THERI CHICAGO STATE OF THE STAT www.nodarider.org Northern Ohio Dressage Association Inside: 2013 Edy Ujczo Horse Partnership Award Presented to Susan Hunter, page 6 Cover: NODA Junior Member, Julia **Dale Lappert (left) Receives Christopher**, Shares Her **NODA 2013 Lifetime** Experience at the 2013 US Dressage Finals, page 8 **Achievement Award, page 5** Photo by Dee Liebenthal Start a Core Strengthening and **Mobility Exercise Program for** Your Horse, page 10 2013 NODA Awards Banquet and Celebration, Photo Overview, page 16

2013 NODA Executive Board

President

Dee Liebenthal 330-562-8455 president@nodarider.org

> **Vice President** Niki Sackman vp@nodarider.org

Treasurer

Jennifer Kick 440-487-1925 treasurer@nodarider.org

Secretary

Patti Valencic secretary@nodarider.org

Parliamentarian Dale Lappert 330-527-4683 parliamentarian@nodarider.org

Directors at Large

Alice Brightup Alice-DAL@nodarider.org

Barb Soukup Barb-DAL@nodarider.org

Kathy Kirchner 330-995-6010 Kathy-DAL@nodarider.org

> **Gail Patton** 440-442-5256

Mary Dana Prescott 440-256-8858



Dee Liebenthal and Rens

ear Noda Members, What follows is the second installment devoted to recognizing all those NODA members who volunteer countless hours of their precious and pressured time to help NODA be all it can be. Saying "Thank you" will never be enough, but at least by recognizing these dedicated members, others will have an opportunity to understand and reflect on what it takes to run our organization. As you will remember from my letter in the December issue, there wasn't enough room to thank everyone, so I will continue here.

I want to start out thanking this newsletter issue's cover girl, Dale Lappert. Dale is currently our Parliamentarian, most recent past president of NODA, and also the 2013 recipient of NODA's Lifetime Achievement Award. Receiving the award says so much about her many years of dedication and contributions to NODA. She was a founding member and is responsible for much that is NODA today. In this issue please read what Lisa Gorretta said at the November Awards Banquet about Dale and her years as a member of NODA.

A big thank you goes out to the Schooling Show team. There would not be a schooling show series without a hardworking and dedicated team. I know many of us remember when one person

managed everything for the schooling shows. That is certainly not the case any longer. 2013 brought NODA a new team, Manager/Chair, Kara Maruszak and Secretary, **Jennifer Tulleners**. As with any new team they had to navigate a learning curve, and throughout the season they adapted quickly and professionally. Thank you Kara and Jennifer for stepping up and taking this on. You have brought new ideas and energy to the Schooling Show team. We look forward to the upcoming season.

The Schooling Show team would be nothing without long-time NODA member and Schooling Show Volunteer Coordinator, Gail Patton. Gail mans the phone each season reminding and then convincing members that volunteering early is the best way to gain needed NODA Bucks. It takes a lot of volunteers to cover all our shows, and that translates into a lot of hours for Gail on the phone. Add to the Schooling Show team the many, many volunteers who answer Gail's call and this is our biggest volunteer group. We need all of you and can't thank you enough.

Thank you to our Recognized Show team. NODA's Vice President, Niki Sackman, along with everything else she does for NODA, chairs the Recognized Show Committee. She helps coordinate with our Manager, Robyn Ambrose, Secretary, Mary Lou Gallagher, long-time Volunteer Coordinator Karen Eisenhauer-Shiring, and the newest member of this group, Mary Armstrong, Coordinator for Sponsorships and Advertising. Together, they ensure that competitors have a good show experience. This year the team introduced on-line entries and we're hoping we will be able to add on-line results through Fox Village for 2014. This team works very hard, but they also have lots of experience which helps them navigate all that is involved. They are all very important to the success of our Recognized Shows and the success of

Thank you to our vigilant and hardworking

2013 Committees

Communications

Correspondence Secretary:

Rosemary Rufo 330-527-7836

correspondence@nodarider.org

Newsletter Editors:

Layout/Content: Elizabeth Bross

814-881-2786

Elizabeth-editor@nodarider.org

Advertising/Content: Mosie Welch

330-618-5838

Mosie-editor@nodarider.org

Review/Editing: Sharon Lewis Sharon-editor@nodarider.org

Classifieds: Jill Voigt 216-346-2811

Classifieds@nodarider.org

Webmaster and Facebook: Linda Cooley

440-941-6269

webmaster@nodarider.org

External Relations: Lisa Gorretta

440-543-8682

ext-relations@nodarider.org

Educational Programs

Co-chairs:

Marcia Doyle 330-562-8456

Marcia-Edu@nodarider.org

Berni Moauro 330-467-0619

Berni-Edu@nodarider.org

Membership & Handbook

Chair: Fran Cverna 440-834-1774

membership@nodarider.org

Junior & Young Rider Liaison:

Lauren Hunter 812-655-0375 jr-yr@nodarider.org

Member Liaison: Kathy Kirchner

330-995-6010

memberrep@nodarider.org

Professional Liaison: Mary Dana Prescott

440-256-8858

Historical

Historian: Lora Burgess 440-554-6736

historian@nodarider.org

CompetitionsRecognized Show

Chair: Niki Sackman

<u>rs-chair@nodarider.org</u> *Manager*: Robyn Ambrose

440-858-2164

rs-manager@nodarider.org

Show Secretary: Mary Lou Gallagher

216-251-7469

rs-secretary@nodarider.org

Volunteer Coordinator: Karen Eisenhauer

330-220-4705

rs-vol-coord@nodarider.org

Sponsors/Advertising: Mary Armstrong

440-289-7265

sponsors@nodarider.org

Schooling Show

Chair: Kara Maruszak 440-655-9376

schoolingshow@nodarider.org

Show Secretary: Jennifer Tulleners

440-213-6685

ss-secretary@nodarider.org

Volunteer Coordinator: Gail Patton

440-442-5256

Year-End Banquet

Chair: Vacant

Awards

Chair: Janeen Langowski-Grava

440-666-6182

yearend-awards@nodarider.org

NODA's Board welcomes all comments and opinions regarding NODA activities, shows and policies. Please contact member liaison Kathy Kirchner.

Monthly board meetings are held the second Monday of each month from 7 to 9 pm at Panera Bread, 6130 Kruse Drive in Solon.

Members are welcome to attend. See monthly calendar for details as on occasion the location of the meeting Newsletter <u>Adverti</u>sers

Big Dee's

Buckeye Nutrition

CMP Equine Transport

Cross Winds Farm

Equestrian Pursuits Massage by Mosie Welch

Ledge Hollow Stable

Mary Armstrong Dressage

North Crest Equestrian Center

Rivendel Farm

Saddles 101

Schneider Saddlery

Shade Tree Farm with Stein Equine

The Visiting Vet

Topline Stables

United States
Dressage Federation

Valley Riding, Inc. at Rocky River Stables

Please Support NODA's Advertisers and Sponsors With Your Business Treasurer, **Jennifer Kick**. She continues to make sure that we maintain enough money in the bank to cover our bills, that our taxes are filed, and that we maintain records in a manner that assures our 501c3 tax status. This past year she was instrumental in helping to get online entries up and working properly. I especially want to thank her for staying on as Treasurer when we couldn't find anyone else to run for the position.

Thank you to **Kathy Kirchner**, Noda's Member Liaison. She acts as the liaison between the members and the board. She is available to take the members' ideas and concerns to the board. Kathy also serves as one of NODA's elected Directors at Large (DAL), regularly volunteers at our shows and educational events, and has been a member of the Banquet Committee for many years. With all she does, she is still has time to edit my letter each month. Thank you, Kathy, for bringing your many talents to NODA.

Thank you to our Jr/YR liaison, **Lauren Hunter**, who even with her busy college and riding schedule has jumped in with both feet to lead our Juniors. Lauren is helping to develop a scholarship for our Juniors, and also is a member of the Volunteer Update Ad Hoc committee. Lauren doesn't volunteer only for NODA either; she is also involved with organizing Kent State's Intercollegiate Dressage Association team. Members like Lauren are the future of NODA.

Thank you to **Patti Valencic**, NODA's Secretary. Patti diligently cuts through the clutter and sometimes confusing chatter to record NODA's History for all that will come after us. She also helps out at our schooling shows and banquet every year. Unsure whether this was one more volunteer job she wanted to take on, she agreed and we are so grateful to have her these last two years. We look forward to the next two.

There are so many others to thank. **Barb Soukup**, who logged over 46 hours scribing for our three USDF Certification Workshops this year alone, is a member of the NODA Board as a DAL and also represents Region 2 as a PM delegate. **Mary Dana Prescott**, our Professional Liaison, keeps the lines of communication open between NODA and our Professional members, and is one of our Lifetime Achievement recipients from 2012. Thank you to **Lora Burgess**, Historical Committee Chair, who has set up computer storage for our historical information. We will soon be able to access our historical information for research and reprint, online. Helping her in this past year has been **Katie Fink**. Thank you also to **Rosemary Rufo**, our Corresponding Secretary.

Speaking of NODA's Directors At Large, we also must

recognize and thank **Alice Brightup** for her years of service in this most recent position. Alice has held many positions over the years. Before DAL, she was our Membership Chair for many years.

Thank you to all these many people listed above and for all those volunteers not listed. You all are so important to the continued success of this organization.

I look forward to another successful two years working with all of you.

Thank you,

Dee Liebenthal, President

Ledge Hollow Stable

982 Ledge road - Medina, OH 44256





Jeanne Miller-Fashempour Bronze Medalist,FEI rider

Boarding ~ Lessons ~ Clinics School Masters for Lease

Indoor & outdoor arenas, Round Pen, Daily
Turn-out in Pastures and Paddocks.
Adjacent to Hinkley Metropark Bridle
Trails. Minutes from I-71, I-77 &I-271 in
NE Medina County.

High School Athelete Program

Earn your Equestrian High School Letter 330-239-2587

www. LedgeHollowStable.com

Dale Lappert, NODA Founding Member and Longtime Active Supporter Receives NODA 2013 Lifetime Achievement Award

Comments written and presented by NODA External Relations Chair, Lisa Gorretta Saturday November 16, 2013 at the NODA Year End Awards Banquet

ODA's recipient of the Lifetime Achievement Award for 2013 is a familiar name and face to most of the people here tonight. Her involvement in our organization dates back to its infancy in 1969, as she is one of the founding members. She has ALWAYS been an active member, serving as the manager of the NODA Breed Shows for several years, as NODA's President for six terms and today, continues to serve on the Executive Board as our Parliamentarian. But we will come back to her service to NODA in a moment.

She has also been active in the sport of Dressage both regionally and nationally. She has served as our GMO delegate to the United

States Dressage Federation (USDF) Annual meetings for many years and continues in that role today. This year's recipient is an active participant in many of the regional, council and committee meetings, as well as the USDF Board of Governors. Through USDF, she has played an active role in the direction and development of the sport of dressage in the United States. She served on the USDF Council of Judges and has been a strong advocate for the USDF University Program, including as a University program presenter.

The love of dressage has fueled her through many years, during which time she furthered her education by riding with good teachers, including Emmy Grant Temple, Lockie Richards, Bert de Nemethy, Dr. Van Schaik, Gabor Foltenyi and Nancy Smith. Her love of the sport led her to judging and she received her small r license from the AHSA, now USEF, in April 1978. When the large R dressage judge license was established, she was promoted in December 1981. She continues an active judging schedule and also continues to attend clinics when time allows and attends the USDF Annual Convention whenever she can.

During all of this time she has owned and operated Rivendel Farm in Garrettsville, Ohio. Rivendel is a friendly boarding facility that, in addition to dressage, boasts trails



For her continued support of our dressage community, NODA thanks Dale Lappert and adds her name to the roll of recipients of the Northern Ohio Dressage Association Lifetime Achievement Award. Photo by Dee Liebenthal students to become NODA members

Dale Lappert

"R" Dressage Judge

and a cross country course, a reflection perhaps of her years teaching at Red Raider's School of Combined Training, where I first met her and was privileged to have my own introduction to the never ending education that horsemanship and dressage can provide. And I know I am not the only one in the room that can make that statement!

And this brings me back to my earlier comment about her service to the Northern Ohio Dressage Association. Through the years she has shared her passion for the sport with her many student; young and old alike. I think I can safely say that she has encouraged (cajoled, shamed, badgered and no doubt bribed) more students to become NODA members and VOLUNTEERS for this

organization than probably any other three of us. She regularly, if not systematically, has brought new blood to our meetings, events and competitions. And many of these new members have gone on to become not only active members and competitors, but also our Board members, Committee Chairs and Officers.

For all of this and her continued support of our dressage community, we thank Dale Lappert and add her name to the roll of recipients of the Northern Ohio Dressage Association Lifetime Achievement Award.

RIVENDEL FARM DRESSAGE INSTRUCTION BOARDING - TRAINING INDOOR & OUTDOOR RINGS - CROSS COUNTRY COURSE QUALITY CARE - TURN OUT

Garrettsville, OH

330-527-4683

Bonnie Grav

Instructor/Trainer

2013 Edy Ujczo Horse Partnership Award is Presented to Susan Hunter

Winning essay by daughter, Lauren Hunter

e all know that no gift we give to our mothers can equal the gifts they have given to us. Because we know we can never make it up to them, I think the best thing we can do is to recognize all the gifts that they give us, use them wisely, and be thankful. This is why I want to nominate my mother, Susan Hunter, for the 2013 Edy Ujczo Horse Partnership Trophy.

Motherhood sure looks like a tough job. Children have to be taught how to walk, talk, and eat. They make a lot of dirty diapers, and they never clean up after themselves. Every good mother has to get their child some kind of education. You also have to try to keep them healthy. You have to give them clothes and a place to

live. But nowhere in the rules of good motherhood does it say that you have to support their addictive horse habits. Well, she doesn't have to, but my mother does.

To say that my mother does a lot for her kids would be an understatement. In everything she does, she thinks of us. Just knowing that I am loved, prayed for, and thought of that often is enough of a blessing to me. But she does so much more than that. Once I was on the phone with my

mom and she told me, "Great news, Lauren ... Guess what! The hospital is giving me extra hours this week!" That didn't sound like very good news to me ... I was going to ask her why she was so excited about doing MORE work, when she added on, "now maybe I can pay for you to go to that clinic you were telling me about!" After we got off the phone I cried. Every time I catch her working late, I feel a little guilty, and a lot of love. I know that if it weren't for my riding, she would never have to work so hard.

My mother attends every single clinic and horse show I go to, even if I try and tell her its not that important. The only



Susan Hunter proudly holds her award and enjoys the moment with daughter, Lauren, at the November NODA Awards Banquet and Celebration. Photo by Dee Liebenthal

being for me. She goes to all these events with me, she pays for mostly everything, and she helps me to get ready in whatever way she can. What makes her even more special is the fact that she is genuinely happy to be there. When I'm stressed or nervous about to go in to the ring for a clinic or show, nothing helps me more than to see my mom walking in with a big smile on her face. Once I begin, however, I can't look at her because I think she gets more nervous than me!

ones she misses are the ones

inconveniently scheduled for when she

has to go in to work or be out of town

for work so that she can pay for it. Every other time, she is there. I can't

even count the number of shows at

entering a test with my horse's boots

warm-up. She also recently bought

herself a new camera. She couldn't wait until my next clinic, so that she

could get videos and pictures for me.

she bought herself somehow ended up

Somehow, even the special present

which she has stopped me from

on, or remembered to grab my number for me before I went into the

I asked her once if she wanted me to quit, because I thought it would be so much easier for her if I didn't ride anymore. I was feeling guilty because I was going to school, not working, and she had to work overtime to pay

for my expensive horse addiction. I wondered if I could ever get good enough to make all of her hard work seem worth it. She, with tears in her eyes and no hesitation at all said, "Honey, never feel like you aren't worth it. If I didn't believe in you, I wouldn't do any of this for you. I love you and I will always be your number one fan. Don't give up on your dreams. I'll always be proud of you no matter what." If that alone doesn't earn her this award, I don't know what could. One day I hope to have more to give back to her; but as for today, I can only hope to give her this award. She has earned it.



"We all know that no gift we give to our mothers can equal the gifts they have given to us." But the smile on Lauren Hunter's face as she enjoys time with Lego may go a long way!

Horsewear on SALE NOW!

Turnout &
Stable
Blankets
Sheets
Coolers



Dont Forget! Mark your calendars!

Moving Sale
January 30th thru
February 1st, 2014

We're moving! Look for our new store to open in early Spring 2014





Store Hours: M-F 9:30-6:30 Sat 9:30-5:00 Closed Sunday

WWW.BIGDWEB.COM

9998 St. Rt 43, Streetsboro, OH 44241 **1-800-321-2142** or 330-626-5000

NODA Junior Member, Julia Christopher, Shares Her Experience at the 2013 US Dressage Finals

by Julia Christopher with photos by Jean Christopher

y name is Julia Christopher and I am a 17 year old student at Highland High School. I recently had the opportunity to compete at the US Dressage Finals which took place at the Kentucky Horse Park, November 7 through 10, 2013. I want to share my experience with you.

I began riding at seven years old and have competed in dressage since I was 13. I own a 7 year old Andalusian gelding named Diego Everado. I bought him a year ago from a farm in

Michigan were he was living in a field with his mom. Diego and I board at Timberlane Stables in North Royalton, Ohio where we train with Joanne White, a USDF Bronze, Silver and Gold medalist. Since bringing him home, Joanne and I have worked for a year teaching and training him and began showing him at first level in 2013. This year, Diego

attended his first show at Grand Haven and received great scores, especially given how little time he had in training up until then.
Competing in recognized shows, we dedicated countless hours to our training program, preparing for and entering into levels of competition, and even began looking toward qualifying for regional's.

At one of our last shows of the year, Waterloo in Michigan, we were at the competitor's party watching freestyles and Joanne asked if Diego and I wanted to make a freestyle



Julia and Diego Everado enjoy their victory lap after placing seventh in the First Level Open Freestyle on a score of 64.4% at the US Finals.

routine. The next thing I knew, we were at Down Center Line competing with our Spanish-guitar-and-drum-music freestyle where we earned both of our qualifying scores for regional's in the freestyle. At the Region 2 Dressage Finals we earned a 68.8% and third place. Junior riders weren't allowed to attend the nationals; however the freestyles are all open classes so I was invited to compete by placing third in the Region 2 Dressage Championships.

Competing at the Dressage Nationals with guidance from

Joanne was an incredible experience for Diego and me. Just being there was an honor. When showing, most people want first place or need a qualifying score; however at the Nationals everyone seemed pretty relaxed and happy with any result or placing because they were just glad to be there. Every horse there was gorgeous, and I've never seen the kind of energy that all of the competitors had!



Julia and trainer, Joanne White, share a moment with Diego before competition.

I competed in the first level championship freestyle and took seventh place with a 64.4%. As you would imagine,

Julia and her 7 year old Andalusian gelding, Diego, enter the vast Alltech Arena at the Kentucky Horse Park where all the Championship classes for the 2013 US Dressage Finals were held. A year ago, Diego was still living in a field. the competition was extremely tough at every level. There were nine horses in my class, all from different states. Thursday night's warm up ride was an experience in itself. The arena was closed during the welcoming party so at 8 PM when it opened for schooling it filled immediately with at least twenty or thirty horse and rider pairs all anxious to practice for their tests. The arena was jampacked with horses from every level going all over the ring. It was amazing how calm every horse was - not one spooked or made a scene.

We were fortunate that we got to stable Diego in one of the three heated indoor barns right across from the Alltech ring, which was unbelievable too. All of the championship classes were held in the Alltech indoor arena so we had immediate access to



Julia and Diego take time out from schooling in the Alltech Arena to get their photo taken.

the competition, any time we wanted to watch and to enjoy. There were also tents set up a little bit away with more horses that were located near other show rings for the competition that the Kentucky Dressage Association was hosting. The barns were all very nice and completely full. The people in them were all very nice. Participants had banners, food, horse treats, and pictures everywhere around the barns supporting their barn members. The Alltech arena had shopping every day, competitors parties each night and events for people to see. Every night we enjoyed a fun event with food, beverages, or appetizers. Attending these gave me the opportunity to meet riders from states all over the nation, including California.

Competing at the USDF Nationals has inspired me to work even harder with Diego. My goal is to get him to progress up the levels with me and to be able to perform and move like some of the other remarkable horses did in Lexington. Diego is still young and his accomplishments in 2013 have encouraged me and helped me see what he can do with

good training. I know that he can perform at that FEI level and we will continue to train together until we reach our full potential. Of course, my long term goal is to get all three of my USDF rider medals and also to try and earn all the freestyle bars. For now, I hope to earn my bronze within a few years on Diego and to keep progressing together as a team.



Diego sporting his ribbon and Julia sporting her US Dressage Finals jacket.

Congratulations! Region 2 Schooling Show Award Winners NODA Member Results

Intro Level AA

Champion

Lea Wojtkiewicz & Winter Sky

69.922%

Reserve Champion

Janice Boehm & Jenn's Second Chance

68.906%

Training Level AA

🖈 Reserve Champion

Tara Kilburg & Wrangell Zephyr

70.280%

★ Third Place

Lea Wojtkiewics & Knight's Moon Shadow

68.712%

★ Sixth Place

Tay Laster & Kit' Astrophe

65.650%

Seventh Place

Niki Sackman & Mercedes Colortyme

61.997%

★ Eighth Place

Stephanie Kiroff & Viva Rosa

60.105%

★ First Level AA

Reserve Champion

Jana Tuckerman & Taconite Mike

64.475%

Third Place

Tay Laster & Kit' Astrophe

63.550%

Note from NODA's President

I was very surprised and happy to realize that NODA
 ★ was extremely well represented (in the Region 2
 ★ Awards) this year. Of the 17 ribbons that were
 ★ awarded, NODA members took home 8, nearly 50%!
 ★ Congratulations to all those that took advantage of this opportunity. I think more NODA members
 ★ should apply in 2014.

🖈 Thank you, Dee Liebenthal

For information on Region 2 awards please go to <u>www.usdfregion2.org/awards.html</u>

Start a Core Strengthening and Mobility Exercise Program for Your Horse by Mosie Welch

inter in north east Ohio is known for freezing temperatures, lots and lots of snow, and dangerous, icy conditions. Not optimal for a balanced cross training program for your horse even if you have an indoor arena. If you have no indoor available, you count on good weather days and okay footing to get your saddle time or lunge in...or just throw up your hands and give your horse the winter off. Many of us can only dream of heading south to warmer climates, so we are stuck facing days of dwindling light and frigid temperatures. Winter is often the time when we are developing for the next level of work and hoping to progress and come out in the spring with new skills, better balance, more effective lateral stability, as well as better use of the topline. Oh! Did I mention gaining true elasticity? It is my experience as a massage therapist, that horses at all levels put through ground exercises as a part of their routine are better able to stay fit, improve strength and flexibility, and

come out more supple and ready to perform. Starting with good old carrot stretches (done correctly) and adding a few other targeted exercises, you can develop a program that will bring out the very best in your horse.

The key to an effective program is the ability to evaluate your horse and then target areas of weakness while building on your horse's strengths. Any horse can benefit, but this article will address only horses that are in regular work as horses that are in rehabilitation, have chronic conditions, or older horses may have special considerations when starting an exercise program. In any case, winter is a great time to evaluate your horse. As the weather gets cold, horses like humans, will show signs of increased stiffness and tightening, that are clues to some of their weaknesses. Also consider conformation, posture, age, training level, performance, and any past injuries or illnesses. Review your dressage tests for consistent remarks and think about training issues identified by clinicians or your trainer. Make note of what is consistently easy for your horse as well as what is difficult. Take all this into consideration as you plan your program.

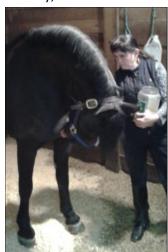
Weekend warriors or those horses that are

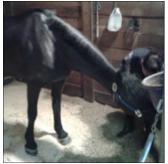
not under saddle for the winter will benefit from ground exercises. A program will provide huge bang for the time you put in. Horses that are sedentary all week and then are ridden one or two days on the weekend are ripe for injury. Put them on a strength and flexibility program as part of your barn routine and enjoy getting back on your horse when you can. You will find them more flexible and stronger if you incorporate regular ground exercise, preferably five times a week.

Your exercise program should compliment the under saddle program you and your trainer have put together. Consider a program that you can easily do three to five times a week as part of your barn time. Putting your horse through targeted exercises after a ride or lunge takes advantage of the horse's warm and more elastic muscles with the added benefit of helping to work out any kinks or tightness that may have developed. The bulk of your

exercise program should take place after the horse has worked for the day while the muscles are still warm. I do light stretching prior to taking my horse from her stall, then groom, tack up, and work under saddle, and finish with my targeted ground exercise routine. On days when I have limited time or simply can't face a ride in the bitter cold, I use a good grooming followed by light stretching and then my regular ground exercise routine hoping to improve my mare's circulation, allow her muscles to contract and stretch, move her joints, and share quality time with my equine partner. A side benefit of exercises is that your horse learns to allow you to handle all parts of his body, follow your lead, and move as directed.

When you are getting started in a new program or adding new exercises, remember that during the first few weeks both you and your horse are learning, so let the horse become proficient before you become too demanding. I have many people tell me they stop doing the exercises because their horse does not do them easily. Horses need the very exercises that are the most difficult. So go slow and develop good form before depth. As with figures udder saddle, think correct form. Evaluate how long you are encouraging your horse to hold a stretch. Is the poll up? Is your horse beginning to stand still and





Sietske, a Friesian mare, doing her rounding and reaching exercises which encourage flexibility in the withers, neck, and poll. It is always wise to finish your session with reaching exercises. Photos by Denis Osowski.



Making the Connection Between Tradition and Innovation

Visit SSTACK.COM Today and Shop our Dressage Collection

Joseph Sterling® Aachen Dressage Halter & Lead





Dressage Accessories from Joseph Sterling® & Back on Track®

Joseph Sterling® Dressage Snaffle Bridle with Crank



Schneider Saddlery

8255 E. Washington Street Chagrin Falls, OH 44023

Mon-Wed, Fri 10am-6pm, Thurs 10am-7pm Sat 10am-5pm, Sun Closed



stretch? Are the stretches getting easier and deeper? As the weeks go by, increase the repetitions and hold the stretches longer, allowing the horse to develop strength and elasticity over time. Keep at it and before you know it, you and your horse will have the routine down.

Safety is always a factor. Use care when using treats or carrots to get the horse to stretch, especially if your horse is pushy or nippy. Only perform exercises on surfaces that minimize the chance for slipping such as rubber mats or sand. And always position yourself with room to move out of the way.

How many repetitions are needed to make a difference? Think about your own exercise routine. You need more than 2-3 reps daily to see a difference. So, start with 10 total repetitions for your horse and over time build up to 40 - 50 total repetitions to gain true benefit. For example: Stretching the horse's nose to hock level to the right 5 times is five repetitions. Then you also need to stretch him 5 times to the left, combined that is a total of 10 repetitions. There are enough exercises options that you can easily put together a targeted program and be able to change it up a bit to keep your horse from getting bored. If your equine athlete is suddenly no longer able to easily do an exercise that he has done well in the past consider that a bright line indicator; it may be a sore back, a muscle spasm, he may need a saddle check, or there may be a need for the vet to take a look. Don't simply keep pushing through the exercises hoping it will go away.

There are several ways you can get started. One way is to enlist the help of an equine massage therapist. A good massage should provides you with a snapshot of your horse's mobility, muscle tone, stability, balance, and reactivity and point to your horse's strengths and weaknesses. Fill in information based on the horse's performance and your riding habits. Routine massage (as often as every two weeks and as far apart as every few months) provides feedback on your exercise program and can help direct changes based on your horse's reactions. It provides the opportunity to discuss exercise technique and



Sietske takes her nose to hip level and you can clearly see the stretch through her left shoulder, her poll is the highest point even as she bends, and her throatlatch is open. This is great for lateral flexibility through the back, wither, neck, and throatlatch. Photo by Denis

adaptations that may be needed. A massage therapist works with a variety of horses and can help with problem areas and evaluating progress. Whether you work with someone or develop a program on your own, I believe it's important for the horse owner to be as educated as possible. There are several books that are quite helpful to riders seeking to understand fitness and ground exercises. These books can be used to develop your own program.

The first two books focus on both under saddle and ground exercises for your horse. A good ground exercise program should be designed to enhance your under saddle work. The first book is 101 Dressage Exercises for Horse & Rider by Jec Aristotle Ballou, published by Storey Publishing. It has an overview of how to develop a riding plan, and a broad range of under saddle exercises that are very

useful. It includes some stretches and lifts. Ballou has also published Equine Fitness, a Conditioning Program of Exercises and Routines for Your Horse. This is a more in depth look at equine fitness and a good overview of the horse's musculoskeletal system, and the ground exercises are presented on pull out cards that can be easily taken to the barn.

A great book which is focused on how and why to do targeted exercises is Activate Your Horse's Core, Unmounted Exercises for Dynamic Mobility, Strength, and Balance by Dr. Narelle Stubbs and Dr. Hillary Clayton, published in 2008 by Sport Horse Publications. It is a good overview of the horse's musculoskeletal system and a

good variety of exercises are explained and demonstrated through photos and a 50 minute DVD. It is a little technical and some can find that daunting, however, the DVD is a great way to learn some basic exercises. It also explains some research that has been done at Michigan State University and the results that can be obtained by having your horse on a routine ground exercise program. The book comes laminated in a size that is easy to take to the barn. If you read Dressage Today you are familiar with Dr. Clayton's articles, as well as her background in research.



Michele Vonk performs a shoulder stretch on her OTTB, Crusader Creek (aka Shorty), to release the forearm as well as the triceps into the back. Shorty is standing on a rubber mat. Photo by Mosie Welch

Ground exercise are not new, but in the past decade there has been a distinct shift in understanding our horses as athletes. There is a focus on using ground exercises as a cross training opportunity. We always wish our horses could talk and tell us what they are feeling and what is bothering them. A good ground exercise program is a window which allows you to observe your horse move in a controlled way over time. It will help you learn how he moves and begin to pinpoint trouble areas more easily. Winter is the perfect time to incorporate targeted ground exercises and reap the benefits. Having witnessed performance results from good ground exercise programs for horses at all levels, I highly recommend adding a program to your barn routine.



Equestrian Pursuits, LLC

Equine Massage by Mosie Welch

330-618-5838

mosie_welch@hotmail.com www.equestrianpursuits.com

> Flexible and Strong Ready to Perform



Topline Stables At Walden



1109 Aurora-Hudson Rd. - Aurora - Ohio- 44202 330-995-0039 Office 440-666-6182 Cell



BOARDING - LESSONS - CLINICS - SALES - TRAINING "Excellence In Horse Care & A Friendly Atmosphere"

Amenities Include

Full-Care Board and Training Facility, Indoor & Outdoor Arena, Grass Pastures, Daily Turnout,

Stalls Cleaned Daily, Three Feedings Daily & MUCH MORE!!

Owner/Trainer: Janeen Langowski-Grava

- USDF Bronze & Silver Medalist
- Member of NODA, USDF, & USEF
- Active Participant in Clinics & Horse Shows
- Lesson horses/school masters available

www.topline-stables.com



janeengrava@earthlink.net



Become a Certified Barn Today!

Earn quarterly rebates for every bag of Buckeye® Nutrition purchased!

Do You:

Own a few horses?

Own a barn full of horses?

Spend too much \$\$\$ on feed?

Want to save \$\$\$ on your feed bill?

Like receiving checks in the mail?

If you checked one or more boxes, this is the program for you!

Hay analysis and customized feeding recommendations available



Contact Janice Lavrich, District Sales Manager

330.958.1826 ● JLavrich@BuckeyeNutrition.com

Trust the Experts in Equine Nutrition www.BuckeyeNutrition.com

© 2013 MARS Horsecare US, Inc



USEF/USDF News

New/Revised FEI Dressage Tests as of Jan. 1, 2014

USEF Dressage Department, Lexington, Ky. (Dec 20, 2013) The Fédération Equestre Internationale (FEI) has announced revised and new dressage tests that will come into effect January 1, 2014. The FEI has revised its Intermediate II, Grand Prix and Grand Prix Special, which will be applied at the start of the 2014 competition season. Additionally, a Medium Tour has been announced to assist horse-and-rider combinations transition from the Small Tour to the Big Tour. The Medium Tour will utilize the newly introduced Intermediate A and B Tests and may be offered at either CDI Events and/or USEF/USDF Dressage Competitions.

These new and revised tests will impact USEF and USDF programs and championships as outlined below:

- USEF Dressage Competitions may offer all FEI Tests effective January 1, 2014. CDI Organizers should refer to the updated FEI rules.
- For the USEF Young Adult 'Brentina Cup' Dressage National Championships, when ridden in a CDI within the qualifying period, riders may choose to count either the FEI Intermediate II or the FEI Intermediate B towards the ranking list. There will be no changes to the tests ridden at the Championships.
- For the Markel/USEF Developing Horse Grand Prix Dressage National Championships, there will be no changes to the tests that the horse/rider combinations ride in the qualifying competitions or at the Championships.
- To qualify for the GAIG/USDF Regional Championships, horse/rider combinations will need to use either the Intermediate B or Intermediate II test to qualify for Intermediate B (formerly Intermediate II) Championship. At the Regional Championships and US Dressage Finals, horse/rider combinations will ride Intermediate B test.

Tests can be found at: www.fei.org/fei/your-role/organisers/dressage/tests

USDF Announces Honorary Instructor Program

Lexington, KY (December 10, 2013) – The United States Dressage Federation (USDF) is pleased to announce the establishment of the USDF Honorary Instructor Program. This program has been carefully developed with great consideration over the last several years, by the Instruction Certification Strategic Planning Group (ICSPG) together with the Instructor/Trainer Committee. The final proposal was presented to the USDF Executive Board and, after thoughtful examination, has been endorsed. The purpose of this new program is to complement and enhance the present Instructor/Trainer Program. The goal is to promote our instruction programs and to advance

them to the current national and global standards that we espouse as the national educational organization for dressage.

Kathy Connelly, who has chaired the ICSPG since its inception four years ago and has been instrumental in the development of this project, stated: "We are proud of our past and want to proceed forward towards our future, aligning with the pipeline created with the USEF programs". The USDF is looking forward to incorporating the knowledge and skills of the Honorary Instructors in future programs and endeavors.

For more information on the USDF Instructor/Trainer Program and the Honorary Instructor Program, visit www.usdf.org or contact the USDF Education Programs department at instructorcertification@usdf.org.

USDF Announces New Ravel Education Grants

Lexington, KY (November 26, 2013) - The United States Dressage Federation (USDF) is pleased to announce a new grant program, Ravel Education Grants, supported through proceeds generated by sales of licensed jewelry designs of Ravel by Jane Heart Jewelry. Ravel is America's most decorated Grand Prix Dressage horse and a 2012 USDF Hall of Fame inductee. Developed by the USDF Youth Programs Committee in partnership with Akiko Yamazaki, Ravel's owner, as part of the current USDF Shining Star Award program, this new grant is designed to recognize the most outstanding displays of sportsmanship among USDF youth. The Shining Star Award program recognizes acts of sportsmanship that show the individual has gone above and beyond what is expected of all USDF youth members.

Akiko's selection of this program was based on the USDF Youth Programs Committee definition of good sportsmanship, qualities Ravel displayed throughout his career: Courage, Respect, Perseverance, and Responsibility. All USDF Shining Star Award recipients will be eligible for these grants, which will be used to cover expenses associated with attending an educational dressage event of their choice. Up to four \$500 Ravel Education Grants will be awarded each year. Akiko said "With these grants, I hope that the legacy of Ravel will continue in support of excellence in dressage, especially for our bright stars!"

For more information about the USDF Ravel Education Grants and the USDF Shining Star Award program, please visit the USDF website at www.usdf.org, or contact the USDF office at youth@usdf.org.

2013 NODA Awards Banquet and Celebration ● Photo Overview

Photos by Linda Cooley and Mosie Welch



Thank You to Our 2013 Banquet Committee

Chair, Carol Cassano **Dee Liebenthal Kathy Kirchner Marcia Doyle** Janeen Grava **Rachel Caracci**



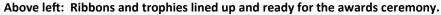




Above: NODA President Dee Liebenthal addresses banquet attendees.

Left: Longtime Banquet Chair Carol Cassano bids farewell as she has already moved to Kentucky.





Center: Each first place winner receives polo wraps with the NODA logo embroidered on them, a championship rosette, and an envelope containing a scholarship for training in the upcoming year.

Above right: Raffle items donated by businesses are a highlight of every banquet. Everyone has a chance to win!

Below: NODA thanks all the great volunteers who worked the evening of the banquet to make it a success! Your dedication is

greatly appreciated!



















Northern Ohio Dressage Association 2014 Membership Form

NODA membership runs 12/1/2013 through 11/30/2014

NODA is a United States Dressage Federation Group Member Organization

GMO

ORGANIZATION

A portion of your NODA membership dues go towards your group membership in USDF. A USDF Group Membership (GM) makes you eligible for USDF Rider Awards. Group Members may participate in recognized shows without the payment of USDF non-member fees, are eligible to earn university credits, receive member discount rates for USDF events, and receive the USDF Connection magazine. (Supporting Family members do not receive a subscription to the USDF Connection – one magazine per "family.") See www.nodarider.org or www.usdf.org for eligibility to qualify for USDF regional and national championships.

Awards program Banquet Education (clinics/seminars) Governance (officers/chairs) Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Please make checks payable to NODA and mail to: Fran Cverna	Date:	Renewal New		22.000		
□ Adult Amateur □ Professional □ Youth, birth date required: Youth is a NODA membership category that includes both Juniors (IR) and Young Rider (R). Sign up for YOUTH membership unless you turn 22 or older in 2014, if you turn 22 or older in 2014, you must sign up for Adult Amateur or Professional membership. Note that NODA schooling shows and year-end awards may have separated Junior categories. Consult the NODA Schooling Show Pitze List and Year End Awards guidelines to definition of Junior. Address: □ City, State □ Zip: □	Name: USDF #					
Phone: Email: If you do NOT want your email printed in the NODA Handbook, check here Additional/Supporting Family Name (1)	Adult Amateur Youth is a NODA membership you turn 22 or older in 2014,	☐ Professional category that includes both Ju you must sign up for Adult A	uniors (JR) and Young Riders (\) Amateur or Professional member	ate required:	hip unless you turn 22 or older in 2014. If a shows and year-end awards may have	
If you do NOT want your email printed in the NODA Handbook, check □ here Additional/Supporting Family Name (1)	Address:		Ci	ty, State	Zip:	
If you do NOT want your email printed in the NODA Handbook, check □ here Additional/Supporting Family Name (1)	Phone:	Email:				
(Must live at same address: includes ALL benefits, excludes USDF magazine and NODA newsletters): Addit Amateur	If you do NOT want your email printed in the NODA Handbook, check □ here					
(Must live at same address: includes ALL benefits, excludes USDF magazine and NODA newsletters): Addit Amateur	Additional/Supporting	Family Name (1)			USDF #	
Phone:		; includes ALL benefits, exc	cludes USDF magazine and	NODA newsletters):		
If you do NOT want your email printed in the NODA Handbook, check □ here Additional/Supporting Family Name (2)	□ Adult Amateur	□ Professional	☐ Youth, birth da	ate required:		
Additional/Supporting Family Name (2)	Phone:					
(Must live at same address; includes ALL benefits, excludes USDF magazine and NODA newsletters): □ Adult Amateur □ Professional □ Youth, birth date required: □ If you do NOT want your email printed in the NODA Handbook, check □ here To add more family members, use other side of form, or contact membership@nodarider.org NODA Newsletter subscription only Newsletter subscription excludes USDF GM Membership, discounts, eligibility for NODA awards and Schooling Show Championship. This is not a membership. Address: □ City, State □ Zip: □ Phone: □ Email: Check all activities of interest to you Awards program Banquet Education (clinics/seminars) Governance (officers/chairs) Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org. Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long. Please make checks payable to NODA and mail to: Fran Cverna NODA Membership 12212 Snow Rd Burton, OH 44021 Newsletter subscription only \$24.00 Additional donation Scholorship Questions: Calestions Membership questions: call Fran Cverna at 440-834-1774 or	If you do NOT want your email printed in the NODA Handbook, check □ here					
Adult Amateur	Additional/Supporting	Family Name (2)			USDF #	
Phone:	(Must live at same address					
If you do NOT want your email printed in the NODA Handbook, check here To add more family members, use other side of form, or contact membership@nodarider.org NODA Newsletter subscription only Newsletter subscription excludes USDF GM Membership, discounts, eligibility for NODA awards and Schooling Show Championship. This is not a membership. Address:	□ Adult Amateur	□ Professional	☐ Youth, birth da	ate required:		
To add more family members, use other side of form, or contact membership@nodarider.org NODA Newsletter subscription only Nembership questions: call Fran Cverna at 440-834-1774 or	Phone:					
Newsletter subscription excludes USDF GM Membership, discounts, eligibility for NODA awards and Schooling Show Championship. This is not a membership. Address:						
Phone:	Newsletter subscription <u>ex</u> This is <u>no</u> t a membership.	cludes USDF GM Member	rship, discounts, eligibility			
Check all activities of interest to you Will attend / participate / read Awards program Banquet					Zip	
Awards program Banquet Education (clinics/seminars) Governance (officers/chairs) Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org. Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Fran Cverna NODA Membership 12212 Snow Rd Burton, OH 44021 Membership questions: call Fran Cverna at 440-834-1774 or	Phone	CMaii		The same of the sa		
Banquet Education (clinics/seminars) Governance (officers/chairs) Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Additional donation Felication Avarde Scholophics Membership questions: call Fran Cverna at 440-834-1774 or	Check all activities of interest to you Will attend / participate / read Will volunteer to help NODA					
Education (clinics/seminars) Governance (officers/chairs) Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Education Awards Program, and the NODA Handbook will be mailed to members is available all year at www.nodarider.org . Members are added to members are added to the NODA News and the email E-News all year long! Please make checks payable to NODA and mail to: Fran Cverna NODA Membership 12212 Snow Rd Burton, OH 44021 Membership questions: call Fran Cverna at 440-834-1774 or						
Governance (officers/chairs) Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Pediesties Awards Scholarships Additional donation Additional donation Additional Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships Membership questions: call Fran Cverna at 440-834-1774 or scholarships		• \				
Newsletter Recognized show Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Education Avanda Scholarshipe Comparison						
Schooling shows Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 NoDA Membership 12212 Snow Rd Burton, OH 44021 Membership questions: call Fran Cverna at 440-834-1774 or Scholarships	Newsletter	-,				
Web site, social media (Facebook) Other NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Education Avanta Scholambine Membership questions: call Fran Cverna at 440-834-1774 or service and servic						
NOTE: The printed NODA Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Fran Cverna NODA Membership 12212 Snow Rd Burton, OH 44021 Newsletter subscription only \$24.00 Additional donation Education Avastle Scholarships Membership questions: call Fran Cverna at 440-834-1774 or		cehook)	-	-		
who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org . Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent. Join early in the year to enjoy the printed NODA News and the email E-News all year long! Membership Dues: Adult Amateur or Professional \$45.00 / Youth \$35.00 Fran Cverna NODA Membership 12212 Snow Rd Burton, OH 44021 Newsletter subscription only \$24.00 Additional donation Education Avantage Scholorships Membership questions: call Fran Cverna at 440-834-1774 or	[
Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Education Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or	who join before June 1, 2014. All information about shows, awards and events is available all year at www.nodarider.org. Members are added to the NODA Newsletter mailing list as they join, all year long, but back issues are not sent.					
Adult Amateur or Professional \$45.00 / Youth \$35.00 Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Faluestion Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or	Membership Dues:			Diagram makes also also		
Family Member (Amateur, Professional or Youth) \$20.00 Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Feduration Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or	Adult Amateur or Professional \$45.00 / Youth \$35.00					
Family Member (Amateur, Professional or Youth) \$20.00 Newsletter subscription only \$24.00 Additional donation Education Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or	Family Member (Amateur, Professional or Youth) \$20.00					
Newsletter subscription only \$24.00 Additional donation Education Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or						
Additional donation QUESTIONS? Membership questions: call Fran Cverna at 440-834-1774 or						
Education Awards Scholarships Membership questions: call Fran Cverna at 440-834-1774 or		1 00€270730707070				
email membership@nodarider.org		Awards Scholarsh	nips	Membership questions: ca	all Fran Cverna at 440-834-1774 or	
TOTAL ENCLOSED: Other questions: call Kathy Kirchner at 330-995-6010 or email memberrep@nodarider.org		-		Other questions: call Ka	thy Kirchner at 330-995-6010 or	



Kristin Stein



Shade Tree Farm

IS A BOARDING AND TRAINING FACILITY FOR
THE DISCRIMINATING DRESSAGE RIDER
IT OFFERS
FULL CARE FOR THE HORSE
INDOOR/OUTDOOR ARENA WITH EXCELLENT FOOTING
WOODED BRIDLE PATHS
TURNOUT
TRAINING AND LESSONS

IS CURRENTLY ACCEPTING
HORSES FOR TRAINING
AND STUDENTS FOR INSTRUCTION AT
SHADE TREE FARM IN AKRON, OH

USDF BRONZE MEDALIST
COACH OF INTERCOLLEGIATE NATIONAL FINALIST
IN JUMPING 2 CONSECUTIVE YEARS
2009 REGION 1 CHAMPION TRAINING LEVEL
2010 REGION 2 RESERVE CHAMPION FIRST LEVEL
2011 REGION 2 SEVENTH PLACE SECOND LEVEL
2012 REGION 2 FOURTH PLACE THIRD LEVEL
CURRENTLY ATTENDING THE L JUDGES PROGRAM



CONTACT KRISTIN STEIN FOR MORE INFORMATION: 304-830-0529 STEINEQUINE@YAHOO.COM WWW.STEINEQUINE.COM BETSY REBAR SELL, OWNER/TRAINER 330-351-1124 MOLLY GAMIN, BARN MANAGER 330-618-8478



North Crest Equestrian Center



Julie R Taylor Instructor / Trainer northcrest44@aol.com

Dressage Lessons and Training - Lesson Horses Available

31735 Walker Road, Avon Lake, OH 44012 440-933-4654 www.northcrestequestrian.com



With Appreciation

To NODA's Current & Incoming President

Dee Liebenthal

Leadership

Dedication

Guidance

Enthusiasm

Determination

The NODA Board Extends its Thanks!

Member News

Dedicated Cleveland Horseman, Charles "Chuck" Kinney, Jr., Passes



Chuck Kinney at the 2012 NODA Award Banquet where he was added to the rolls of NODA's Lifetime Achievement Award for his ongoing contributions to NODA. Photo by Dee Liebenthal

Charles "Chuck" Kinney Jr. passed away on December 11, 2013 in Newbury, Ohio following a long battle with cancer. Born in Cleveland, Ohio on September 23, 1936, he was the owner/operator of Woodwind Farm in Newbury, Ohio. Chuck has been involved with horses since his youth. He attended Red Raider Camp as a child, and then later became the facility manager and a riding instructor.

Chuck attended Michigan State University and received a bachelor's degree in zoology,

with a minor in agriculture. In the early 1960's Chuck became involved with the Chagrin Valley Hunter Jumper Classic horse show, held annually at the Cleveland Metroparks Polo Field. And has been involved with this show ever since. In the late 1990's Chuck became a co-chairman of the Chagrin Valley PHA (Professional Horsemen's Association) Horse Show, Inc., a non-profit organization that runs the Chagrin Valley Hunter Jumper Classic.

Woodwind Farm opened in February of 1972. In addition to boarding, Woodwind Farm expanded to building jumps and supplying them to horse shows, at one time, 70 shows a year including The National Horse Show at Madison Square Garden. In addition to providing the jumps, he worked as ring crew and footing supervisor from the mid-1980's until The National Horse Show left Madison Square Garden. In addition to the American Invitational, the Chagrin Valley Hunter Jumper Classic, and The National Horse Show, Chuck has been involved with the Pennsylvania National Horse Show, the Washington International Horse Show, the Middleburg Classic, the Pan American Games in Indianapolis, the World Cup in Tampa, and many local shows including the Lake Erie College and Pennsylvania State University horse shows.

The family prefers that those who wish, may make contributions in Chuck's name to the Chagrin Valley PHA Horse Show Inc., P.O. Box 23552, Chagrin Falls, OH 44023. Private family services will be held. For additional information, a full obituary and to sign the guest book, please log online to: www.Brown-Forward.com. See more at: http://obits.cleveland/obituary.aspx?pid=168618942#sthash.uLvRdbjH.dpuf.

Short Term Volunteer Needed NOW Update and Edit the Schooling Show Prize List File

Want to be involved but can't come to meetings?

Want to earn your NODA bucks for 2014 from the warmth of your home in the off season?

Do you have experience with Publisher Software?

NODA has the perfect job for you!!!

Wanted: NODA member with experience working in Publisher Software on dropbox.

For: Update the existing prize list file for the 2014 Schooling Show Series Prize List and update the Criteria for NODA's Year-End Awards Program (Recognized and Schooling)

Time Period: As needed now through February 28, 2014. Must be to the printer March 1, 2014.

Job Description: Volunteer is a member of the Schooling Show Committee. Information will be supplied by the Schooling Show Committee, Awards Committee and the NODA Board. You won't be creating the document, just updating and rearranging.

Volunteer does not need to attend meetings, but must be prompt in answering emails and available by phone until the Prize List is published.

If interested please contact Kara Maruszak, SchoolingShow@nodarider.org

Have You Renewed Your NODA Membership?

Send in your 2014 NODA

Membership Renewal Form
by February 15th
To get every copy of the NODA News!

Complete the survey on the back and send in with your renewal before February 28, 2014 for a chance to WIN

a \$50 gift certificate!!!

Classifieds

Classified Ads

NODA Member/2 issues

FREE: 60 words or less \$5.00: 60- 80 words Photo \$5.00

Non-member/ per 2 issues

\$5.00: 60 words

Photo:

\$5.00/issue for photo in newsletter and on website

Free member ads will run for two issues only. One free ad per member at a time. Submit Ad and payment by 15th of the month.

Free Stable Listings: include contact info, city and three lines. Ads subject to editing. Website posting included.

Classified Editor: Jill Voigt Phone: 216-346-2811

Check payable to NODA:

NODA Classified c/o Jill Voigt 27059 Sanctuary Lane Olmstead Township, OH 44318

Email ad to:

Classifieds@nodarider.org

HORSES FOR SALE OR LEASE

For Sale: Icelandic Mare, 10y, 14H, Chestnut. Over 1 year training with Gudmar Peturssen. Very smooth tolt and trot. Has done fun shows, intro dressage, is great on trail. Good for farrier (barefoot), no bad stall habits, can be turned out with others or alone. Sweet, fun, smart, pretty, brave. \$6,500 but negotiable to good home nearby. Contact Jill 216-346-2811. (I-2)

APPAREL& TACK

For Sale: Rembrandt Dressage Saddle-17.5" seat, adjustable tree. Black. Good condition, recently reflocked, new billet straps. Asking \$845. Contact Patti at 440-338-7177. (I-2) For Sale: Wintec Dressage Saddle with CAIR. 16.5" seat, Easy Change Gullet System fits any horse, narrow to extra-wide.
CAIR Cushion System, easy care Wintec black Equileather.
Comfortable, classic lines, excellent condition. Great for training or showing. Price includes Saddle, Easy-Change Gullet System (narrow to extra-wide) and Wintec Slimline 60" Stirrup Straps (used once). \$425 Contact Linda 440/829-8236 or Webmaster@nodarider.org.(I-2)

For Sale: County Competitor dressage saddle, 17.5", wide/ extra wide tree, short flaps. Excellent condition! Bought it new five years ago. Great saddle, no longer fits my horse. Asking price \$2,500 OBO. Email susan.slotnick@gmail.com or leave message at 216-401-6886. (I -2)

For Sale: Barnsby Dressage
Saddle. Excellent condition, no
marks. 18" seat, wide tree. Deep
comfortable seat, wool flocked,
knee rolls put you in great
position. Saddle only, no fittings.
Original cost was \$2,100,
asking \$1,550. Pictures available.
Please contact Erika at (954) 304
4364 or erikawade@earthlink.net

For Sale: Trilogy "Debbie McDonald" Saddle - Size 18, medium wide tree. Serial #106. One owner, bought new in 2007. Very good condition. Well loved and regretfully for sale. Pictures at http://sst233.photobucket.com/user/

(I-2)

sturd/library/amys%20saddle? sort=3&page=1. Asking \$2,200.00. Please contact Amy at 440.669.8967 or sturd@virtecenterprises.com (I-3)

For Sale: County Competitor
Dressage Saddle. Black. 18"
seat; wide tree and gullet; 16"
flaps; 26" billets. Pristine
condition: no wear spots, no
marks. Used for private lesson
only. Photos available. Price
\$950 Includes girth, leathers and
irons. Also: Herm Sprenger 5"
French Link Snaffle Bit – Price \$40.
Contact Barb 440-238-0649, leave
callback number. Or email
barbara08@earthlink.net (\$I-3)

For Sale: Breeches - Used Pikeur, Anstaadt Das & Misc. brand winter and summer breeches – all in EXCELLENT condition, misc. colors in size 6/8 (26 Regular). Brand new full leather seat show white breeches (still with tags on) from Dressage Extensions. Make an offer on some or all. Contact Carol@CarolMore.com for photos and further descriptions. (\$I-2)

For Sale: NEW Konig Dressage
Boots. Ladies size 9, height 21",
calf measure approx. 14". Bought
for shows, worn ON CARPET ONLY
to break in. EXCELLENT condition,
no scuffs, scratches, dings. Boot
trees, pulls AND polar fleece
carrying socks included. Not
riding, sold horse. Cash. \$400
OBO (+ negotiable padded custom
boot bag). Contact Carol More
(Geauga County) at
Carol@CarolMore.com for more
information. (\$I-2)

STABLE LISTINGS

Bridlewood Dressage Farm Medina, Ohio Cheryl Slawter 330-239-1997

CBridlewood@aol.com

Board from \$300 (may be reduced for barn work), 2 indoor and 1 outdoor. Excellent care, friendly.

Candle Light Farms Noell Sivertsen-Edgell Chesterland, OH 44026 440-376-2117

<u>Sivertsenedgell@att.net</u>
Boarding, lessons, sales, training, leases, indoor/outdoor

Cloverfield Farm Mary Dana Prescott Kirtland, OH 440-256-8858

Boarding, training, lessons; dressage/jumping. Travel for clinics/shows/your farm.

Cross Winds Farm Bob Weston Chagrin Falls, OH 44023 (440) 543-5698 (440) 829-8165

www.thecrosswindsfarm.com remington75@windstream.net Boarding, training, dressage and eventing . Stalls available

Fair Weather Farm Kate Poulin 386-624-3968

katepoulin@yahoo.com

Chagrin Falls, OH

Heated barn/indoor, Grass /all season T/O, stalls cleaned 2X/day. Two outdoors, trails, security.

Kirgis Farm Mantua, OH 330-554-1716

www.kirgisfarm.com

Dressage/event barn, T/O, competent staff, large stalls, pastures, safe fencing,, indoor.

KKM Stables
Karen Stephens
Bellville, OH
419-688-1331 KKMStables@aol.com
www.KKMStables.com
Full-Service quality dressage training
thru the Levels. Improve balance,

strength of horse & rider.

MARY ARMSTRONG DRESSAGE *USDF BRONZE & SILVER MEDAL-FREELANCE FEI RIDER, TRAINER & TEACHER



Regional Intermediare 1 Champion
& Competed
Through Grand Prix

SPECIALIZING IN COMPETION & TRAINING STRATIGIES FOR BUSY ADULTS AND YOUNG RIDERS
Leasons, Clinics, Discussions

WILL TRAVEL TO YOUR LOCATION

CHECK MY WEBSITE AT:

www.marmstrongdressage.com or Email at: maryarmstrong74@gmail.com Cell 440-289-7265 снеятехьню, оню

STABLE LISTINGS

Grand Prix Farm Kelli Flanagan Valley City, OH44280 330-483-9055

www.grandprixfarm.com

Boarding, lessons, schoolmasters available, indoor & outdoor arena, heated observation room

Ledge Hollow Stable Jeanne & Terry Fashempour 330-239-2587

Medina, OH 44256

www.LedgeHollowStable.com
Full care, co-op, turn-out, Instruction,
NE corner of Medina county.

Meridian Farm Lauren Ball Tisdale Chagrin, OH 44022 216-288-8834

www.transitionsdressage.com

Board with full or half training packages and sales. Haul in lessons welcome.

North Crest Equestrian Center Julie Taylor Avon Lake, OH 44012 (440) 933-4654

www.northcrestequestrian.com

Dressage training & lessons, summer horse camps, birthday parties.

Pleasant Valley Farm Kris Lanphear Willoughby Hills, OH 440-942-9034

References. Board, grass T/O, trails, lessons, care of special need horses. Natural training.

Rivendel Farm
Bonnie Gray
Dale Lappert , R Dressage Judge
Garrettsville, OH
(330) 527-4683 evening
(440) 813-4009 days
Board, dressage/eventing. Small,

Rhythmic Ridge Ranch Debi Smith Lorrain County 440-315-2660

outdoor, trails, jumps.

Full care, indoor and lighted outdoor, matted stalls and heated water

experienced care, 7 day T/O . Indoor/

Rocky River Stables Cleveland Metro Parks Rocky River. OH (216) 267-2525

www.valleyriding.org

Boarding, lessons, pony /horse camps, therapeutic riding, indoor & outdoor arena, trails.

Scenic Run Equestrian Center Novelty, Ohio Flip and Patti Garbo 440-338-6689 Www.scenicrun.com Nancy Lewis-Stanton 440 - 567-3057 rhavel97@gmail.com

Large airy stalls, fed 4X daily, indoor and outdoor arenas, trails and much more. Ask about boarding discounts.

Shade Tree Farm Betsy Rebar-Sell Bath, OH 330-351-1124

Shadow Facs Farm 814-796-6161 www.shadowfacsfarm.com Topline Stables at Walden Janeen Langowski-Grava Aurora, OH 44202 330-995-0039 440-666-6182

www.topline-stables.com janeengrava@earthlink.net

Boarding, lessons, clinics, sales, training, kids camp. Full care, indoor/outdoor, grass pastures.

Woodwind Farm Newbury, Ohio Chuck Kinney

440-564-9399 440-773-3216 www.woodwindfarmjumps.com

Exceptional care, equine-friendly facility. Boarding, lay-ups, training and lessons. Indoor, turnout.

Xhalt Equestrian Center Phyllis Setter Columbia Station, OH (216) 299-3096

www.Xhalteqcenter.com

Adult boarding /training. Lorain county close to I-480/Cuyahoga County. Indoor/outdoor, pasture.

Grants Are Available for NODA MEMBER Equine Professionals

A fund to support professionals, trainers and instructors with continuing education.

50% of Event Cost is Reimbursable (Up to \$200 maximum)

Apply in writing to:

NODA Board c/o Mary Dana Prescott Cloverfield Farm 445 Metcalf Rd Willoughby, OH 44094

Include:

Why you should receive a grant, what function you plan to attend, and where it is to be held. State how you will share the content with NODA members (lecture, clinic, or article).

Questions?
Call Mary Dana at 440-256-8858

Membership Requirements: You must be a "professional" horseperson as defined by the current USEF rule book and a member in good standing with NODA.

When the weather outside is frightful...

Please consider using your free time to write an article for NODA News!

All topics considered

NODA Bucks are awarded according to the criteria listed on the Newsletter page of NODA's website

Please email NODA News co-editors

Mosie Welch and Elizabeth Bross to discuss your idea

mosie-editor@nodarider.org elizabeth-editor@nodarider.org



Calendar of Events

Complete calendar listings with links available on the NODA Website www.nodarider.org

1/30-2/1 BIG Dee's Relocation Sale. For more information visit www.bigdweb.com or call 1-800-321-2142

1/11—4/26, The Wellington Classic Dressage Challenge Series at the Jim Brandon Equestrian Center in Palm Beach, Fl. www.wellingtonclassic dressage.com

1/8—3/21, Global Dressage Festival, CDI, Wellington, FL, various venues. FEI Dressage Calendar at www.usdf.org.

1/20 –21, FEI-Level Trainer's
Conference with Steffen
Peters and Scott Hassler at High
Meadow Farm in
Loxahatchee, FI.
www.usdf.org/education

1/25-26 Wellington Classic Dressage Masters Symposium with Kyra Kirklund. Jim Brandon Equestrian Center, Palm beach FL. www.wellingtonclassicdressage .com

2/2014 LAST NODA NEWS

for those members who have NOT renewed their membership! 2/2 Chagrin Valley Farms
Schooling Dressage Show
www.ChagrinValleyFarms.com
Bainbridge, OH Judge T.B.A.

2/15-16, Global Dressage Forum North America, Jim
Brandon Equestrian Center.
Early bird tickets through
November 30, 2013.
www.globaldressageforum.com

2/27—3/2, The 2014 Palm Beach Dressage Derby at the Global Dressage Festival facility at the Palm Beach Equestrian Center. www.pbderby.com

3/2 Chagrin Valley Farms
Schooling Dressage Show
www.ChagrinValleyFarms.com
Bainbridge, OH

4/10-13 Equine AffaireColumbus, OH
www.equineaffaire.com

4/13 Chagrin Valley FarmsSchooling Dressage Show
www.ChagrinValleyFarms.com
Bainbridge, OH

4/19-20 USDF Adult Amateur Clinic with Hilda Gurney in Region 2 at Reins of Life, Michigan City, IN. For dates and locations in other regions and more information go to: www.usdf.org/education

5/10 (Saturday) NODA/ Grand Haven Schooling Show www.nodarider.org

5/10 CADS Schooling ShowRidgewood Stable
www.cadsdressage.org/

Planning an Event for 2014? NODA Wants to Know!

Send Newsletter and Website Calendar Submissions to Elizabeth Bross at Elizabeth-editor@nodarider.org and/or Linda Cooley at webmaster@nodarider.org

5/16-18 Grand Haven Adult Dressage Camp

www.grandhavenstable.com

6/7 WPDA Dressage Classic at Grand Haven, USEF/USDF
Recognized Show
<u>www.grandhavenstable.com</u>

6/5-8 Dressage Festival of Champions at Gladstone, NJ

6/8 Dressage at Grand Haven, USEF/USDF Recognized Show www.grandhavenstable.com

6/14 CADS Schooling ShowRidgewood Stable
www.cadsdressage.org/

6/22 Dressage Schooling Show at Grand Haven

www.grandhavenstable.com

7/6 Grand Haven Schooling Show

www.grandhavenstable.com

7/19 CADS Schooling ShowRidgewood Stable
www.cadsdressage.org/

7/19 &20 NODA's Dressage 2014 and 2014 Encore, USEF/
USDF Recognized Show
www.nodarider.org

8/20-24 2014 Young and Developing Horse Dressage National Championships/ USEF Dressage Seat Medal Finals at Lamplight Equestrian Center, Wayne IL.

9/23-28 Dressage at Devon, Devon, PA.

10/9-12, Region 2 Dressage Championships, at the Kentucky Horse Park, Lexington, Kentucky.

THE VISITING VET

330-665-5915

Dr Jeni Gaffney

Dr Indy Peckham

1937 N Cleveland Massillon Road Akron Oh 44333



Our clinic location provides services for your dog and cat family members!

Wellness Exams

Dental Care

Routine spay, neuter procedures

Vaccinations

Radiology

Ultrasound

Our ambulatory Equine service offers:

Portable Digital Radiography

Digital Ultrasound

Equine Dentistry

Lameness Evaluation, Treatment, Maintenance

Sport Horse Maintenance





Visit us at: www.visitingvet.net

Nutrena/USDF Adult Clinic Series



Featuring

Hilda Gurney

Harmonizing With Your Horse

Learn to sit in balance and harmony with a connection from a supple seat into softening 'hand' contact.

> Adult Amateur Opportunity

Hilda Gurney earned an Olympic Team bronze medal in 1976. She also earned an individual gold and silver, and three team gold medals at the Pan Am Games, and 6 USET National Grand Prix Championships on the legendary, Keen. Both Hilda and Keen have been inducted into the Roemer Foundation/USDF Hall of Fame.

Hilda is an 4*/FEI Dressage Judge, a "R" Dressage Sport Horse Breeding Judge, "S" Dressage Judge and continues to actively train and compete several horses at the FEI Level. In addition, she is a dedicated teacher, instructing a generation of students from the grass roots to international levels.



April 19-20, 2014

Reins of Life Michigan City, IN

Hosted by Michiana Dressage Club

For current details on these and future clinics visit www.usdf.org

NODA News 3244 Camden Rue Cuyahoga Falls, OH 44223 NONPROFIT
Bulk Rate
US Postage Paid
Permit No. 6
Novelty, OH 44072

NODA Newsletter and Web Advertising Advertising Rates Deadline: 10th of each month (width x height) **One ISSUE Six ISSUES** Ex: Submissions received by the 10th of the month \$75.00 **Full Page** (7.5 x 10): \$375.00 will publish in the NEXT ISSUE of NODA NEWS. \$40.00 **Half Page** (7.5 X 5): \$200.00 All Ads will be placed on the NODA website for the **Quarter Page** (3.75 x 5): \$20.00 \$100.00 same period they are in the NODA NEWS. **Business Card** (3.75 x 2): \$15.00 \$75.00 Please complete form & enclose payment in full. Layout in jpg format should be emailed Make Check Payable to: NODA and send to: to: Mosie-editor@nodarider.org NODA News, 3244 Camden Rue, Cuyahoga Falls, OH 44223 Please note *payment for ads* must be received by the newsletter deadline of the 10th for your ad to be placed in the next issue. For Classifieds contact classifieds@nodarider.org —see information on page 20 of this issue. Number of issues ad will run: 1 issue 6 issues full year Date: ___ Issue/year ad will run: ______Ad Size: ______ Amount enclosed \$____USD ______Company:_____ Address: City: ______ State: _____ Zip: _____ Phone: () E-mail: