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> Gail Patton 440-442-5256

Mary Dana Prescott 440-256-8858



Dee Liebenthal and Rens

ear Noda Members,

The official show season has begun and if you are showing, you already have your tentative schedule in place.

Showing or not, the warmer weather is really appreciated and welcomed in Ohio. I am sure that your season is full of plans and every weekend is booked solid. We all try to pack so much in a limited time.

April was a month of conflicted emotion for many of us; we were once again spectators to tragedy and the heroic responses by emergency personnel and community to shocking and sad events. We are always surprised that these things happen, and we are confounded that people, no matter what their motives may be, can be so convinced that violence against innocents is the only answer. The answer to the question of "why?" may be found, but will never really be understood by most of us.

By the time you read this letter, the first in NODA's series of the USDF Instructor Certification workshops will be complete. At this writing, it is only a week away. I hope that some of you will be auditing, although I will tell you that the response has been very light. Perhaps because you think that attending this workshop as an auditor wouldn't directly affect your dressage scores, and with the season

already started, you must spend your weekend practicing your tests. I can't help but think, however, that understanding correct lungeing technique is good for the welfare of the rider as well as the horse. The most important aspect of this workshop series, from NODA's perspective, is that it offers an opportunity for trainers, instructors, and others to become the best they can be at their passion and then pass that on to those they come in contact with. The welfare of the horse can be guaranteed only when the rider has access to the best education available. In sponsoring this series we are educating a few, with the hope that they will, in turn, help us educate the many.

Greetings from the President

Did you take part in our NODA volunteer survey? If you did, thank you. You are however, one of only 10% of our membership who did. This survey took maybe two minutes to complete and the information gained was intended to be used to help us form the bones of our rewrite of NODA's Volunteer program. I am sad but understand you all have busy schedules and we are only one of many who constantly request information. After the low level of participation was revealed, the suggestion was made that perhaps an incentive to participate is in order. If we offer you a chance to win something would you take the survey?

Recently you received your NODA Handbook in the mail. We hope that you find the information it contains useful and in a convenient format. In the Handbook you will find a professional directory and the current membership list, which includes members' names and contact information. This personal information is not posted on our website to protect everyone's privacy.

Beyond my letter is another great *NODA News*, with lots of information that you as a NODA member will find both helpful and educational. Clara Etzel has once again offered us some advice, this time excellent

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banquet@nodarider.org

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440-666-6182

yearend-awards@nodarider.org

NODA's Board welcomes all comments and opinions regarding NODA activities, shows and policies. Please contact member liaison Kathy Kirchner.

Monthly board meetings are held the second Monday of each month from 7 to 9 pm at Panera Bread, 6130 Kruse Drive in Solon.

Members are welcome to attend. See monthly calendar for details as on occasion the location of the meeting

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Let Our Advertisers KNOW you Appreciate Their Support! insight into looking for your next horse. Even if you aren't looking for your next horse, maybe you know someone who is, so please share this important information with your friends.

I hope you will also check out the great article on rider fitness by Bitya Wrick. Many of us get frustrated, trying to find enough time and energy to get everything stuffed into our busy lives. When it comes to staying fit for riding, hours at the gym are nearly impossible. Bitya offers an alternative: less time and less sweat! Sounds like a great plan to me.

Over the last months we welcomed Lauren Hunter, Katie Fink and Mary Armstrong to active duty. In this issue you can read more about each of them. Lauren, our new Jr/YR Liaison, has also jumped in with both feet to help on the Ad Hoc Volunteer Committee. Mary is taking over the very important position of Coordinator of the Sponsorships and Advertising for the Recognized Shows. Katie has joined Lora Burgess on the Historical Committee, helping to scan documents for storage and future access. This month she is the subject of our member spotlight. We welcome all three of them and hope we always remember to say how much we appreciate their involvement.

Don't forget to schedule yourself with Gail Patton to volunteer at one our schooling shows this season. We always need help and you don't want to wait until the last minute to earn your required hours.

Happy May!!! Dee Liebenthal, President

Please SAVE the DATES!

The Northern Ohio Dressage Association
Presents the

USDF Instructor/Trainer Program Certification Workshops

Riding Workshop August 3 and 4, 2013 Instructor Workshop October 26 and 27, 2013

Auditing is encouraged and is appropriate for riders and trainers at all levels!

find out more at www.nodarider.org



A Professional Grant is available up to \$200 for a NODA Professional Member Participating in the Instructor/Trainer Program, Riding Workshop August 3 and 4, 2013



Applicant Requirements

- You must be a "professional" horseperson as defined by the current USEF rule book.
- You must be a NODA member in good standing at the time of application.

Questions? Call Mary Dana at 440-256-8858

One grant will be awarded for <u>each workshop</u> in 2013, however a professional may receive the grant ONLY ONCE in 2013 Apply in writing to:

NODA Board

c/o Mary Dana Prescott Cloverfield Farm 9445 Metcalf Road Willoughby, OH 44094

Include:

- WHY you should receive the grant for the Instructor/ Trainer Riding Workshop?
- HOW you have been active in NODA and for how long?
- SHARE how you will help other members gain from your
- experience (lecture, clinic, or article).

NODA Sponsored USDF Instructor/Trainer Program News Lungeing Workshop April 27 & 28 a Huge Success!







NODA Thanks Those Who Made the Lungeing Workshop A Huge Success

On behalf of my co-chair and myself, I would like to thank USDF Certified Instructor and Faculty Member Sarah Martin for an outstanding workshop weekend.



Sarah Martin lungeing Bernie Moauro's Wyeth while explaining that the large, unfamiliar indoor arena; auditors; unfamiliar equipment; and a new trainer may require that the handler go back to basics and establish relaxation as the work of the day.

The Instructor/Trainer Workshop on Lungeing was the first of three that NODA will host in 2013. Sarah taught so much more than lungeing basics. Her enthusiasm and passion for good horsemanship was contagious, leaving smiles on the faces of auditors and Participating Instructors (PI's) despite the chilly conditions while sitting all day in an indoor arena.

We would like to thank our Participating Instructors: Elizabeth Biddick, Janeen Grava, Sarah Hall, Meghan Kelly, Anne McClintock, Julie McElhaney and Regina Sacha. A special thanks to Regina for stepping up at the last minute when Mary Armstrong was unable to attend due to unforeseen circumstances. Our best wishes to Mary for a speedy recovery. The Pl's brought a wide variety of skill and experience levels, as well as a good mix of horses. From Arab to Gypsy Vanner, the lunge horses displayed an excellent mix of size, temperament and levels of training, providing wonderful opportunity for learning, enhancing the experience for both the auditors and Pl's. Thank you to my own horse, Wyeth, for demonstrating each of the negative reactions that a horse may display when challenging a training request during a demonstration by

Sarah Martin on day one. Wyeth returned on day two displaying more trust and a greater degree of willingness under Sarah's calm and firm approach.

Thank you to our Volunteers, the backbone of any educational endeavor: Barb Soukup, Dee Liebenthal, Mosie Welch, Mary Lou Gallagher, Helen Hutchison, Ashley Rand, Jeni Gaffney, Jennifer Kick and Ken Moauro.

Many thanks to Dr. Pam Hess and Nicole Van Dyke of Lake Erie College for facilitating the collaboration with NODA on this successful program. Once again they were on hand throughout the weekend for any assistance that was needed.

Thank you to Ron Lukehart and the staff of Metz Culinary Management for providing a delicious lunch each afternoon.

We appreciate the continued support of The Paddock Saddlery, who enabled us to raffle off a beautiful lunge whip on Saturday afternoon. Congratulations to Gail Patton, the lucky winner.

Thank you to our auditors! Please watch for information on the next two workshops.

Berni Moauro & Marcia Doyle
NODA Education Committee Co-Chairs

Congratulations!

Janeen Langowski-Grava
of Topline Stables
Awarded the NODA Professional Grant
for the
USDF Instructor/Trainer Program
Lunging Workshop



Janeen and her I-1 horse, Lego, relax before working.
Sarah Martin emphasized, "Lungeing starts when you begin
handling the horse for the day,
not when you put the horse on the circle."



Northern Ohio Dressage Association

DRESSAGE 2013 & DRESSAGE 2013 ENCORE

USEF/USDF Recognized Dressage Shows ~ Level II Competitions

July 20 & 21, 2013

Grand Haven Stables, Jefferson OH (50 miles east of Cleveland and 50 miles north of Youngstown)

Dressage 2013 Saturday USEF/USDF #414 Dressage 2013 Encore Sunday USEF/USDF #315124

Qualifying Competitions for

2013 Great American/USDF Regional Championships Region 1 Col. Bengt Ljungquist Memorial Championships

USDF/Dover Adult Amateur Medal Program & AQHA Approved Show

Opening Date: June 1 Closing Date: June 25

Judges: Carter Bass (R-VA), Dolly Hannon (S-CO), Debbie Riehl-Rodriguez (S-CO)

Technical Delegate: Marilyn Kulifay (R-OH)

Manager: Robyn Ambrose
E-mail: RS-Manager@nodarider.org
Phone: (440) 858-2164

Secretary: Mary Lou Gallagher

Address: 17202 Fernshaw Avenue, Cleveland, OH 44111 E-mail: RS-Secretary@nodarider.org or Marylushow@aol.com

Phone: (216) 251-7469

New for 2013

On-Line Entry Option www.HorseShowOffice.com

Official Prize List, Entry Forms, Show Updates and NODA information available at www.nodarider.org

Dressage 2013—Saturday, July 20 Saturday Entry Form Required

- 1. USDF Intro Test A
- 2. USDF Intro Test B
- 3. USDF Intro Test C
- 4. Training 1 Open
- 5. Training 1 AA-Jr/YR
- 6. Training 2 Open & CBLM
- 7. Training 2 AA-Jr/YR & CBLM
- 8. Training 3 Open & Q
- 9. Training 3 AA-Jr/YR & Q

Dressage Foundation Benefit Class

- 10. First 1 Open
- 11. First 1 AA-Jr/YR
- 12. First 2 Open & CBLM
- 13. First 2 AA-Jr/YR & CBLM
- 14. First 3 Open & Q
- 15. First 3 AA-Jr/YR & Q
- 16. Second 1 Open
- 17. Second 1 AA-Jr/YR
- 18. Second 2 Open & CBLM
- 19. Second 2 AA-Jr/YR & CBLM
- 20. Second 3 Open & Q

- 21. Second 3 AA-Jr/YR & Q Dover AA Medal Class
- 22. Third 1 Open
- 23. Third 2 Open & CBLM
- 24. Third 3 Open & Q
- 25. Fourth 1 Open
- 26. Fourth 2 Open & CBLM
- 27. Fourth 3 Open & Q
- 28. Prix St. Georges O/Q & CBLM
- 29. Intermediate I O/Q & CBLM
- 30. FEI Test of .Choice. O/Q & CBLM
- 31. USDF Freestyle O/Q & CBLM
- 32. FEI Freestyle O/Q & CBLM
- 33. FEI Para-Equestrian T.O.C Open
- 34. Young Horse Test of Choice.
- 35. USEF Rider Test T.O.C. Open
- 36. Training 1 Opportunity
- 37. Training 2 Opportunity
- 38. First 1 Opportunity
- 39. First 2 Opportunity

Dressage 2013 Encore—Sunday, July 21 Sunday Entry Form Required

- 41. USDF Intro Test A
- 42. USDF Intro Test B
- 43. USDF Intro Test C
- 44. Training 1 Open
- 45. Training 1 AA-Jr/YR
- 46. Training 2 Open & CBLM
- 47. Training 2 AA-Jr/YR & CBLM
- 48. Training 3 Open & Q
- 49. Training 3 AA-Jr/YR & Q
- 50. First 1 Open
- 51. First 1 AA-Jr/YR
- 52. First 2 Open & CBLM
- 53. First 2 AA-Jr/YR & CBLM
- 54. First 3 Open & Q
- 55. First 3 AA-Jr/YR & Q
- 56. Second 1 Open
- 57. Second 1 AA-Jr/YR
- 58 Second 2 Open & CBLM
- 59 59. Second 2 AA-Jr/YR & CBLM

- 61. Second 3 AA-Jr/YR & Q

 Dover AA Medal Class
- 62. Third 1 Open
- 63. Third 2 Open & CBLM
- 64. Third 3 Open & Q
- 65. Fourth 1 Open
- 66. Fourth 2 Open & CBLM
- 67. Fourth 3 Open & Q
- 68. Prix St. Georges O/Q & CBLM
- 69. Intermediate I O/Q & CBLM
- 70. FEI Test of Choice. O/Q & CBLM
- 71. FS Test of Choice O/Q & CBLM
- 72. FEI Para-Equestrian T.O.C. Open
- 73. Young Horse Test of Choice
- 74. USEF Rider Test T.O.C. Open
- 75. Training 1 Opportunity
- 76. Training 3 Opportunity
- 77. First 1 Opportunity

Q = Qualifying test for the Great American/ USDF Regional Championships

CBLM = Qualifying test for the Ljungquist Memorial Championships. No qualifying fee required but rider must be a member of a participating GMO at the time of the show.



Grand Haven Stable 2013 CALENDAR of EVENTS

John & Robyn Ambrose 1946 E. Union Road, Jefferson, OH 44047

Phone: (440) 858-2164 fax: (440) 858-9671



May 11, (Saturday) Dressage Schooling Show Combined NODA & Grand Haven Stable

May 17-19, Adult Dressage Camp
with USDF certified instructors Pam Lifton
Bancker & Susan Hoffman Peacock

June 7, WPDA Dressage Classic at Grand Haven USEF & USDF Recognized

June 8 & 9, Dressage at Grand Haven USEF & USDF Recognized

June 23, Grand Haven Dressage Schooling Show

July 7, NODA Schooling Show at Grand Haven.

Jul 20 & 21 - NODA's Dressage 2013 & 2013 Encore
USEF & USDF Recognized
Eleventh year held at Grand Haven

Aug. 10&11, WPDA Summer Sizzler
USDF & USEF Recognized Dressage Show

Aug. 25, Grand Haven Dressage Schooling Show

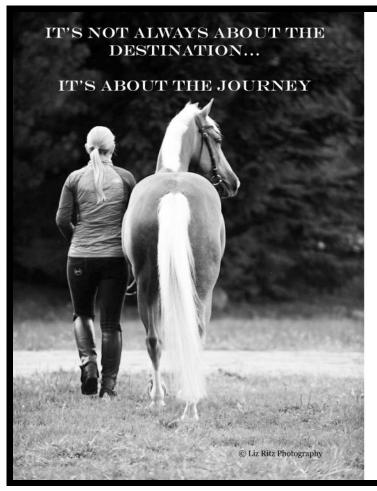
Sept. 20-22, Adult Dressage Camp
Same instructors as the spring camp

Sept .29, Grand Haven Dressage Schooling Show End of GHS Series

Grand Haven Schooling Show dates are subject to change as other shows shift on the schedule.

Updates will be publicized as fast as possible.

Look for prize lists and updates at www.GrandHavenStable.com





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Member Spotlight: Katie Fink By Elizabeth Bross

ODA is pleased to introduce Katie Fink as one of the organization's newest volunteers. Katie will be assisting Historian Lora Burgess with the scanning of documents so that NODA's archives can be digitalized. Since Katie lives in Columbus, she has taken on this job so she can remain involved with NODA despite her current distance from Cleveland. Volunteering at NODA Schooling Shows over the summer is also on Katie's agenda.



Moxon, Katie and Rae

inseminated his dam herself and she was present for his birth. She adores Moxon's even temperament and feels he has the best mind of any horse she has worked with. Katie admitted that time has been their biggest training challenge. "Working full time and finishing my Master's degree took up a lot of time I would have much rather spent riding."

A native of Cleveland, Katie grew up riding at Rocky River Stables. While reminiscing about what NODA means to her, Katie explained that "NODA shows were the first shows I did outside of the barn shows, as well as the first shows I took my very first horse to. I have always enjoyed the way the shows are managed, they are affordable and everyone is very nice!"

Varcity Moves, aka Moxon, is Katie's current mount. He is a 7-year-old Appendix Quarter Horse gelding that she has owned since before he was born. While working at Ohio



Moxon as a foal

Katie believes the years they have spent together have made their partnership extremely special. "He has been my constant through some difficult times over the last 7 years. I love his personality and that he is the same great horse every day. He doesn't even know what it means to misbehave!"

Moxon is presently being leased to the Dresing family that rides with Margaret McElhany and Marty Costello at Valley Riding. Katie has ridden with Margaret and Marty herself and credits them with educating her about horses growing up. She currently comes to Cleveland to visit and ride Moxon about once a month. In regard to their limited time together, Katie said, "I love working on getting him to be more balanced when we are schooling and taking relaxing trail rides! I think his favorite activities are getting groomed and grazed!"

Katie previously worked as a professional in the horse industry and has primarily shown hunters. Before attending graduate school, she worked for Rick and Heidi Ceci training Quarter Horses at their business in Florida. She noted that they are very kind and humane trainers and during her time with them, she learned a lot about showing and working with customers. They also taught her the importance of finding what a horse is good at, as opposed to trying to make it be good at what you want.

When asked why she focuses on dressage, Katie replied, "I have always ridden with dressage principles, but used them as the foundation for the hunters. I switched back to dressage with Moxon because I felt it would benefit him to not be pushed into the jumping too quickly. The horse shows are the best for trying to spend time with my family



Katie and Moxon at their first hunter show

and friends as well. I LOVE ride times! Having the show day be a little more predictable allows my family to come and watch without giving up their whole weekend."

Moxon to a one-day it up to date." show at Chagrin, which was her boyfriend's first 'horse show' experience. He helped her get Moxon ready to

show and then her mom read her tests for her. Katie described the experience as "a fun and relaxing day with my horse and my family – just what horse showing should be all about!"

Future plans for Moxon include working toward competing at mini events. Moxon is very brave over fences and Katie and Moxon both love to jump. The mini events should be a

fun way for the pair to combine dressage and jumping. During her days, Katie is now an Intervention Specialist who works with preschoolers with special needs. She hopes to obtain a position in a school district for the 2013-2014 school year to work with elementary-aged students. Katie's experiences with different riding disciplines have shown her what it takes to keep horse shows of any kind up and running. She explained, "I just think of all the people it takes to run a horse show and how appreciative I have been to them when I am competing. The NODA Recently, Katie took website is also great and requires volunteers to help keep

> She also recommends that "if you are busy showing, check to see if there are ways to get involved without doing working on a show day!"

> Everyone at NODA is excited to welcome Katie as one of our newest volunteers. She brings a wealth of experience and a positive attitude, making her a perfect fit for NODA's ever-growing team.

For information on how you can volunteer with NODA please refer to page 18.

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Thinking Through What You Are Looking for in Your Next Horse By Clara Eltzel

s a young professional who has found numerous horses for clients, I have composed considerations a move-in-ready home. every buyer should take into account before they commit to purchasing a new mount.

First and foremost, be honest with yourself about your riding level, riding experience, temperament, and shortand long-term goals. Write these details down so you can see your attributes and goals on paper. As a rider, you may have goals of learning through lessons and clinics. Perhaps you would like to compete and earn your Bronze, Silver or

Gold medals. It is important that you, the buyer, realize how proficient a rider you are, if you are a calm type of person or can be anxious, and what you would like to accomplish with your new horse in the near future and down the road.

Secondly, consider what type of horse will help you attain your short- and long-term goals.

Consider your budget. Also consider the gender of a horse, age, height, temperament, training and location. Write down all of these factors and be honest

and reasonable. The type of horse you are attracted to may not be the type of horse that is suitable for you. Just because you like tall, big-moving mounts does not mean you can ride this type of horse.

Also, be honest about how much money you can spend on your new mount. You must consider additional costs that come with a horse, like tack, grooming supplies, horse clothing, board, farrier, vet expenses, training costs and so on. If your budget is limited, you will likely have to make concessions. For example, your budget may allow you to purchase a talented young horse or an older schoolmaster type, but not a sound, 8-year-old earning scores in the 60s at Third and Fourth Level.

Thirdly, when considering how much to spend on a new horse, think about whether or not you want to buy a foreclosure or move-in. I have used this analogy with a couple of clients to give them more perspective on the horses they are looking at. It is productive to write down the costs and benefits of buying a horse that is comparable

to a foreclosure compared to a horse that is comparable to

A foreclosure in my mind is a green horse that may seem like a cheap find, but will require a lot of training and conditioning to be solid even at the lower levels for its owner. This type of horse is bought with the hopes that they will develop and progress, but you are guaranteed of nothing and are taking a risk that the horse will progress in the discipline of your choice. These horses are impressionable and require consistent riding and training.

> If you are a proficient, patient rider, this type of horse may be ideal. Ultimately, this horse may seem like a steal upfront due to a low purchase price but may require considerable money spent in training in the long run.

> is already proficient in its level of work, be it Training Level or Grand Prix. This type of horse will likely be a more costly upfront purchase. However, you are more likely to know exactly what you are getting in regard to

less-advanced clients to opt for a horse that has more training than less, especially if they want to do the majority of the riding themselves and be in the show ring soon. In some cases, these horses may be older, but they can offer riders countless learning experiences.

A move-in is a trained horse that **Clara Etzel riding More Coffee Please** Photo by Dagmar Ford. temperament, etc. I encourage my

> Again, be honest with yourself about the type of horse you are looking for. You may be willing to develop a horse to an extent but would like a horse already schooling some dressage work. Determine if you want a horse that is ready to go in the show ring now or if you would like to develop a green mount. This allows you to have a specific type of horse in mind, and helps ensure you are using your time and resources efficiently.

Finally, consider consulting an equine professional. Write down how knowledgeable and savvy you are about the horse purchase process. If you do not have the time or desire to search and contact different sellers, set up appointments to try horses, negotiate a purchase price, set up a vetting, draft a bill of sale, and arrange

transportation of your new horse, consider hiring a professional to act as your agent. You can also hire a professional to assist you in trying horses once you think you have found a good match, and give you a professional assessment. A professional will look at each horse objectively, which is critical as a buyer's objectivity can become clouded by emotional attachment. Consulting an equine professional, be it a trainer you work with already or not, can help ensure you deal with reputable sellers, try suitable horses, and eventually find an ideal mount.

Buying any horse, particularly a competition horse, is an investment. Unless you own your own facility, you will likely have to pay board, vet costs, farrier costs, lessons and training, among other expenses. These costs may vary by region or country, but are to be expected if you

purchase a horse for \$1,000 or \$100,000. And remember, whether you are buying a horse for competition or pleasure, you want to find something that is suitable to your level of riding.

The factors above are in no way all of the considerations that go into purchasing a horse, but are a few important points to take into account before you get underway with your search for your next equine partner.

Clara Etzel is a USDF Silver and Bronze medalist and BHSAI. She operates Clara Etzel Dressage, LLC. out of Cavallo Equestrian Centre in Superior Township, Michigan. Find out more about Clara at http://claraetzeldressage.com





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Rider Fitness - How Going Around a Circuit Could Get You Straight Down Centerline

Article and photos by Bitya Wrick

ave you been looking for that perfect workout tailored to fit the needs of riders? Who hasn't, and the books, videos and gadgets are endless. Then there are all the usual roadblocks to fitness. Many of us with jobs and family commitments know it's a struggle to find time to school our horse, much less get a lesson

Kayley Doyle, a student at Rocky **River Stables demonstrates** working the oblique muscles above. This helps to create independent and stable movement of the torso while riding. Kayley is demonstrating on the Iberian Warmblood, Rendimiento.



scheduled. And then it, with riders struggling to stay in the game in the wake of high hay prices and the current economy. Some Pilates, yoga and other specialized programs cost almost as much per month as board for our horse.

Over the years, there has been conflict about diet and exercise and what really works. We've been told that a low-calorie diet and aerobic exercise is pretty much the way to go. But it doesn't address the issue of strength. For that you need to consider weight, or "resistance" training. Weights? What?? We might bulk up (we need to be able to zip up our boots - and my gussets tell the tale of my deadlifting expertise). Aerobics? Tiring. And not everyone has a wealth of knowledge on exercise physiology or fitness methods.

Then there's the time factor. I was doing a strength training program that was about 1½ hours a day, 3 days per week. It really threw a wrench in my schedule, was a

challenge to my budget and I was exhausted on my offdays. I needed to find a fitness program that worked for me and fit my schedule. I was in good shape, so I got a part -time job at Curves as a fitness coach, and it actually resulted in my not having time to continue my 1½ hours of "serious" training three times a week.

there's the financial end of As a coach, I am required to do an approximately 30minute circuit a minimum of three times per week, but it was nothing compared to my previous weight/crosstraining program I was in before. Since I was no longer drowning in a puddle of sweat three times a week, I wondered if I would really be ready to ride after six months off just by doing 30 minutes of circuit training.



Kayley demonstrates how the squat machine strengthens the base position and alignment on a horse when used correctly.

In the training circuit, there are a prescribed number of machines called "stations." During the timed workout, you should target all major muscle groups and have aerobic conditioning built in between machines. At Curves, a circuit is made up of 13 hydraulic resistance machines, many of them "double positive," meaning they work opposing muscle groups during the total movement on the same machine. Between each resistance machine is a "recovery board" where you keep moving at a rate comfortable to your

current fitness level. The goal is to maintain an optimal heart rate and allow the muscles you just worked to recover before moving on to the next resistance machine or station.

The total workout is designed to take about a half hour. You spend approximately 35 seconds at each machine, just long enough to "overload the muscle." You control the workout by the number of repetitions you choose to perform at each station; the faster the reps, the more resistance you get, which means that you can increase the workout intensity over time at a pace which works for you. You also spend the same amount of time on the recovery

boards between each station dancing to the fun music, marching or even jogging in place. It is recommended that you go around the circuit twice to complete the total workout. There are machines that focus on the upper, middle and lower body, and the machines are spaced in such a way that you don't overdo it on any one part of your body. The stretching circuit at the end maximizes the

Kayley on demonstrates the abductors which help strengthen and improve flexibility in the hips. Below Kayley demonstrates how this increases her flexibility and independence of aids on Rendimiento.

results of your workout and keeps you from being sore and exhausted later. A circuit workout is a great way to use your fitness time wisely and have a well-balanced fitness program laid out for you to maximize your results. Needless to say, I was pleasantly surprised with the results.

About a month after beginning circuit training, I was going to ride in a clinic. I was anticipating breathlessness and needing lots of walk breaks (my usual issue). To my surprise, despite tons of trot work, it was the first time during a clinic I didn't ask for that break and I didn't get tired or out of breath at

all. I also noticed an improved position and stability in the saddle, which led me to re-evaluate that "lame" workout that I thought was for old ladies only. I was actually humbled by the fact that the 13 resistance-training machines seemed to be, on closer examination, a custom exercise program tailored for my needs as a rider without leaving me exhausted or taking up a ton of my time. I realized I had stumbled onto a great workout that meets my needs. Over time, I have found that the biggest impact

the program has had is on my riding form. Without proper form and straightness, you cannot receive the full benefit of the exercise or ride well. And without strength to support stability, I'm not relaxed and soft in my aids.

I am positive just about anyone who rides can benefit in a big way from doing a circuit workout three to five times per week. I like Curves because it is reasonably priced, convenient and there is always a circuit coach available to assist with your form. I also believe strength training is especially important for the ladies who ride, because developing and maintaining more lean muscle mass has been shown to support and even improve bone density. Beginning even a minimal circuit workout program may make a big difference in your riding.

Bitya Wrick is a dressage rider, riding instructor and Cleveland Clinic certified Curves Complete Circuit Coach at Curves of Westlake, OH.



103 Front Street Berea, OH 44017 440-202-9287

13500 Pearl Road Strongsville, OH 44136 440-202-9854 15713 Detroit Ave Lakewood, OH 44107 216-282-4117

26429 Center Ridge Rd Westlake, OH 44145 440-202-9580

USDF & USEF News

USDF Launches New Sport Horse Prospect Development Program

Lexington, KY (March 26, 2013) – The United States Dressage Federation (USDF) is pleased to announce the launch of the USDF Sport Horse Prospect Development Program, presented by Dressage at Devon, a USDF Education Partner, and supported by Hassler Dressage. Created by the USDF Sport Horse Committee, this new program is designed to bridge the educational gap in the development of dressage horses, as they progress from showing in-hand to work under saddle and eventual competition. It will feature a live forum approach, focused on a correct, fundamental system for starting sport horse prospects. This new educational event is intended for trainers, owners, and breeders nationwide, with the goal of developing a consistent training foundation for all sport horse prospects.

The inaugural forum will be held September 14-15, 2013, hosted by the New England Dressage Association, at Apple Knoll Farm, in Millis, MA. The forum will be led by internationally renowned sport horse development experts, and educators, Scott Hassler, USEF National Young Dressage Horse Coach, and Ingo Pape, one of Germany's most respected breeders and horsemen.

For more information about the new USDF Sport Horse Prospect Development Program, contact the USDF office at shprospect@usdf.org, or call (859) 971-2277.

USDF Executive Board Releases Official Position on Western and Gaited Dressage

During their annual meeting on December 4, 2012, held at the Adequan/USDF Annual Convention, the USDF Executive Board approved the following official position on western and gaited dressage:

- USDF will in no way imply or encourage a position that "western dressage" or "gaited dressage" and dressage as defined by the FEI are the same thing.
- USDF will take no action that would indicate any preference of any "western dressage" organization over another, or imply that any has been designated an official voice or national affiliate of USEF or any other standing that would, by other disciplines or breed, be perceived as equivalent to USDF as the USEF recognized affiliate for dressage.
- USDF will stand firm on a position that the USDF, USEF,

and FEI dressage rules, including terminology and criteria, cannot be used in a way that uses traditional concepts and terminology to mean something "different".

- USDF will identify USDF educational programs and materials that would appeal to individuals interested in dressage, including western and gaited study, or who have students with that type of horse, as it relates to dressage as defined by the FEI.
- USDF will consider providing applicable website links to other organizations.

USDF News on 2013 Adult Clinics with Hilda Gurney can be found at

www.usdf.org/education/clinics/adult/dates-locations.asp

The adult clinics are open to riders who are USDF members ages 22 and older. The format includes eight private sessions, approximately 30-45 minutes in length each day.

These symposium-style clinics include both amateurs and professionals at a range of levels, and a variety of breeds, types, and training issues is sought to provide maximum interest and benefit to the auditors.

The clinician will involve the audience during walk breaks and in between rides as appropriate, reinforcing the training techniques demonstrated to maximize benefit to the auditors.

Robert Dover Approved for U.S. Dressage Chef d'Equipe/Technical Advisor Position

Lexington, KY (April 16, 2013) - The United States Federation's Executive Committee has approved the recommendation of Robert Dover as the next Chef d' Equipe/ Technical Advisor for the U.S. Dressage Team pending the successful negotiation of a contract with John Long, USEF CEO and James Wolf, USEF Executive Director of Sport Programs.

For more information regarding the process of hiring the Technical Advisor/Chef d'Equipe for the U.S. Dressage Team contact Jenny Van Wieren-Page at (859) 225-6949 or by email JVanWieren@usef.org.



Buckeye Horse Park

2013 Show Schedule
may —
11 Mahoning Valley Pony Breeders
18BHP Combined Test
19 MCSHC Gayle Dennison Scholarship 4-H Show
25-26 Horse Sports at Buckeye Horse Park
june
1BHP Hunter Show*
8-9 Tri-State Pony Club Rally
21-23 Up & Over Hunter Show*
29 BHP Buckle Bonanza Series
30 MCSHC 4-H Show
july————
7 Village Varieties 4-H & Open Show
13-14 BHP Open Shows
27 BHP Buckle Bonanza Series
august —
3-4 Judge's Choice 4-H Pink Ribbon Show
10 BHP Hunter Show*
11 Horse & Rider 4-H Contest Show
17BHP Buckle Bonanza Series
september —
8 BHP Hunter Pace
14 BHP Hunter Show*
22BHP Can't Miss Ride
28 Up & Over Hunter Show*
Dates are tentative & are subject to change *End of the Year Series Awards. All Hunter & Jumper Shows qualify for Up & Over points

www.buckeyehorsepark.org

Grants Available for NODA MEMBER Equine Professionals

A fund to support professionals, trainers, and instructors with continuing education.

50% Cost of Event Reimbursable (Up to \$200 maximum)

Apply in writing to:

NODA Board c/o Mary Dana Prescott Cloverfield Farm 9445 Metcalf Rd Willoughby, OH 44094

Include: why you should receive a grant, what function you plan to attend, and where it is to be held. State how you will share the content with NODA members (lecture, clinic, or article).

Questions? Call Mary Dana at 440-256-8858

Membership Requirements:

You must be a "professional" horseperson as defined by the current USEF rule book. You must be a member in good standing with NODA.

NODA Volunteer News

Show Time—Have You Called Gail to Volunteer?
Your support is needed to keep the Schooling Show
Program Up and Running

BE A STAR, VOLUNTEER EARLY! Scribe Paddock Tabulator Office Runner

Ring set up and tear down

Call Gail Patton NOW at 440-442-5256

To reserve your volunteer slot at the show that work for you!

NODA Volunteer Feedback Survey

Forty members and three non-members took the volunteer survey online

Seven members out of the fourteen without email, mailed back the paper survey

Stay tuned for results

YOU are needed for NODA's 2014 Annual Celebration Banquet Committee

Like to pull off a really cool party? Understudy the current party planners in 2013 and take it on in 2014.

Contact Banquet Chair: Carol Cassano
216-272-185 or banquet@nodarider.org

The Educational Programs Committee is coordinating two more USDF

Instructor Certification Workshops in 2013

If you can help with registration, hospitality, media or other aspects please contact Marcia Doyle 330-562-8456 or Marcia-Edu@nodarider.org

Participate in a NODA Board Meeting

You are always welcome to join NODA's board and committee members the second Monday of each month from 7 to 9 pm at Panera Bread, 6130 Kruse Drive in Solon.

Your volunteer support keeps shows, clinics and awards programs alive.

Membership News

Mary Armstrong is the 2013 NODA Recognized Show Sponsorship Chair!

Mary Armstrong has always loved horses and had her first riding lessons at Red Raider Camp in the 60's. She's had a



few horses in the 80's, but did get serious about dressage until 1996. In 1998, Mary purchased Great Gatsby as a 2 yr. old and brought him up through the levels to Grand Prix. She has had the opportunity to work with some wonderful trainers and clinicians through the years, which allowed her to be consistently successful. In 2006, Great Gatsby was the Region 2 AA Intermediate 1 Champion with a score average of 66%. He was Region 1 and 2 Fourth Level

Reserve champion, and Region 2 Third Level Reserve Champion. He's earned USDF performance certificates for each level through I-1. Mary also owns Rachstarr. Mary has been a member of NODA since 1984, serving as secretary for several years in the late 90's, but usually volunteered as a scribe or wrote articles for the newsletter. Mary says, "NODA is and has been a great organization. Dressage in Northeast Ohio would not be where it is today without all the hard work countless members contributed over the years. We have educational opportunities, a schooling show series, a recognized show, clinicians and a great year end awards banquet. I am glad that I now have the time to become more involved again by being your new Sponsorship Chairman." As the Recognized Show Sponsorship Chair, Mary will conduct outreach to members and nonmembers to gain support of NODA's annual recognized show. Look for sponsorship information coming very soon. NODA is happy to have Mary Armstrong in this position!

NODA Membership Cards Are Available ONLY on Request

If you want a printed copy of your NODA Membership card, contact Fran Cverna, Membership Chair, at membership@nodarider.org or 440 834-1774. The online membership roster at www.nodarider.org is used as verification of membership for NODA activities.

NODA Welcomes Lauren Hunter as the Junior and Young Rider Liaison!

Lauren Hunter is currently riding and showing Lego, a horse she leases from Janeen Langowski-Grava and still owns her first horse Cinnabar. Riding for almost 10 years, she and Lego are competing at 3rd level and working



towards Lauren's bronze and silver medals. She is also quite proud of the clinics she has had the opportunity to ride in including Charles de Kunffy, Jan Ebeling, Felicitas von Neuman-Cossel and recently as a demo rider in the NODA sponsored Riders Test Clinic with Jane Ayers. Lauren has volunteered at shows as well as with the Awards and Banquet Committees. She is also on the ad hoc Volunteer Committee. Lauren says she "loves NODA because it provides incredible learning opportunities and wants to involve as many juniors and young riders as possible. Even the work is fun because you get to be around horses or talking about them, and who doesn't love that?"

Juniors and Young Riders, please contact Lauren at jr-yr@nodarider.org or at 812-655-0375 with any ideas or questions you might have about horses, showing, balancing school and riding, equine career opportunities, etc. NODA is lucky to have Lauren step up as the Junior

NODA Welcomes New Members!

Welcome (or Welcome Back) to the following who were not members in 2012

Nancy Danielson Valorie Gill
DeAnna Koch Peggy McAnlis
Eric Schneider Marcia Bitya Wrick

Current membership as of April 17, 2013 is 257

173 Adult Amateurs57 Professionals27 Youth

Thank you to <u>all</u> 2012 NODA members who have renewed your membership for 2013!

Share Your Experience or Expertise—Write an Article for NODA News!

o you have an article idea or news you would like to submit to *NODA News*? NODA is always looking for interesting member experiences, gems of wisdom from instructor/trainers, or horse health and horse care articles from equine professionals.

We have recently updated the NODA website with information on how to submit your article to *NODA News*. Here are some things to know about submitting an article for the Newsletter.

- 1. Contact Mosie or Elizabeth to check the topic (to make sure it is not being covered by another writer) and to get an idea of when it will run.
- 2. Editors will make decisions on when articles will run based on the needs of NODA.
- 3. Articles on topics which highlight an aspect of training, a piece of equipment, a treatment modality, clinic reviews, a member highlight or your unique equestrian experience of interest to other riders and horse enthusiast are appreciated.

- 4. Draft the article and submit by the 10th of the month prior to the issue it will run.
- 5. Your article will be edited for flow, grammar, and space constraints. The editors will send the article for review and editing prior to publishing.
- 6. Realize that the article may be held for a future issue based on space and other content.
- 7. NODA specific news and reviews have top priority in the *NODA News*.
- 8. Photographs greatly enhance an article (see how to submit photos below).
- 9. Articles should be sent as an attachment to an email.
- 10. NODA reserves the right to determine which articles to publish.
- 11. Articles will receive NODA Bucks based on length

For more information go to the Newsletter page at <u>www.nodarider.org</u>

NODA NEWS

CLASSIFIEDS

Jill Voigt, Classified Editor

Phone: 216-346-2811

E-mail: <u>Classifieds@nodarider.org</u>

Address:

NODA Classified c/o Jill Voigt

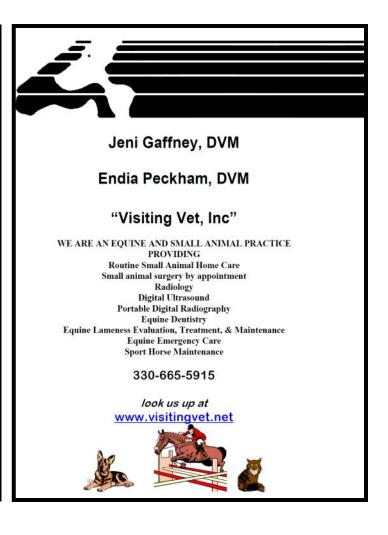
27059 Sanctuary Lane

Olmstead Township, OH 44318

Member benefit: One free 2 month, 60 word or less classified ad in the *NODA News* and on the NODA website <u>at a time</u>. To place your ad, contact Jill and provide the following information.

Include in your email: Full Name

Contact information Membership Status



Where Can Members Find the USEF Dressage Classes?

USEF Dressage Tests including:

Training through Fourth Level

Rider Tests

Dressage Seat Equitation

Young Horse

Developing Horse

Brentina Cup

can be found at this link:

<u>www.usef.org/_IFrames/breedsdisciplines/discipline/</u> alldressage/2011dressageTests.aspx

USEF Western Dressage Tests

Can be found at:

www.usef.org/ IFrames/breedsdisciplines/breeds/ morgan/WesternDressageTests.aspx

Please see page 17 of this issue for the USDF executive board's press release regarding the USDF's Official Position on Western and Gaited Dressage.

NODA will follow the USDF position in providing Western and Gaited Dressage as an option in as Test of Choice.



Kristin Stein

IS CURRENTLY ACCEPTING
HORSES FOR TRAINING
AND STUDENTS FOR INSTRUCTION AT
SHADE TREE FARM IN AKRON, OHIO

USDF BRONZE MEDALIST

COACH OF INTERCOLLEGIATE NATIONAL
FINALIST IN JUMPING 2 CONSECUTIVE YEARS
2009 REGION 1 CHAMPION TRAINING LEVEL
2010 REGION 2 RESERVE CHAMPION FIRST LEVEL
2011 REGION 2 SEVENTH PLACE SECOND LEVEL
2012 REGION 2 FOURTH PLACE THIRD LEVEL
CURRENTLY ATTENDING THE L JUDGES

PROGRAM

Shade Tree Farm

IS A BOARDING AND TRAINING FACILITY FOR THE DESCRIMINATING DRESSAGE RIDER

THE FARM OFFERS
FULL CARE FOR THE HORSE
INDOOR/OUTDOOR ARENA
WITH EXCELLENT FOOTING
WOODED BRIDLE PATHS
TURNOUT
TRAINING AND LESSONS



CONTACT KRISTIN STEIN FOR MORE INFORMATION
304-830-0529 STEINEQUINE@YAHOO.COM
WWW.STEINEQUINE.COM
BETSY REBAR SELL, OWNER/TRAINER 330-351-1124
MOLLY GAMIN, BARN MANAGER 330-618-8478



NODA 2013 Schooling Show Schedule



May 11 Grand Haven Stable

NODA/Grand Haven Stables Combined Show Special entry form required Jefferson

> June 2 Rocky River Stables Rocky River

> July 7 Grand Haven Stable
> Jefferson

August 11 Cross Winds Farm Chagrin Falls September 8 Rocky River Stables

Rocky River

October 5 Chagrin Valley Farms
Bainbridge

October 6 Chagrin Valley Farms
NODA Schooling Show Championships

Invitation Only with qualifying scores from NODA Schooling Show approved competitions

Bainbridge

The NODA Schooling Show Competition Year runs from October 21, 2012 through October 23, 2013

Chair: Kara Maruszak, 440-655-9376, schoolingshow@nodarider.org **Show Secretary:** Jennifer Tulleners, 440-213-6685, ss-secretary@nodarider.org

NODA Board Meeting Minutes — March 11, 2013

In Attendance: Fran Cverna, Marcia Doyle, Mary Lou Gallagher, Lauren Hunter, Jennifer Kick, Kathy Kirchner, Dale Lappert, Berni Moauro, Kara Maruszak, Gail Patton, Mary Dana Prescott, Niki Sackman, Patti Valencic.

Call to Order: Meeting called to order at 7:03 PM by Niki Sackman, Vice President.

Minutes of February Board Meeting: Patti Valencic

Minutes approved

Treasurer's Report: Jennifer Kick

Checking Account Balance: \$12,223.06
Savings Account Balance: \$5,014.49

Membership & Handbook: Fran Cverna

• 242 Total (162 AA, 54 Professionals, 26 Youth).

Newsletter: Niki for Mosie Welch

Profit from ads for February: \$78. Difference YTD - \$237

Education: Marcia Doyle & Berni Moauro

- Report on New Rider Test Clinic Jayne Ayers, LEC February 23rd: Good turnout. 65 paid auditors, 9 riders. Berni on feedback from members: tests were too busy, thought movements come up fast. Lauren Hunter (rider participant): It highlighted weaknesses. Marcia: Riders learned they needed to be deeper. Criticism was honest and fair and constructive. It zeroed in on rider problems which ultimately benefit horse.
- Update on Instructor Certification Workshop Sarah Martin instructor, April 27, 28. Bio on Sarah and article on lunging. (In Corral as well as newsletter). 7 instructors are enrolled, need 8. Publicize it as lunging at all levels to make your horse better, not just for instructors, all riders can benefit.
- Schedule next events for fall. Need to check LEC schedule to determine if it will be held there.
- Set date for Open Meeting -Sometime in September.
 Decide later if Saturday or Sunday. Decide on program and location later. Discussed meeting at CEC. Ask Dr.
 Genovese. Think of other program options as well.

Schooling Shows: Kara Maruszak

 Waiting on 2 judges' contracts. Prize List to printer later this week. Fran will do PDF of Prize List for Kara.

Recognized Shows: Niki Sackman & Mary Lou Gallagher

 Update - Robyn Ambrose applying for Benjt Lindquist, Dressage Scholarship forms, finishing touches on online entries prize list.

Website: Linda Cooley (emailed from out of town)

- Website & Facebook posts of note:
 - -Obituary of Colonel Alfred R. Kitts
 - -Updated USDF & NODA Membership Card Information.
 - Feb 23 USEF Rider Test report & thank you notes
 - -USEF news: helmets only, no top hats
- Added Newsletter Team info and "How to submit" info for NODA News on various pages
 Facebook Posts: LIKES: 388 (Increase of 15 from last report) Various fun horse cartoons plus NODA, dressage, competition, and horse heath news

Banquet: emailed by Carol Cassano

- We have the contract for the Crown Plaza
- Banquet date November 16, 2013
- Board discussed need for 5-6 volunteers for many positions to work on committee: {invitations, silent auction, program, prizes, theme, trophies on website and in newsletter)}. Do follow up blurb. Check list of new volunteers from previous survey to see who signed up for this.

Historical/Data Management: emailed by Lora Burgess

 Purchased desktop computer. Working on software.
 Katie Fink will help with scanning historical documents and will also help with publications.

Reports from Member Liaisons:

- Professional Liaison: Mary Dana Prescott: Application received for first Instructor Certification Workshop grant from Janeen Langowski-Grava. Board approved her grant for \$200. Mary Dana will notify her and NODA will reimburse her after the clinic. Discussed making more scholarships available for this clinic in order to insure that Professionals come to 2nd and 3rd clinics. Will do email blast.
- Jr/YR Liaison: Lauren Hunter -Would like to do Jr/YR Region 2 clinic on April 26 & 27, 2014. However, we found out those dates are outside of the 2013/2014 clinic year (the dates are April 1, 2013 - March 31, 2014) so if we cannot make room for it sooner we will try for 21014/2015.

Old Business:

- Berni & Clara submitted updated draft for Scholarship AA & Jr/YR.
- Volunteer revamp committee - set next meeting date and place.
 Dee would like another meeting after March 18th.
- Availability of Historical data. Who has Publisher and are there any uses left? Niki will check with Mosie for the CD. Lora has been in contact with her by email.

New Business.

MODA booth at Equine
 Affaire – Board voted to
 pay \$50 to share a booth
 with them. Send DVD
 from banquet, Niki will
 ask Carol to get it to
 Jennifer Kick (who is
 attending EA). She will
 take Prize Lists as well.

Adjournment: Meeting adjourned at 8:00PM.

Next Meeting: Monday, April 8, 2013, 7 PM, at Panera Bread in Solon.

Dreitzler Family, Spanish Riding School Create New Grant Fund at The Dressage Foundation

The Heldenberg
Training Center
Fund has been
established in memory
of E.L. Dreitzler by
Ralph and Freddie
Dreitzler in conjunction
with the Dreitzler family.
This Fundamill

This Fund will provide grants to nonprofessional

North American riders for theoretical study and/or training at the Heldenberg Training Center. Initial grants will cover the tuition costs of attending the Spanish Riding School's Training Center.

As the grant fund grows, has future grants may also fur cover all or a portion of the transportation, lodging and related expenses for up to two months of training.

To make a donation to the Foundation, you can call our office at (402) 434-8585 for credit card gifts, send your check payable to The Dressage

SPANISCHE address below,
HOFREITSCHULE or visit our
BUNDESGESTÜT PIBER website

www.DressageFoundation.org to donate via PayPal. Donations in all amounts help support the work that we do!

Grant applications are due at the Foundation office by July 1, 2013, and recipients will have up to two years to use the funds. Application forms and instructions are available at

www.DressageFoundation.org or by calling The Dressage Foundation office at (402) 434-8585.

1314 'O' Street, Suite 305 \ Lincoln, NE 68508 \ 402-434-8585 info@dressagefoundation.org \ www.dressagefoundation.org Donations of all sizes are greatly appreciated!

Classifieds

Classified Ads

NODA Member/2 issues

FREE: 60 words or less \$5.00: 60- 80 words Photo \$5.00

Non-member/ per 2 issues

\$5.00: 60 words

Photo:

\$5.00/issue for photo in newsletter and on website

Free member ads will run for two issues only. One free ad per member at a time. Submit Ad and payment by 15th of the month.

Free Stable Listings: include contact info, city and three lines. Ads subject to editing. Website posting included.

Classified Editor: Jill Voigt Phone: 216-346-2811

Check payable to NODA:

NODA Classified c/o Jill Voigt 27059 Sanctuary Lane Olmstead Township, OH 44318

Email ad to:

Classifieds@nodarider.org

HORSES For Sale or Lease

For Sale or On-Site Lease: 13
year old Thoroughbred gelding
located in Grafton, Ohio.
General Alexander is a 16hh
dark bay TB gelding with a
calm wonderful disposition.
Easy keeper, great ground
manners, very willing. Needs
advanced beginner rider.
Trainer lives on site. Currently
training Dressage Training
Level. Please contact
deedi269@gmail.com with
any questions. \$1,500 or lease
for \$350/month (I-6)

For Lease or Partial Lease: 15 year old 16 hand OTTB gelding. Training level dressage, trail, experience

over fences and cross country. Needs a confident rider. Would be a great pony club horse or 4-H project. Contact Chris (440) 221-2684 cslega@yahoo.com (I-6)

Half Gypsy Vanner Gelding for

Sale: ¼ Quarter Horse and ¼ Clydesdale. Four years old. Very well started, trail ridden and has done obstacle work. Competed at first dressage schooling show, intro A 64%. Great disposition.

For more info:

Anne_McClintock@yahoo.com or 440/223-8236 (I-7).

For Partial Lease: 4 year old Connemara Pony gelding available for partial lease in the Chardon area. Schooling training level. Needs a confident rider. Please contact Colleen for more details. crwe@windstream.net or 440-477-3903. (I-7).

For Full Lease: FABIAN, 15.3,



Oldenburg Gelding, owned and loved by Regina Sacha will be shortly offered for full lease. He is a solid

schoolmaster extraordinaire with lists of accomplishments. In 2012, he won numerous NODA Championship awards, qualified for Regionals and was named National ISR-Oldenburg Champion with a Jr. Rider for Training and First Levels. Fabian is classically trained and is a love bug. Please contact Regina at regina.sacha@sbcglobal.net or 216.390.3702 to discuss this schoolmaster opportunity. (\$\$I-7)

APPAREL, TACK, & SERVICE

For Sale: Used Courbette double bridle, black, oversize w/ buckle ends. Two sets of reins, also w/ buckle ends - \$125.00. Used Herm Sprenger Aurigan (gold) metal weymouth 6 1/8" - \$50.00. Used Herm Sprenger Aurigan metal bradoon 6 1/4" - \$25.00. Negotiable. Call Jackie @ (440) 487-2612 (\$1-6)

Prestige La Selleria Dressage Saddle – 17" MW tree. EXCELLENT – almost new – condition. Stored in temperature controlled room. Asking \$1,100 – Negotiable. 216-554-6748. (I-6)

Available: 12X12 stall with large window for retired gelding in a small, bright, airy stable. Stalls cleaned daily, top quality bedding. Daily turnout with two companions; winter in outdoor sand arena and spring - fall on grass pasture with split rail fence. Grain fed 3Xday with top quality hay fed 5Xday. References available. Board \$425/month. Call Dagmar Zimmerman - 440-338 -8641. (I-6)

EQUIPMENT

2004 Dodge Ram 1500 4x4
Crew Cab- Full tow package!
Red exterior/black interior,
satellite radio, chrome bed
rails, purchased mint and
added only 21K miles in 6
years pulling 2 horse bumperpull. Interior almost
immaculate. Tailgate has
small crumple. No rust. A
terrific truck! \$14,000 OBO.
Email for more information or
pictures.

<u>Cappuccino139@gmail.com</u> (\$I-6)

STABLE LISTINGS

Brecksville Stables, Inc. Cleveland MetroParks 440-526-6767

Stalls cleaned 6 days/wk, 3 feeds/day. T/O included.

Bridlewood Dressage Farm Medina, Ohio Cheryl Slawter 330-239-1997

CBridlewood@aol.com

Board from \$300 (may be reduced for barn work), 2 indoor and 1 outdoor. Excellent care, friendly.

Candle Light Farms Noell Sivertsen-Edgell Chesterland, OH 44026 440-376-2117

<u>Sivertsenedgell@att.net</u>
Boarding, lessons, sales, training, leases, indoor/outdoor

Cloverfield Farm Mary Dana Prescott Kirtland, OH 440-256-8858

Boarding, training, lessons; dressage/jumping. Travel for clinics/shows/your farm.

Cross Winds Farm
Bob Weston
Chagrin Falls, OH 44023
(440) 543-5698
(440) 829-8165
www.thecrosswindsfarm.com

remington75@windstream.net
Boarding, training, dressage and
eventing . Stalls available

Fair Weather Farm
Dressage: Kate Poulin
386-624-3968
katepoulin@yahoo.com

Chagrin Falls, OH
Heated barn/indoor, Grass /all season
T/O, stalls cleaned 2X/day. Two
outdoors, trails, security.

Kirgis Farm Mantua, OH 330-554-1716

www.kirgisfarm.com

Dressage/event barn, T/O, competent staff, large stalls, pastures, safe fencing,, indoor.

KKM Stables
Karen Stephens
Bellville, OH
419-688-1331 KKMStables@aol.com
www.KKMStables.com

Full-Service quality dressage training thru the Levels. Improve balance, strength of horse & rider.

STABLE LISTINGS

Grand Prix Farm Kelli Flanagan Valley City, OH44280 330-483-9055

www.grandprixfarm.com

Boarding, lessons, schoolmasters available, indoor & outdoor arena, heated observation room

Ledge Hollow Stable Jeanne & Terry Fashempour 330-239-2587 Medina, OH 44256

NE corner of Medina county.

<u>www.LedgeHollowStable.com</u> Full care, co-op, turn-out, Instruction,

Meridian Farm Lauren Ball Tisdale Chagrin, OH 44022 216-288-8834

www.transitionsdressage.com

Board with full or half training packages and sales. Haul in lessons welcome.

North Crest Equestrian Center Julie Taylor Avon Lake, OH 44012 (440) 933-4654

www.northcrestequestrian.com

Dressage training & lessons, summer horse camps, birthday parties.

Pleasant Valley Farm Kris Lanphear Willoughby Hills, OH 440-942-9034

References. Board, grass T/O, trails, lessons, care of special need horses. Natural training.

Rivendel Farm Bonnie Gray Dale Lappert , R Dressage Judge Garrettsville, OH (330) 527-4683 evening (440) 813-4009 days

Board, dressage/eventing. Small, experienced care, 7 day T/O. Indoor/outdoor, trails, jumps.

Rocky River Stables Cleveland Metro Parks Rocky River (216) 267-2525

www.valleyriding.org

Boarding, lessons, pony /horse camps, therapeutic riding, indoor & outdoor arena, trails.

Rhythmic Ridge Ranch Debi Smith Lorrain County 440-315-2660

Full care, indoor and lighted outdoor, matted stalls and heated water buckets Shade Tree Farm Betsy Rebar-Sell Bath, OH 330-351-1124

<u>brsell@aol.com</u> Full care, indoor and outdoor arenas, trails, turnout, lessons, and training.

Shadow Facs Farm 814-796-6161

www.shadowfacsfarm.com

Dressage and combined training, instruction, and sales.

Three Point Farm Karen Deitrick & Wendi Skelly North East, PA 814-725-6844

www.threepointfarm.com

Boarding, dressage lessons& training, horse sales.

Topline Stables at Walden Janeen Langowski-Grava Aurora, OH 44202 330-995-0039 440-666-6182

www.topline-stables.com janeengrava@earthlink.net Boarding, lessons, clinics, sales, training, kids camp. Full care, indoor/ outdoor, grass pastures.

Please complete form & enclose payment in full. Make Check Payable to: NODA

Woodwind Farm Newbury, Ohio Chuck Kinney

440-564-9399 440-773-3216

www.woodwindfarmjumps.com Exceptional care, equine-friendly

facility. Boarding, lay-ups, training and lessons. Indoor, turnout.

Xhalt Equestrian Center Phyllis Setter Columbia Station, OH (216) 299-3096

www.Xhalteqcenter.com

Adult boarding /training. Lorain county close to I-480/Cuyahoga County. Indoor/outdoor, pasture.

YOU ARE THE NEWS

Let us know what you and your horse are up to!

Contact
Elizabetheditor@nodarider.org
or
Mosieeditor@nodarider.org

Advertising Rates NODA Advertising (width x height) One ISSUE **Six ISSUES** Deadline: 10th of each month Full Page (7.5×10) : \$75.00 \$375.00 Ex: Submissions received by the 10th of the month **Half Page** (7.5 X 5): \$40.00 \$200.00 will publish in the NEXT ISSUE of NODA NEWS. **Quarter Page** (3.75 x 5): \$20.00 \$100.00 **Business Card** (3.75 x 2): \$15.00 \$75.00 All Ads will be placed on the NODA website for the

Layout in jpg format should be emailed

to: Mosie-editor@nodarider.org

same period they are in the NODA NEWS.

Send to: NODA News

3244 Camden Rue

Cuyahoga Falls, OH 44223

Please note *payment for ads* must be received <u>by the newsletter deadline of the 10th</u> for your ad to be placed in the next issue.

For Classifieds contact Classifieds@nodarider.org —see information on page 20 of this issue.

Date:	Number of issues ad will run: 1 issue	6 issues	full year	
Issue/year ad will run:	Ad Size:		Amount enclosed \$	USD
Name:	Company:			
Address:				
City:		State:	Zip:	
Phone: ()	E-mail:			

Calendar of Events



May 19
Fieldstone Farm's
Benefit
Ride-A-Thon

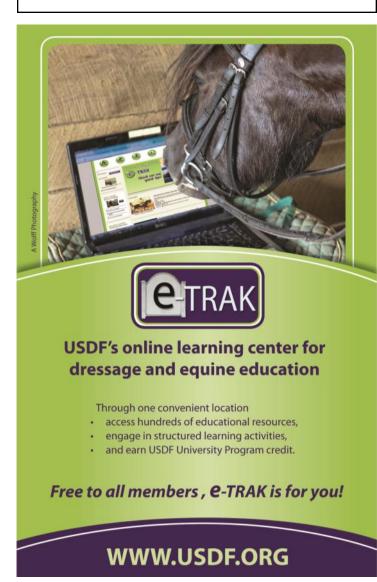
Fieldstone Farm

Join Fieldstone Farm for a leisurely ride on the trails of the Metropark's South Chagrin Reservation. Challenge your horse in a unique agility course designed for all levels. Minimum \$50.00 pledge includes T-shirt and lunch. Used tack & gently used riding apparel for sale May 18 and 19. Registration begins at 8:00. Breakfast items available for purchase. Cleveland Metropark's Polo Field, Chagrin River Road and Rt. 82

For more information <u>mjrjazz@yahoo.com</u>

Registration Form at

http://fieldstonefarmtrc.com/forms/2013 RAT.pdf



Complete calendar listings with links available on the NODA Website www.nodarider.org

5/3-5 Dressage Clinic with Charles de Kunffy

www.Topline-Stables.com Topline Stables, Aurora, OH Rider Pre-registration by April 5 Contact Janeen 440-666-6182 or 330-995-0039 or Janeengrava@earthlink.com

5/3-5 Dressage Clinic with Courtney King Dye Hidden
Bridge Farm, Prospect KY
Contact Kelly at

Tempichange@hotmail.com

5/4 Second Annual Dusty Boots Derby Benefit, 4:30—
9:00pm, 19901 Puritas Road,
Cleveland, OH 44195.
www.valleyriding.org

5/11 NODA/Grand Haven Stables Combined Schooling Show, Grand Haven Stables, special combined entry form available at

www.grandhavenstable.com

5/11 CADS Schooling Dressage Show

www.CADSDressage.org
Judge Barbara Soukup (L)
** NODA Members: Scores
eligible for 2013 NODA Yearend Awards

5/17-19 Grand Haven Adult Dressage Camp,

www.grandhavenstable.com

5/18-19 Dressage Clinic with Courtney King Dye Hidden Bridge Farm, Prospect KY Contact Kelly at

Tempichange@hotmail.com

5/18 Harmony in the Park
Dressage Show I USDF/USEF
Recognized, Level 3
www.HarmonyInTheParkDres
sageShow.com
Edinburgh, IN Contact Susan
Moran 859-234-4066 or
SuzieHorse@aol.com

5/19 Harmony in the Park
Dressage Show II USDF/USEF
Recognized, Level 3
www.HarmonyInTheParkDres
sageShow.com
Edinburgh, IN Contact Susan
Moran 859-234-4066 or
SuzieHorse@aol.com

5/19 2013 Ride-A-Thon & Used Tack Sale Fund Raiser for TRC Fieldstone Farm Cleveland Metroparks Polo Field, Hunting Valley, OH www.FieldStoneFarmTRC.com or call 440-708-0013

6/1 Summit County Dressage
Schooling Show Hosted by
Summit County 4-H Saddle
Horse Association at Summit
County Fairgrounds
www.SummitCountySaddleHo
rse.org Judges: Amy RotheHeitter "L", Chris GemmelGnidovec "L"
** NODA Members: Scores
eligible for 2013 NODA Yearend Awards

6/2 NODA Schooling Show, Rocky River Stables, www.nodarider.org

6/2-3 Centered Riding Clinic & Instructor Symposium with Peggy Brown

Fieldstone Farm Therapeutic Riding Center, Bainbridge, OH <u>www.fieldstonefarmtrc.com</u>

6/7 WPDA Dressage Classic at Grand Haven, USDF &USEF Recognized, www.grandhavenstable.com

Calendar of Events

6/8-9 Dressage at Grand Haven, USDF &USEF
Recognized,

www.grandhavenstable.com

6/9 Dream on Farm Schooling Show, 16501 Station Road,
Columbia Station, OH 44028,
www.dreamonfarm.com

6/14 CADS Schooling Dressage Show

www.CADSDressage.org
Judges Sue Hughes (r) &
Robin Vaugh-Strait (L)
** NODA Members: Scores
eligible for 2013 NODA Yearend Awards

6/20-24 Dressage Clinic with Bettina Drummond

www.Half-HaltFarm.com
Half-Halt Farm, Bloomington
IN Contact Ann at 812-935-6416, annbelth@half-haltfarm.com

6/22-23 Dressage Derby
Shows I & II (USDF/USEF Recognized) www.LEC.edu/
Equestrian/Events Lake Erie
College Equestrian Center,
Concord OH

6/23 Grand Haven Schooling Show

www.grandhavenstable.com

7/ 7 NODA Schooling Show, Grand Haven Stable, www.nodarider.org

7/14 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

7/21 - 22 NODA Dressage 2013 & Dressage 2013 Encore www.nodarider.org

8/10-11 WPDA Summer Sizzler Dressage Show at Grand
Haven, USDF &USEF
Recognized,
www.grandhavenstable.com

8/11 NODA Schooling Show, Cross Winds Farm, www.nodarider.org

8/18 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

8/25 Grand Haven Schooling Show,

www.grandhavenstable.com

9/8 NODA Schooling Show, Rocky River Stables, www.nodarider.org

9/15 Dream on Farm Schooling Show, 16501 Station Road, Columbia Station, OH 44028, www.dreamonfarm.com

9/19-21, USDF Region 2 Dressage Championships, at Lamplight Equestrian Center, Wayne, IL

9/20-22 Grand Haven Adult Dressage Camp

www.grandhavenstable.com

9/29 Grand Haven Schooling Show

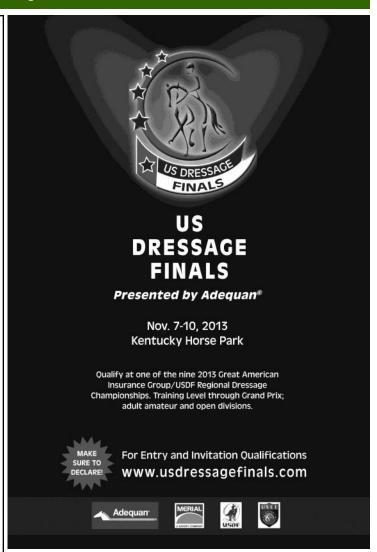
www.grandhavenstable.com

10/5 NODA Schooling Show at Chagrin Valley Farms, open to all. www.nodarider.org

10/6 NODA Schooling Show Championship, Chagrin Valley
Farms, Invitation Only,
www.nodarider.org

10/10-13 Dressage Festival Of Champions, Kentucky Horse Park, for more information contact Jenny Van Wieren-Page at jvanwieren@usef.org

11/16 NODA Celebration and Awards Banquet, Crowne Plaza Hotel, Independence, Ohio www.nodarider.org



North Crest Equestrian Center



Julie R Taylor Instructor/Trainer

northcrest44@aol.com

Dressage Lessons and Training - Lesson Horses Available

31735 Walker Road, Avon Lake, OH44012 440-933-4654 www.northcrestequestrian.com

Don't Miss DTF Deadlines!

June 1st - Michael Poulin Dressage Fund
Provides grants for programs and projects that enhance the
quality of dressage in the United States.

See the Dressage Foundation's complete list of 2013 Due Dates for Funds and Grants at: www.dressagefoundation.org/2013
Application_Deadlines.htm

NODA News 3244 Camden Rue Cuyahoga Falls, OH 44223



Northern Ohio Dressage Association 2013 Membership Form



NODA membership runs 12/1/2012 through 11/30/2013

NODA is a United States Dressage Federation Group Member Organization. All NODA members are automatically USDF group members; \$20 of your NODA membership dues go towards your group membership in USDF. Group member benefits include a full year's subscription to the official USDF magazine, eligibility for USDF Rider Awards, and the opportunity to audit many USDF programs and participate in recognized shows without the payment of USDF non-member fees. Supporting Family Members will not get a personal copy of the USDF magazine, or be eligible for USDF Participating Member Discount. See www.nodarider.org for benefit details.

Date:	□ Renewal □ New Member	er □ Adding Family USI)F#		
Member Name: □ Adult Amateur □ Professional □ Youth*, birth date required:			Membership Dues: NODA Newsletters will be printed and mailed via USPS to all members.		
Additional Family Member Name: □ Adult Amateur □ Professional □ Youth*, birth date required:			Adult Amateur or Professional \$45.00		
Additional Family Member Name:			Youth*	\$35.00	
☐ Adult Amateur ☐ Professional ☐ Youth*, birth date required:			Family Member	\$20.00	
Address:			Supporting Family Member	\$10.00	
City, State, Zip:			TOTAL ENCLOSED:		
Phone:	Email:		Please make checks payable to N		
Awards program	Include Email in NODA H lunteer activities of interest to you Governance (officers/chairs Newsletter	NODA Membership Fran Cverna 12212 Snow Rd Burton, OH 44021	ODA and man to:		
Education (clinics/semin	ars) Recognized show	Other/Volunteer			

Membership questions call Fran at 440-834-1774, email membership@nodarider.org. Other questions, call Dee Liebenthal at 330-562-8455 email president@nodarider.org.

Junior categories. Consult the NODA Schooling Show Prize List and Year End Awards guidelines for the definition of the Junior category.