or check out our website, www.nodarider.org

If NODA is to continue to make educational opportunities available, we need member support. NODA is your organization and surveys tell us that you joined NODA because you want to **show** and you are interested in **education**. The truth is simple: NODA does not make or expect to make money on educational offerings. We only hope to break even. However, without member support our mission to continue to make education available is at

2013 Committees

Awards

Chair: Janeen Langowski-Grava
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Professional Liaison: Mary Dana Prescott
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Recognized Show

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Show Secretary: Mary Lou Gallagher
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Volunteer Coordinator: Karen Eisenhauer
330-220-4705
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Schooling Show

Chair: Kara Maruszak
440-655-9376
schoolingshow@nodarider.org

Show Secretary: Jennifer Tulleners
440-213-6685
ss-secretary@nodarider.org

Volunteer Coordinator: Gail Patton
440-442-5256

Year-End Banquet

Chair: Carol Cassano
216-272-185
banquet@nodarider.org

Historical

Historian: Lora Burgess
440-845-3974
historian@nodarider.org

NODA's Board welcomes all comments and opinions regarding NODA activities, shows and policies. Please contact member liaison Kathy Kirchner.

Monthly board meetings are held the second Monday of each month from 7 to 9 pm at Panera Bread, 6130 Kruse Drive in Solon. Members are welcome to attend. See monthly calendar for details as on occasion the location of the meeting may change.

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risk. We know that you want NODA to remain viable and relevant, and your support is essential to that viability. Use these opportunities to enhance and reach your riding and showing goals, while also supporting NODA. Thank you for your support!

Here are a few new things to look for this year:

- Two new scholarships, one for Jr/YR and one for Adult Amateurs
- New volunteer opportunities and rewards

Year-end awards:

- Year-end award for the Rider Tests
- Split PSG and I1 into two separate classes

Recognized Shows:

- Online entry - [It's about time...](#)
- Prize list will be offered online, mailed by request only
- New USDF Rider Tests offered as "Test of Choice"

Schooling Shows:

- New High Point Ribbon for Intro A,B, & C
- New USDF Rider Tests offered as "Test of Choice"
- In response to member requests, Western Dressage will be offered as "Test of Choice" (USEF Morgan rules)

We would love to know if you are enjoying your hard copies of the NODA News. As said previously we have gone back to the hard copy for the 2013 calendar year as a test. We will survey the membership sometime in the late summer. Based on the survey results and also input from our advertisers, we will decide if it makes sense to continue to mail. You will also notice that we have renamed the issues with numbers as opposed to months. This is to give us more flexibility to adjust the number of issues produced and mailed in a year. Please let us know your thoughts.

Again, this month I want to encourage you to consider signing up for the Region 2 Schooling Show awards. The ribbons are not only beautiful, but HUGE! Visit the Region 2 website <http://www.usdfregion2.org/awards.html> to read about Niki Sackman's experience and download the PDF with the information necessary to potentially add a really BIG ribbon to your 2013 season.

We are still looking for members interested in filling open positions on committees:

- Sponsorship and Advertising for the Recognized Shows. Contact me, President@nodarider.org or Kathy Kirchner at MemberRep@nodarider.org

- We are very grateful to Dr. Jeni Gaffney for volunteering to help with the Instructor Certification workshop. We could use at least one or two more members to help. Contact Marcia Doyle at Marcia-edu@nodarider.org or Berni Moauro at Berni-edu@nodarider.org

We want to thank Cassandra Hummert-Johnson for her service as NODA's Jr/YR Liaison. NODA is grateful for her contributions to our organization and we wish her continued success. We are proud to see her accomplishments training with Reese Koffler-Stanfield in Kentucky. It has been fun working with her and watching her grow. THANK YOU!

NODA would now like to welcome our new Jr/YR Liaison, Lauren Hunter. Lauren is a Kent State student and rides with Janeen Langowski-Grava. She has been a NODA member for a number of years and currently rides and shows Janeen's Grand Prix horse, Lego. I know Lauren will bring lots of good ideas for our Jr/YR members. After attending her first meeting in January, she still wants to take on the assignment. WELCOME!

We are very excited and very grateful to welcome Sharon Lewis, a long time NODA member, to our Newsletter Staff as Contributing Editor, Review and Editing. I am sure that most of you know Sharon and her horse, Ghardener. For the last couple of months, Sharon has been giving us much needed help with the newsletter. She likes us so much she has decided to continue volunteering. WELCOME!

I am looking forward to seeing many of you at LEC on February 23rd and again on April 27th and 28th. Don't miss these two opportunities to learn from highly accomplished clinicians. Also remember that education is available at any time from the warmth of your home. Stay warm and cozy up with USDF'S e-TRAK learning center at <http://usdf.org/e-trak/>.

Stay Warm,
Dee Liebenthal, President

**IF YOU ARE NOT A CURRENT NODA MEMBER
THIS IS YOUR LAST ISSUE
OF NODA NEWS**



Renew Your NODA Membership Today!

Use the membership form on the back cover of this issue
or
go to www.nodarider.org

NODA and Lake Erie College

are co-hosting

The USDF Instructor/Trainer Program

Lake Erie College, George M. Humphrey Equestrian Center
8031 Morley Road, Mentor, Ohio 44060 (cars only)
10145 Pinecrest Road, Painesville, Ohio 44077 (horse trailer entrance)



Training through First Level

April 27 and 28, 2013

Instructor, Sarah Martin, USDF Faculty Member

"Sarah Martin is a Certified Instructor through 4th level. She is also a USDF Bronze, Silver and Gold Medalist, and has trained many students and their horses to the same. Based in Colorado, Sarah travels all over the country and to South America to conduct clinics and symposiums for Dressage training." For more information go to www.SarahMartindressage.com

USDF Training and First Level Instructor Trainer Program Workshops

Workshop 1	Longeing	4/27-28
Workshop 2	Riding	dates TBA
Workshop 3	Teaching	dates TBA

Workshop participation limited to 8 participants.

Make your interest known as soon as possible

Auditing is unlimited

Amateurs or professionals seeking classical dressage education are welcome and encouraged.

Professionals interested in participating please contact Marcia Doyle or Berni Moauro

Marcia Doyle
330-562-8456
Marcia-Edu@nodarider.org

Berni Moauro
216-389-2743
Berni-Edu@nodarider.org

NODA Educational Program Co-Chairs

Auditing information will be announced soon.

More information will follow at

www.nodarider.org, on NODA's Facebook page, and in the NODA News.



About the Instructor/Trainer Program: The United States Dressage Federation offers Instructor Certification for dressage instructors who meet specified [proficiency standards](#).

If you have any further questions regarding the USDF Instructor/Trainer Program, contact the USDF Instructor / Trainer Program Liaison at (859) 971-2277 or instructorcertification@usdf.org

NODA Partnering With Lake Erie College to Sponsor Dressage Rider Test Program Symposium

The Northern Ohio Dressage Association (NODA) and Lake Erie College are sponsoring a Dressage Rider Test Program Clinic on February 23, 2013 at the George M. Humphrey Equestrian Center. The Dressage Rider Test Program for 2013 was announced by The United States Equestrian Federation (USEF) last September after being thoughtfully hammered out by a joint USEF and United States Dressage Federation (USDF) working committee. FEI "I" Judge Jayne Ayers, who will be presenting the NODA's Rider Test Program clinic, says, "These new tests have been developed through joint efforts of experts from the USDF and USEF to provide an alternate type of competition, far less dependent on the quality of the horse and much more dependent on the skills of the rider." The tests are available to riders at Training, First and Second Levels, but scores from these tests are not required to move up the levels in dressage.

Just as the regular dressage tests have a purpose and objectives to test the horse and rider in their proficiency at a specific level, the new rider tests are designed to allow the rider to demonstrate the correct position and effectiveness of the aids at each of the levels. They also provide a framework for the rider to demonstrate and develop correct basics, which will help them be more effective in their schooling as they move up the levels. The Training Level Rider Test expects that (among other objectives) the rider will demonstrate "correct posture, alignment and shows correct mechanics in *walk, trot and canter*." The First Level Test specifies in part that the rider will show "correct alignment, posture and mechanics in *sitting trot*," building on the skills of Training Level. Ayers relates that "the patterns are consistent with those which are required of the horses in the standard tests, but more challenging sequences are demanded. They require great accuracy and quick responses by both horse and rider to earn high scores. In addition, the movements which best show the rider's aids are often placed so the judge at C has a good view of the interaction between horse and rider."

Ayers will present a lecture with an overview of the tests and the scoring method followed by two ridden demonstration tests with commentary at Training, First and Second Levels. Are you ready to learn how this valuable new tool can help you and your students be more effective riders? Simply sign up to attend the Dressage Rider Test Program Clinic!

THEN, let your skill as a rider shine through! NODA is very

eager to have riders and trainers participate in the Rider Tests at NODA shows. While USDF does not have year-end awards for the Rider Test Program in 2013, *NODA is planning a ribbon for the high scoring competitor in the Rider Test Program in 2013.* Look for the Rider Test in your 2013 prize lists!

About the Symposium Instructor

Jayne Ayers has been an FEI 4* dressage judge for over 20 years, and has been judging dressage for the USEF for over 30 years. She also holds an R license to judge Dressage Sport Horse Breeding classes. As a long-time member of the USEF Dressage Committee, she has served on sub-committees for Judge Training, Clinics, Juniors, Young Horses, Rules, Test Writing, and Sport Horse Breeding. She is currently Chairman of the Dressage Committee.



As a judge and clinician, she has represented the FEI on the World Dressage Challenge Tour and teaching FEI Development Clinics. In addition to a busy judging schedule in the United States and Canada, she has judged extensively in Central and South America, as well as in Europe.

Jayne enjoys helping others develop their judging skills for dressage and for sport horse breeding. She has been a member of the USDF L Program Faculty since its inception. She instructs judge candidates and examines them at all levels for USEF, and has been designated a Mentor Judge for the FEI.

She teaches riders at all levels at her training stable, as well as in clinics throughout the USA, Canada, and other countries. Horses she has trained and shown, as well as those shown by her students, have won numerous national awards. She has been long and short-listed for the US Equestrian Team.

She owns a teaching and boarding stable in Wisconsin, with her husband and two children, where they bred Westfalen horses for over 20 years.

The Dressage Rider Test Program Clinic, co-sponsored by the Northern Ohio Dressage Association and Lake Erie College, was spearheaded by NODA's President Dee Liebenthal and is being organized by the very busy NODA Educational Programs Committee, co-chaired by Marcia Doyle and Berni Moauro. Please contact them if you have time to volunteer at educational activities. **For the registration form and fee information go to [page 18](#) of this newsletter or www.nodarider.org**



Northern Ohio Dressage Association

and

Lake Erie College

present

The 2013 **NEW** USEF Dressage Rider Test Program

Lecture and Demonstration Ride Symposium

with Jayne Ayers, FEI "I" Judge

February 23, 2013

Lake Erie College George M Humphrey Equestrian Center

8031 Morley Road, Mentor, Ohio 44060 (NO trailers through this entrance)
10145 Pinecrest Road, Painesville, Ohio 44077 (horse trailer entrance)

Symposium Schedule

7:30 AM	Check-In/Registration begins
8:30 AM – 11:30 AM	Lecture with Q&A
11:30 AM – 12:30 PM	Lunch break
NO lunch provided. Please pack a lunch or visit a nearby restaurant.	
12:30 PM – 3:00 PM	Live demonstration rides of the Rider Tests

Riders of all levels are invited to prepare for the upcoming 2013 show season!

Learn the requirements of the NEW 2013 USEF Dressage Rider Tests

Hear advice and suggestions from FEI "I" Judge Jayne Ayer.

View live demo rides of the new tests with commentary. Test sheet handouts will be available.

How to Register

Auditor Information and the Registration Form are available on [page 18](#) of this Issue of NODA News and at

www.nodarider.org and www.lec.edu/equestrian/events

Discounts are available for early registration and groups

DEMONSTRATION RIDERS NEEDED!

Demo riders are needed for each of the three tests: Training, First and Second levels.

(Riders showing before Jayne Ayers at the March LEC show are NOT eligible to be demo riders.)

Each demo rider and one guest may audit the symposium free of charge.

Day stalls for demo riders: \$45, contact LEC after being accepted as a demo rider.

Your DVD format Dressage Rider Test ride may be viewed and critiqued during the lecture.

Bring your DVD. Contact Berni Moauro for details. Rider restriction above applies to DVD rides.

DVD rides will be viewed on a first come first serve basis as time allows.

To find out how to participate as a demonstration rider contact:

Berni Moauro 216-389-2743 or berni-edu@nodarider.org or Marcia Doyle marcia-edu@nodarider.org.

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CONGRATULATIONS TO NODA MEMBERS - 2012 REGION 2 SCHOOLING SHOW AWARDS

Please join NODA in Congratulating NODA members for their accomplishment!

Niki Sackman - Champion - Training Level - Senior Division

Noelle Ignagni - 4th place - Intro Level - Junior Division

Peggi Ignagni - Champion - Intro Level - Senior Division

***NODA encourages members who compete in schooling shows
to consider taking advantage of the
Region 2 Schooling Show Awards Program in 2013***

The Region 2 Schooling Show Awards Program is designed to provide a standard set of classes throughout the region that will count toward Region 2 Local Circuits Year End Awards and to encourage local competition managers to put together a series of schooling dressage competitions that will provide competitors with a standard quality of classes and judges. These awards allow local competitors to compete on a regional level without leaving their home circuit. The establishment of regional standards also provides a venue to educate and train a base of show volunteers for local and the USDF/USEF recognized shows.

Awards are given to the top 10 riders in each level for Junior (under 20), Senior (21- 49), Open, Adult-Amateur and Vintage (50 years and older) divisions based on their averaged percentage scores. Divisions may be combined if entries warrant. Awards are given to the top 10 dressage horses in hand in each of the two levels (3 yrs & under and 4 yrs & over) based on their averaged percentage scores. A minimum of four scores per level are needed to qualify for year-end awards. Award results will be published on the Region 2 website and may be printed in local GMO newsletters and ribbons are mailed to the recipient. The show year for Region 2 School Show Awards runs from November 1st to October 31st.

The entry fee is \$25 for each level, with a discount for the same horse/rider combination entering two levels. Riders must fill out a Region 2 Year-End High Point Awards show form for each competition. A readable front copy of each test to be used for year-end awards must be included. The registration and fee must be submitted prior to the show season. The fee covers the cost of the ribbons, with the balance going to the Region 2 Education Fund. The Region 2 Education Fund has been put in place to help GMO's in the region cover costs for educational events they are hosting. The fund will be enhanced by GMO contributions. NODA has agreed to support the cause by donating entry fees from one schooling show class.

Please consider supporting the cause as a rider by applying for a year-end award!

There may be a beautiful ribbon waiting for you!

For further information, please feel free to contact:
Catherine Jacob, cathyjacob@juno.com

Or visit the USDF Region 2 website
www.usdfregion2.org

In the words of Peggi Ignagni after being congratulated for her and Noelle's accomplishments,
"Not bad for a little four-year old I started myself 10 months ago. Noelle was really excited about applying this year because I've done it before and the ribbons are absolutely beautiful. I hope other NODA members will sign up next year; it takes no time at all to fill out the required form and copy your test scores."

What is a NODA BUCK and Why Would I Want One?

by Mosie Welch

Hello Northern Ohio Dressage Association (NODA) VOLUNTEER! You have spent your time working the registration at an educational event, doing paddock duty at a NODA-sponsored dressage show, or spent a Sunday afternoon taking photos and labeling them for use in the NODA newsletter or on the website. Then, someone hands you a NODA Buck, initialed and dated on the back. Now you're thinking to yourself, "What is a NODA Buck, and why would I want one?"

A NODA Buck = one volunteer hour and each NODA Buck = one US dollar.

That's right folks! NODA Bucks are "legal" NODA tender. The more volunteer hours you put in, the more NODA Bucks you can earn. NODA Bucks come in two denominations: the One Buck and the Four Buck. Keep in mind, having four NODA Bucks is very important (but more on that later). The NODA Bucks you earn never expire, so you can save them and use them for whatever you'd like. Right now you're still asking, "What can I do with a NODA Buck?" The answer is simple! There are so many fun and horsey things you can do...just keep reading to find out!

To participate in the NODA Year-End Awards Program, you need to volunteer and earn four NODA bucks for each horse and rider combination.

There are two key points to understand about NODA Bucks and the Year-End Awards Program. First, only NODA Bucks can be used for the Year-End Awards Program – you cannot use U.S. dollars. Second, NODA Bucks used for Year-End Awards MUST be earned in the year they are used. You cannot use Bucks from a prior year for your current Year-End Award application. Other than these two rules, the Year-End Awards Program offers so many opportunities for both recognized and unrecognized competitions that you may want to visit the awards page on the NODA website or in the handbook as soon as

possible to set your annual goals. Only 4 NODA bucks required for each horse and rider combination, no matter how many awards you apply for. Keep in mind, there is one exception to the Four-Buck rule for the Year-End Awards Program. **Active** NODA board and committee members are exempt from needing four NODA Bucks **because of the MANY hours they work on behalf of NODA;** behind the scenes and in the spotlight every month to bring you competitions, membership management, the banquet, the NODA website, educational programs, and the NODA News.

What if I apply for Year-End Awards and still have NODA Bucks left over?

Remember, NODA Bucks are worth one U.S. dollar in the world of NODA. You can use NODA Bucks to pay for your membership, the Year-End Celebration Banquet, classes at NODA-sponsored shows, and to attend NODA-sponsored educational events. In other words, your NODA Bucks will get you a discount on all things NODA. Save them up and use them for whatever NODA event you'd like.



NODA Bucks can be used for year end awards, entry fees, annual membership, and the annual end of the year celebration. How will you earn your NODA Bucks? Photo by Elizabeth Bross

But what does it take to earn NODA Bucks? I'm a busy person and I barely have time to get to the barn!

There is more than one way to earn a NODA Buck! It's important to understand that NODA is an all-volunteer organization with the mission of furthering the interest in and the understanding of dressage through education, active participation and support of local, regional and national dressage. NODA is one of the largest United States Dressage Federation (USDF) Group Member Organizations (GMOs) in USDF Region 2. Therefore, to stay active and viable as an organization, NODA needs as many volunteers as possible to provide ideas and input, and to work on its behalf. One easy way to earn your NODA Bucks is to volunteer four hours at a show you are already planning to attend. But book early with the volunteer

coordinator as slots often fill up. You don't want to count on a certain show to meet your NODA Buck needs, only to find out there are no opportunities available. Parents, siblings, friends and students are always encouraged to support NODA and volunteer at a show they attend with you. When you are given the NODA Bucks you have earned, they will be signed and dated on the back of each NODA Buck by the person who gives them to you.

Dressage Professionals: please encourage your students to volunteer as a part of their dressage education and have them spread the wealth. For every four hours your student volunteers, ask them to donate one buck back to you!

NODA also has many behind-the-scenes opportunities available where your expertise and input could be utilized. You know your skills and areas of expertise best, so never hesitate to contact a member of the board and let them know you'd like to help. Volunteer on a committee to make dressage in northeast Ohio the best it can be, or share your knowledge in a short article or interview for the NODA News. Spend time taking photos and labeling them for use on our website, Facebook or in NODA News, or help with set-up at a NODA sponsored clinic, meeting, or education event. Create show programs or flyers for

NODA events. Use your imagination! How can YOU help NODA? **NODA needs you to earn your NODA Bucks as much as you need to earn them!** But back to the original question, "Why would I want one?"

A NODA Buck = one volunteer hour and each NODA Buck = one U.S. dollar. But really, a NODA Buck is worth so very much more!

NODA Bucks are an outward reminder of each member's commitment to their GMO. Your volunteer hours are an active commitment to dressage and horsemanship in northeast Ohio and beyond. No contribution of time or service is too small. A NODA Buck is evidence of each member making NODA a viable reality and the best GMO it can be, one volunteer hour at a time.

NODA Bucks are evidence of going the extra mile for your sport and of good times with friends doing what you love best – horsing around! Start NOW to plan how you can earn your NODA Bucks in 2013!

For more information on how you can earn NODA Bucks, go to NODA's website's [VOLUNTEER](#) page or refer to your NODA Handbook!

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Winter Riding for the Rest of Us

by Lauren Wade

Apparently, if you write an article that is somewhat light hearted and (hopefully) funny for the NODA News, you are asked to write another. After my article on judge's comments in the September issue, Mosie asked me to write about the trials and tribulations of winter riding in Ohio.

Apparently, Mosie does not know me very well. One of my friends described me as "the worst winter rider ever." I take mild exception to this characterization. But when this friend challenged me to "sit on my horse twice a week during the months of December, January and February," I thought I could easily win the bet. Then she qualified "with a saddle on." Darn. I had to buy her dinner.

The Prix de Ville at Lake Erie College has been my nemesis for many years. Who thought it was a good idea to schedule a horse show in March (which, for those of you who don't know, follows the non-riding months of December, January and February)? The first year I participated in the Prix de Ville, my horse Portfolio and I had competed fairly successfully at First Level the year before. We had also had a productive winter of "interval training," which was described by Gretchen Singleton as "not training in the interval between our weekly lessons."

We got to the show hairy (why body clip if you are only riding once a week), unfit (apparently interval training is not ideal for producing stamina), and ready to compete at Second Level (why not, we did well at First Level the year before!). Not surprisingly, my score was the dropped score in each of my tests. (I can't say *our* score. Blaming my horse really isn't fair. I claim responsibility for any embarrassment we suffered.)

When I came out of the ring sweaty, out of breath and embarrassed after our first test, Gretchen (who said we weren't ready to do Second Level when I sent in my entries) could only say, "The movements really come quickly at Second Level, don't they?" She didn't say "I told you so," and she didn't need to.

I would like to comment, that despite some mild embarrassment, Portfolio and I were able to attain our USEF Bronze Medal without ever actually riding during the winter.

Many of you know that I am a veterinarian, and as such, I am supposed to have some medical knowledge in regard to winter riding. A few years ago, my sister asked, "How cold is too cold to safely ride your horse?" I informed her that any time the temperature dropped below 60 degrees, it was unsafe. She thought I was kidding. NOPE!

After Portfolio and I earned our Bronze Medal, I decided that we needed to attempt to get our Silver Medal. By this

time, I was training with Nancy Lewis-Stanton at SendonWay Equestrian Center. She informed me that in order to progress to Fourth Level, I would actually have to ride in the evil months of December, January and February. This was four years ago. Although I began riding when I was 8 years old, 31 years later, I was merely a beginner at winter riding.

In the intervening four winters, I have learned a few things that I will attempt to impart to NODA News readers.

1. Cold toes are the worst part of winter riding. Frozen toes actually can break into a thousand shards of broken flesh when you dismount. Riding without stirrups will help this phenomenon – because you don't put pressure on the ball of your foot and further decrease the blood flow to your already frozen toes. However, riding without stirrups on a horse that is wild (because it is body clipped and the ambient temperature is below freezing) may not be a safe option for many of us adult amateurs. Therefore, I strongly recommend winter riding boots. They are bulky, cumbersome and aesthetically unpleasing, but they allow movement of your tiny digits during riding, and can form a warm pocket of air around your toes.



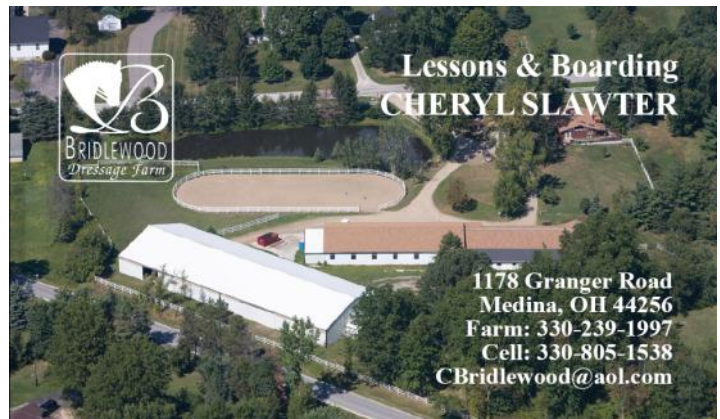
Winter seizes Ledge Hollow Stable in Medina, Ohio

Photo by Jeanne Fashempour

2. The second-worst thing about winter riding is sweaty clothes when you are done with your ride. If you actually do some training in the winter and begin to move about, your body will sweat. The sweat will moisten your clothing, and when you are done riding you will be exposed to the winter air in wet clothes. This is bad. Throw away the cotton waffle weave long underwear of the last decade. Products, such as Under Armour®, can wick the sweat away from your body, as well as retain the heat when damp, which will help you to stay warm.
3. Now, we must discuss darkness. Daylight savings time is highly overrated. I don't like mornings. I don't care that it is light when I go to work at 7 a.m. This is an unacceptable trade off for it being dark when I leave work at 6 p.m. Getting motivated to ride in the pitch black of night is horrible. I recommend quitting your day job so that you can ride when it is light out. If this is not a viable option (as it is not for me), a Red Bull consumed at 5:30 p.m. is the only recommendation I have. That and keep playing the lotto...
4. I always attempt to see the good in any situation. There is one positive aspect to cold-weather riding. No one looks good in 80 layers of winter riding

clothes. We all look like the dressage version of the Michelin Tire Man. There are no white winter breeches, and our cellulite is always completely hidden. No chance of "cutting coats" and exposing our "muffin tops" in the winter months. So...eat up! Have a second serving at dinner! Eat desert! Winter riding tights have unbelievable stretch and no one will know what we look like until Spring. But remember...beware of the Prix de Ville.

That's why I say...I'll see everyone at the Dressage Derby... in JUNE!



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NODA Introduces the 2013 Schooling Show Program Chair and Secretary

by Kara Maruszak

As winter hits its peak and our horses are bundled up in their stalls, it is hard to believe that another new, exciting show season is just around the corner. One of the biggest changes you will notice is NODA has new Schooling Show staff. I, Kara Maruszak, will be taking over the position of Schooling Show Chair and Jennifer Tulleners will be ably handling the position of Schooling Show Secretary. These positions were previously held by Chris Goodall and Taya Workum-Byers. Chris and Taya have been teaching us the duties and responsibilities of our new positions and will continue to act as advisors in the upcoming show season. Jennifer and I greatly appreciate all the assistance they have already provided and look forward to maintaining the excellent standard they have set for the NODA Schooling Show Program. We are already hard at work implementing new ideas and planning the 2013 Schooling Show season.

In the next few months, we will have a large amount of news to report, but first we would like to introduce ourselves. To start, my name is Kara Maruszak and recently graduated from Heidelberg University with my bachelors in Accounting. I plan to attend law school



Kara Maruszak

next fall. I am relatively new to the dressage scene and used to ride hunter/jumpers. I recently began competing my 7-year-old Irish Sport Horse mare at Intro Level and my ultimate dressage goal is to receive my USDF Bronze Medal.

I'm very happy to have Jennifer Tulleners as my partner and know she will do an outstanding job tackling the demanding job of Schooling Show Secretary. Jennifer graduated from Lake Erie College in 2004 and presently works at Animal Hospital Inc. in Willoughby Hills as a vet technician. Jennifer began riding when she was in high school and has been a NODA member for three years. She currently competes a 9-year-old Warmblood cross at First Level and looks forward to moving up to Second Level this year.



Jennifer Tulleners

Whether you are a competitor or horse enthusiast, Jennifer and I look forward to meeting each and every one of you and hope you will stop by the show office. As always, if you have any questions, comments or concerns, we welcome your feedback and encourage you to write us at: schoolingshow@nodarider.org or ss-secretary@nodarider.org. Please keep an eye out for our future articles and happy trails!



NODA's 2013 Schooling Show Schedule



May 11 Grand Haven Stable
NODA/Grand Haven Stables Combined Show
Special entry form required
Jefferson

June 2 Rocky River Stables
Rocky River

July 7 Grand Haven Stable
Jefferson

August 11 Cross Winds Farm
Chagrin Falls

September 8 Rocky River Stables
Rocky River

October 5 Chagrin Valley Farms, Open
Bainbridge

October 6 Chagrin Valley Farms
NODA Schooling Show Championships
Invitation Only
with scores from
NODA Schooling Show approved competitions
Bainbridge

The NODA Schooling Show Competition Year runs from October 21, 2012 through October 23, 2013

Ongoing Opportunities

Instructor Certification Workshop Planning Committee

NODA is forming a committee to plan and implement a USDF Instructor Certification Program and is seeking interested members; USDF Professionals and adult amateurs to assist. If interested please contact Marcia Doyle at Marcia-Edu@nodarider.org or 330-562-8456

Volunteer Guidelines Committee—New for 2013

We are looking for a couple of people to help on a committee to re-work our volunteer guidelines, tracking and rewards. Email President@nodarider.org.

Sponsors & Advertising Coordinator

Seeking a person with a background in media, marketing, or networking? Do you have ideas on how to bring in sponsorship for NODA's programs? You can be instrumental in keeping NODA's educational programs successful through outreach and partnering with equestrian and community businesses.

Contact Recognized Show Chair, Niki at VP@nodarider.org

Benefits of Active Committee Membership

By virtue of the hours required, an active committee member automatically qualifies for year-end awards. **No additional NODA Bucks are necessary for NODA volunteers who are active on a committee.**



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NODA Membership Cards

Last year NODA mailed NODA membership cards to all NODA members.

This year NODA membership cards are available ONLY if requested.

If you want a printed copy of your NODA membership card, contact Fran Cverna, Membership Chair, at membership@nodarider.org or 440 834-1774. The online membership roster at www.nodarider.org is used as verification of membership for NODA activities. If you want a printed NODA membership card, do not hesitate to contact Fran.

USDF Group Member Cards

USDF Group Member Cards are mailed by USDF.

You get a USDF Group Member Card unless you are a current USDF PM (Participating Member), or unless you are already a member of some other GMO. You only get one card from USDF. Group Membership (GM) FAQs from USDF may be found at www.usdf.org/faqs/gmo.asp#7. Your USDF number will be the same for your PM and GM—USDF numbers do not change.

NODA Welcomes New Members!

Welcome (or Welcome Back)

To the following who were not members in 2012

Penny Baker	Danielle Blymier
Janice S. Boehm	Tina Brown
Myra Chudakoff	Marlene Heinen
Patricia Herrick	Barb Meholick
Chelsea Nau	Linda Sandhaus
Michael A. Sherer	Patricia Siegel
Jessica Veza	

Current membership as of January 20, 2013: 200

Your membership, time, and talents make NODA a better GMO!

Thank you to all 2012 NODA members who have renewed your membership for 2013!



Member Benefit

**USDF's Online Learning Center
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Teacher/Trainer: Sarah Hall • 440-813-7117 • serendipitystable@yahoo.com



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with Jayne Ayers, FEI "I" Judge**

When: February 23, 2013 Registration / Check-In 7:30 AM
Lecture/Q&A 8:30 AM; Demo rides 12:30 – 3:00 PM

Where: Lake Erie College Equestrian Learning Center
What: 2013 USEF *new* Dressage Rider Tests, Lecture & demo rides

USDF University Accreditation - Application in Process

Cost: \$25 NODA Members/LEC Students \$35 Non-Members
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NODA Board Meeting Minutes — November 12, 2012

Location: Panera Bread Solon OH

In Attendance: Linda Cooley, Fran Cverna, Marcia Doyle, Mary Lou Gallagher, Lisa Gorretta, Jennifer Kick, Kathy Kirchner, Dale Lappert, Dee Liebenthal, Kara Maruszak, Gail Patton, Mary Dana Prescott, Patti Valencic

Minutes: Linda Cooley moved to accept minutes as written. Kathy Kirchner seconded motion. Vote taken, unanimous. Minutes approved

Treasurer's Report: Jennifer Kick

Checking Account balance : \$13,907.09,

Savings Account balance: \$5,013.67

Membership & Handbook: Fran Cverna

Current membership count: 307 total members

Newsletter: Dee for Elizabeth Bross & Mosie Welch

All members will receive hard copy newsletters in the mail, beginning in January, 2013

Website & Facebook: Linda Cooley

- Banquet page created on website
- 2013 membership page updated, meeting page updated
- Schooling Show Oct show results added/photos updated
- Facebook member album added; 328 Facebook likes up by 22
- Facebook photo album created for November open meeting

Education: Marcia Doyle

- Open meeting at TRC was attended by 19 people. Melissa Hauserman, Volunteer Coordinator, led tour, followed by short meeting and Potluck dinner. Lisa Gorretta gave an excellent presentation on how and why of new Rider Tests

Schooling Shows : Kara Maruszak

- Patti Valencic moved to appoint Kara Maruszak the new Schooling Show Chairperson and Jennifer Tulleners the new Schooling Show Secretary. Fran seconded motion. Vote taken. Unanimous. Approved. Welcome, and thank you ladies! Chris Goodall will help from afar

2013 NODA Schooling Show dates have been set as follows:

- May 11 - Grand Haven; June 2 - Rocky River; July 7 - Grand Haven; August 11 - Cross Winds; September 8 - Rocky River; September Grand Haven Show- to be decided; October 5 Open Show -Chagrin Valley Farms; October 6 Championship – Chagrin Valley Farms; November 16 Banquet

Recognized Shows: Mary Lou Gallagher

- 2013 Calendar as follows: June 7, 8, 9 - WPDA and Grand Haven; July 21, 22 - NODA; Aug 10,11 - WPDA; Sept 19 - 21 Regional Championship - Region 2

External Relations: Lisa Gorretta

- Lisa presented a few of the many proposed rule changes
- All proposed rule changes are available on line at: on line at: <http://rule.changes.usef.org> and are to be voted on Jan 2013, to take effect later in 2013. Please go through them
- Rider Tests Passed in Dec. to be included in 2013 Rule Book
- Changes of interest are USEF proposals to change competition

dues increase from \$75 to \$100 recognition plus \$1 per horse plus \$.45 for everyone going done center line. USDF Dressage Committee Board members not in favor

- Change to inflatable vest alone vs. event vest and air vest over
- Dressage committee rule change proposal for online entries. Competitor must have read and agreed to prize list ahead of time. In case of mix ups, onus on competitor

Banquet: Kathy for Carol Cassano: November 17th

- 81 for sure, 16 coming who have not paid yet

Awards Committee: Dee for Janeen Langowski

- No report at this time.

Historical/Data Management,: Lora Burgess

- No report at this time.

Reports from Member Liaisons:

- Member Liaison: Kathy Kirchner. No report at this time
- Professional Liaison: Mary Dana Prescott. No report at this time
- Jr/YR Liaison: Cassandra Hummert-Johnson. No report at this time

Old Business:

- Online registration Recognized Shows – tabled
- Proposal from Horsemen's Corral offering free magazine to all NODA members in exchange for ads and club news in their magazine. Tabled till Dee finds out if membership information is protected and we survey it at banquet
- Discussed surveying members to see what would make it easier for them to volunteer
- Bernie Moauro & Clara Wetzel submitted updated draft for Scholarships for AA & Jr/YR
- Forming a committee to rework volunteer rewards and requirements - need kick off meeting date

New Business

- Region 2 Education Fund – each GMO asked to donate to fund. Dee proposed NODA donate proceeds from one class to region 2 education fund. Lisa moved we designate a class (DOVER medal class) at our recognized show and donate proceeds over cost of offering the class to this fund. Patti second. Vote taken, unanimous. Motion passed
- Brief discussion of American western dressage association rules. They would have to follow USEF rules if included at Schooling Shows. Will discuss further at Schooling Show Committee meeting , possibly offering it as an exhibition class. Excluded from High Score and awards program
- Dee proposed skipping December meeting . Mary Lou moved to skip it, Linda seconded motion. Vote taken, unanimous, passed

Adjournment: Mary Lou moved to adjourn, Linda seconded, and motion passed. Meeting adjourned at 9:07 PM.

Next meeting will be Monday, January 14 at Panera Bread in Solon.

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Advertising Rates

Deadline: 10th of each month

Ex: Submissions received by the 10th of the month will publish in the NEXT ISSUE of NODA NEWS.

All Ads will be placed on the NODA website for the same period they are in the NODA NEWS.

Layout in jpg format should be emailed

to: mosie-editor@nodarider.org

(width x height)	One ISSUE	Six ISSUES
Full Page (7.5 x 10):	\$75.00	\$375.00
Half Page (5 x 7.5):	\$40.00	\$200.00
Quarter Page (3.75 x 5):	\$20.00	\$100.00
Business Card (3.75 x 2):	\$15.00	\$75.00

Please complete form & enclose payment in full. **Make Check Payable to: NODA**

Send to: NODA News
3244 Camden Rue
Cuyahoga Falls, OH 44223

Please note **payment for ads** must be received **by the newsletter deadline of the 10th** for your ad to be placed in the next issue.

Date: _____

Issue/year ad will run: _____ Ad Size: _____ Amount enclosed \$ _____ USD

Name: _____ Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____ Fax: _____ E-mail: _____

Calendar of Events

CUSTOM SADDLE FITTING AND FLOCKING



Heather Soones-Booker

SADDLES101 SMS Qualified Saddle Fitter 

135 Hunt Road Portersville, PA 16051 Heather@saddles101.com 240-431-1318
www.saddles101.com



Equestrian Pursuits, LLC

Equine Massage
by Mosie Welch

330-618-5838
mosie_welch@hotmail.com
www.equestrianpursuits.com

Flexible and Strong
Ready to Perform

North Crest Equestrian Center



Julie R Taylor
Instructor / Trainer
northcrest44@aol.com

Dressage Lessons and Training – Lesson Horses Available

31735 Walker Road, Avon Lake, OH 44012
440-933-4654
www.northcretequestrian.com

RIVENDEL FARM

**DRESSAGE INSTRUCTION
BOARDING - TRAINING**

INDOOR & OUTDOOR RINGS - CROSS COUNTRY COURSE
QUALITY CARE - TURN OUT

Dale Lappert "R" Dressage Judge
Garrettsville, OH 330-527-4683
Bonnie Gray Instructor/Trainer

Complete calendar listings with links available on the NODA Website www.nodarider.org

Starting 1/4/13 Gold Coast Dressage- Wellington Classic Dressage, Wellington, FL including 19 weeks of dressage with 8 CDI's.

Schedule at www.wellingtonclassicrodressage.com/2013/2013_Show_Season_Dates.pdf

2/3 Chagrin Valley Farms Schooling Dressage Show Bainbridge, OH Judge Dale Lappert (R). PAC Approved Show information: www.chagrinvalleyfarms.com/Dressage.html **** NODA Members: Scores eligible**

2/11, the Ins and Outs of Colic, Equine Specialty Hospital, 17434 Rapids Road, Burton, OH 44021. 440-834-

2/18, Rehabilitation and Conditioning, Equine Specialty Hospital, 17434 Rapids Road, Burton 44021. 440-834-0811

2/23 CANTER Ohio's Fundraiser "A Night At the Races" Sun Valley Party Center, 10000 Edwards Road, Auburn Township, OH www.CanterUSA.org/ohio

2/23 NODA/Lake Erie College Dressage Rider Test Program Clinic, instructor FEI "I" Judge Jayne Ayers. Lake Erie College George M. Humphrey Equestrian Center, 8031 Morley Road, Mentor, Ohio 44060 (No trailers). Contact Berni-Edu@nodarider.org

2/25 Infectious Diseases, Equine Specialty Hospital, 17434 Rapids Road, Burton, OH 44021. 440-834-0811

3/3 Chagrin Valley Farms Schooling Dressage Show Bainbridge, OH www.chagrinvalleyfarms.com/Dressage.html

3/16-17 Dressage Winter Series Show, (USDF/USEF Recognized, Lake Erie College Equestrian Center, Concord OH www.LEC.edu/Equestrian/Events

3/23-24 USDF Instructor Certification Riding Workshop Hosted by WDCTA Faculty Instructor: Vicki Hammers-O'Neil, Certified Examiner Sunflower Farms, Bristol, WI, Contact: Stephanie Severn: 608-213-8925 or hopefulfarm@gmail.com

4/11-14 OHIO EQUINE AFFAIRE, Columbus Ohio www.equineaffaire

4/14 Chagrin Valley Farms Schooling Dressage Show Bainbridge, OH Judge Connie Wyatt (retired "r") PAC Approved show www.chagrinvalleyfarms.com/Dressage.html

4/24—27 FEI World Cup Dressage final, Gothenburg, SWE

4/27-28 NODA/Lake Erie College USDF Instructor/Trainer Program, Training through First Level, Lake Erie College George M. Humphrey Equestrian Center, 8031 Morley Road, Mentor, Ohio 44060 (No trailers). Contact Marcia-Edu@nodarider.org

4/27-28 USDF Instructor Certification Teaching Workshop Hosted by WDCTA, Cindy Sydnor, Certified Examiner, Sunflower Farms, Bristol, WI. Contact: Stephanie Severn: 608-213-8925 or hopefulfarm@gmail.com

Calendar of Events

5/11 NODA/Grand Haven Stables Combined Schooling Show, Grand Haven Stables, special combined entry form available at www.grandhavenstable.com

5/17-19 Grand Haven Adult Dressage Camp, www.grandhavenstable.com

6/2 NODA Schooling Show, Rocky River Stables, www.nodarider.org

6/7 WPDA Dressage Classic at Grand Haven, USDF & USEF Recognized, www.grandhavenstable.com

6/8-9 Dressage at Grand Haven, USDF & USEF Recognized, www.grandhavenstable.com

6/16 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

6/23 Grand Haven Schooling Show www.grandhavenstable.com

7/7 NODA Schooling Show, Grand Haven Stable, www.nodarider.org

7/14 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

7/21 - 22 NODA Dressage 2013 & Dressage 2013 Encore www.nodarider.org

ww 8/10-11 WPDA Summer Sizzler Dressage Show at Grand Haven, USDF & USEF Recognized, www.grandhavenstable.com

8/11 NODA Schooling Show, Cross Winds Farm, www.nodarider.org

8/18 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

8/25 Grand Haven Schooling Show, www.grandhavenstable.com

9/8 NODA Schooling Show, Rocky River Stables, www.nodarider.org

9/15 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

9/19-21, USDF Region 2 Dressage Championships, at Lamplight Equestrian Center, Wayne, IL

9/20-22 Grand Haven Adult Dressage Camp www.grandhavenstable.com

9/29 Grand Haven Schooling Show www.grandhavenstable.com

10/5 NODA Schooling Show at Chagrin Valley Farms, open to all. www.nodarider.org

10/6 NODA Schooling Show Championship, Chagrin Valley Farms, Invitation Only, www.nodarider.org

10/10-13 Dressage Festival Of Champions, Kentucky Horse Park, for more information contact Jenny Van Wieren-Page at jvanwieren@usef.org

11/16 NODA Celebration and Awards Banquet, www.nodarider.org

Grants Available for NODA MEMBER Equine Professionals

A fund to support professionals, trainers and instructors with continuing education.

50% Cost of Event Reimbursable (Up to \$200 maximum)

Apply in writing to:

NODA Board
c/o Mary Dana Prescott
Cloverfield Farm
9445 Metcalf Rd
Willoughby, OH 44094

Include: why you should receive a grant, what function you plan to attend, and where it is to be held. State how you will share the content with NODA members (lecture, clinic, or article).

Questions? Call Mary Dana at 440-256-8858

Membership Requirements: You must be a "professional" horseperson as defined by the current USEF rule book. You must be a member in good standing with NODA.



Bob Weston

Boarding ♦ Training ♦ Dressage ♦ Eventing

16490 Munn Road ♦ Chagrin falls, Ohio 44023

Phone (440) 543-5698 ♦ Cell (440) 829-8165

E-Mail Remington75@windstream.net

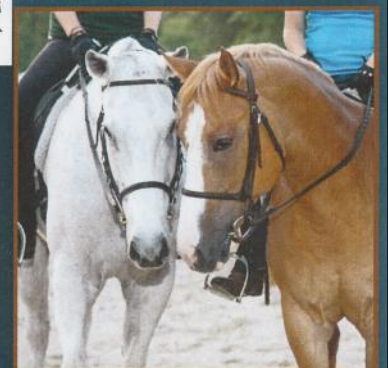
www.TheCrossWindsFarm.com



*Rocky River Stables
19901 Puritas Ave.
Cleveland, OH 44135*

216 267 2525

*Margaret McElhany
President*



NODA News
 3244 Camden Rue
 Cuyahoga Falls, OH 44223



**Northern Ohio Dressage Association
 2013 Membership Form**



NODA membership runs 12/1/2012 through 11/30/2013

NODA is a United States Dressage Federation Group Member Organization. All NODA members are automatically USDF group members; \$20 of your NODA membership dues go towards your group membership in USDF. Group member benefits include a full year's subscription to the official USDF magazine, eligibility for USDF Rider Awards, and the opportunity to audit many USDF programs and participate in recognized shows without the payment of USDF non-member fees. Supporting Family Members will not get a personal copy of the USDF magazine, or be eligible for USDF Participating Member Discount. See www.nodarider.org for benefit details.

Date: _____ **Renewal** **New Member** **Adding Family** **USDF#** _____

Member Name: _____
 Adult Amateur Professional **Youth***, birth date required: _____

Additional Family Member Name: _____
 Adult Amateur Professional **Youth***, birth date required: _____

Additional Family Member Name: _____
 Adult Amateur Professional **Youth***, birth date required: _____

Address: _____

City, State, Zip: _____

Phone: _____ **Email:** _____

Include Email in NODA Handbook Directory? Yes No

Check all participation/volunteer activities of interest to you:

___ Awards program ___ Governance (officers/chairs) ___ Schooling shows

___ Banquet ___ Newsletter ___ Web site, social media

___ Education (clinics/seminars) ___ Recognized show ___ Other/Volunteer

Membership Dues:

NODA Newsletters will be printed and mailed via USPS to all members.

Adult Amateur or Professional	\$45.00	_____
Youth*	\$35.00	_____
Family Member	\$20.00	_____
Supporting Family Member	\$10.00	_____
TOTAL ENCLOSED:		\$ _____

Please make checks payable to NODA and mail to:
NODA Membership
Fran Cverna
12212 Snow Rd
Burton, OH 44021

***Youth** is a NODA membership category that includes both Juniors (JR) and Young Riders (YR). Sign up for YOUTH membership unless you turn 22 or older in 2013. If you turn 22 or older in 2013, you must sign up for Adult Amateur or Professional membership. Note that NODA schooling shows and year-end awards may have separate Junior categories. Consult the NODA Schooling Show Prize List and Year End Awards guidelines for the definition of the Junior category.

Membership questions call Fran at 440-834-1774, email membership@nodarider.org. Other questions, call Dee Liebenthal at 330-562-8455 email president@nodarider.org.