

NODA News

Northern Ohio Dressage Association



In this issue:

- ***July Schooling Show Results & Photos, p.10-13***
- ***Dressage Test Memorization Tips & Tricks by Jessie Paine, p. 5***
- ***Horse Adventures by Sally Burton, p. 6***

Cover Photo:

Janeen Langowski-Grava and her daughter Valerie competing in the Lead Leadline Class at the July NODA Schooling Show

Photo by Dee Liebenthal



The Northern Ohio
Dressage Association
is a 501(c)(3) not-for-profit
education organization

2016/2017 NODA
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Dee Liebenthal and Rens

Greetings from the President

trailers and parking to insure that horses didn't sit in hot trailers. They were also equipped with stall charts, we think all of this really aided in making the arrival process move quickly!

The Recognized Show Committee worked very hard to implement changes to make the show more enjoyable and to help it to run a bit smoother. Linda Joseph and her staff at Chagrin Valley Farms were a huge part of this! We really appreciate all the hard work during the show and before and after as well!

Dear Members,
As many of you already know, our hardworking President Dee fell the evening of our Encore Show and broke her arm. While she is recovering, Christine Thompson (NODA VP and Recognized Show Chair) and I, (Regina Sacha, Sponsorship Chair) are taking the opportunity to use her President's column to give **THANKS!**

As we write this column, Cleveland is still in the heat wave which deluged our show weekend. A twist on the old adage "Neither rain, nor sun, nor HEAT" definitely applies to our show this year! The sweltering heat and rain on Sunday didn't seem to dampen the spirits of our competitors, horses, judges and volunteers who made this year's Recognized Shows - NODA 2016 and 2016 Encore a raving success! This year we implemented many process improvements and amenities to insure an even smoother and welcoming show. First, we were aided by the fantastic "Sign-Up Genius" to encourage NODA members to volunteer. It was a raging success! We had ample people to assist in the organization and set up prior to Friday which enabled readiness for show arrival day! And thanks to all the volunteer "arms and legs" in the office and paddock areas to provide the necessary show support.

Secondly, you may have noticed our smiling and helpful Parking Management Team who facilitated the unloading of

It was great to have some wonderful shopping available from Big Dees' Tack and Vet Supply and Sarah Krishnar Studios. We look forward to adding more vendors next year!

Our Thank YOU list to all the wonderful volunteers is immense! We thank each and every one of you for all you did to make this these shows a success! We also could not do it without all of our generous Sponsors. Special thanks to our Platinum Sponsors – Big D Tack and Vet Supply, and Betsy Rebar Sell. Our Gold Sponsors Schneiders Saddlery and Geauga Feed; our Silver Sponsor Arielle Brodkey; and our Bronze Sponsor, The Visiting Vet. SO many generous people advertised in our lovely Program and many donated necessary "in-kind" items to provide platforms, golf carts, plants, etc. to make our show special! We also appreciated all our class sponsorships and program advertisers. **You can look forward to next month's issue where we will highlight and focus upon all our valued Sponsors and Advertisers.**

The Recognized Show Committee began planning this event last year and met often to handle the myriad of details that go into planning the show. Our leader, Dee Liebenthal always gives her all and does it with diplomacy and a smile! Her Recognized Show Team Chair, Christine Thompson is invaluable and so generous

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President's Letter – Continued from Page 2

with her time and talent. As Sponsorship Chair, I (Regina Liebenthal) so extra special. We appreciate everyone AND it truly takes a Village. Finally, thank you to our wonderful Judges and ALL Competitors who make this year's Recognized Show simply AMAZING! Now it's time to think about next year!

A big thank you shout to Show Manager Kevin Bradbury and his efficient and easy on-line registration system. Show Secretary Mary Lou Gallaher is fantastic in handling and juggling the details of a sold out show and wait list of entrants. Karen Eisenhauer Shirring and Sally Burton are pros at volunteer management and it shows! Hospitality was handled so well by Kirsten Thomas and Program Coordinator Elizabeth Bross produced a keepsake program. The cover was so beautiful and pictured the exquisite portrait of Gayle Rusk's "Werner."

We would be remiss not to give special thanks to our Freestyle Sponsor, Betsy Juliano of Havensafe Farm who was so generous and encouraging to the Freestyles competition. Thank you to the Freestyle participants as well which made our delicious Saturday night Competitor's Party (generously sponsored by Christine Thompson) and libations (made possible by Dee

Thankfully,

Christine Thompson and Regina Sacha-Ujcz



\$ NODA Professional Member Grant Opportunities \$ Professionals — Trainers, Instructors

Need help financially for continuing education in riding, training and theory of dressage and related subjects?

NODA's Professional Grant Funding can help make this possible.

50% of an event cost is reimbursable (up to \$200). Symposiums, certification clinics, judging seminars and other educational seminars are all permissible (excludes riding clinics).

To apply, write a letter and mail it to the NODA Board c/o Mary Dana Prescott. Outline why you should receive a NODA Professional Grant, explaining what the education function is, and where it is to be held. State how you will share what you have learned with NODA and its members (lecture, clinic, or article). Be sure to provide the full cost of education function. The only requirement is that you must be a "Professional" horseperson as defined by the current USEF rule book and be a member in good standing with NODA.

**Mail your application to:
NODA Board c/o Mary Dana Prescott
38905 Gardenside Drive
Willoughby, OH 44094**

Dressage Test Memorization Tips & Tricks

by Jessie Paine

I have a two-step process for test memorization: first, I memorize the test itself and how I want to ride then test. Second, I use visualization techniques to practice my ideal test.

Memorizing seems pretty straight forward: pick it up, read it, memorize it. But you are a competitor and you've got to memorize tests in the most useful way possible to achieve two objectives: it must be easy to recall when under stress, and you must ride the test well. To do this you've got to make the test your own.

The not-so-old fashioned way: OK, yes, you probably should start by just picking up the test and reading it. I prefer to do this with the EquiTest Ap on my iPhone. There's an interactive diagram so you can read the pattern and see it at the same time. It's a great benefit to have a visual of what direction you are going! It's a terrible feeling to think you are following the instructions properly only to read: "C - canter RIGHT lead" and you thought at this point you were supposed to be tracking left!

Use your own language: this is important for a couple reasons. First, it's easier to remember something that is familiar rather than something that is foreign. If the terms *travers* and *renvers* cause you a moment of contemplation, then just think *haunches-in*, *haunches-out*. This is not a spelling bee or foreign language quiz; it's a dressage test pattern that you are to perform, not write out 20 times on a chalkboard.

Second, it's easier to remember something that is concise rather than lengthy. Instead of memorizing the test verbatim I memorize the test in terms that are quick and easy. For example, in Fourth Level Test 3, there's a very tricky counter canter sequence. The test reads: R-I half circle right 10m, I-S half circle left 10m; E flying change of lead, then you repeat this going the other direction. In my head I refer to the above mentioned canter sequence with just four words: *squiggle, squiggle, straight, change*.

Memorize the movement, not the letter: We aren't in a spelling bee, so it doesn't really matter if you correctly remember that the medium trot after your salute is M-X-K or H-X-F. As long as you turned the correct direction off of centerline, you know the medium trot is on the long diagonal. Mixing up the letters is too easy, and memorizing the specific letters can be an unnecessary stumbling block, particularly when you haven't slept in

three days, are wearing a blazer, tall boots and a helmet in the middle of a blazing summer, bordering on severe dehydration, all whilst sitting on your horse who is making every effort to play equine twister or charades. Self-doubt is self-sabotage, so don't allow the opportunity for doubt to creep in!

Rather than focus on the specific letter, I generalize them into three categories: corner letters (M, K, H, F), middle letters (E, B) and funny letters (R, S, V, P). "Funny letters" sounds a little ridiculous, but it is permanently engrained in my brain thanks to my mentor. And it always produces a smile when I first say it to a new student, so that's a bonus!

The outlines: once you are familiar with the test, sit down and write out YOUR test, as opposed to THE test. Write two outlines. The first, your long outline, will include a lot of detail and the important corrections your trainer has been so gently whispering (or enthusiastically yelling) in your ear for months. The second outline should be extremely brief and probably committed to memory so if you suddenly find yourself lost in the test you can quickly find your course by running through your short outline.

The long outline: details, details! This outline helps you memorize *how* to ride the test. You'll add in basic reminders that will make the difference between a good test and a great test, like: *suppling corners*, *half-halts*, *preparation for movements*, and of course, *breathing!* Discuss with your trainer what you have to remember for specific movements. For example: *outside leg gently hugging your horse's side in 10 meter circles so as to not lose the haunches*; *a little extra flexion then shoulder-fore in the corner prior to the left half-pass*; *three half-halts prior to your canter-walk transition*; or *relax your hips when you transition from free walk to medium walk*, etc. If you tend to breeze past your corners then include every corner in your detailed outline. Every time you write the word "halt" include "immobility, breath."

Think of how to best ride the movements. Don't give away points. For example, in a canter zig-zag you must have a stride of straightness prior to the change, but it's so tempting to throw the horse's shoulders over and get to the wall ASAP. So although it's not specified in the test itself, include a stride of straightness in your outline: *half-pass left, straight, change*; *half-pass right, straight, change*.

Horse Adventures
by Sally Burton

So what does a 50-something teacher who loves horses and has a free summer do with her time? First, she works for NODA, in the “it will only be a few hours a week” schooling show manager job--- figuring out schooling show stuff, talking to judges, organizing travel, thinking about incentives, working with venues, moving and setting up dressage rings, answering questions and emails- lots of emails!

Always one to look for horse related adventures and in the name of good will, education and ambassadorship for NODA, I feel it is my duty to check out as many opportunities as possible. So what have I accomplished so far?

Sweetwater- Right before our first schooling show I took a lesson at Sweetwater with Kristi Woods-Foltz and worked on basic jumping skills. It was a great time and in the name of NODA, I test rode the ground surface in the outdoor ring and found it to be

incredible. Happy to “take one for the team.”

Carriage show- I gladly took the opportunity to work for Dr. Hess and her Haflingers at a Carriage show at Randolph Fair. Learned a ton of new terminology, how to hook up a team and got a thrill ride on the back of a carriage. This one was strictly for me, but it doesn’t hurt to be friends with Dr. Hess!

Lake Erie College- I spent the weekend scribing and office clerking for the Dressage Derby. Not only did I get to meet and talk to a lot of NODA members but I also learned a lot scribing for Natalie Lamping. The 24 hours I spent there were invaluable in my quest for knowledge. A working partnership with Lake Erie College will help NODA on so many levels and I am glad to be a part of it!

Brecksville Stables- I decided I needed to try Western Dressage. So out to Brecksville I drove and got the chance to learn some about Western riding and

Thank You!

Arielle & Leonard

Barb & Leonard

Arielle Brodkey and Barb Soukup would like to thank DE Show Stable for bringing us L'aristo (Leonard) and Heidi and Jack Kohl and the Staff of Rockin' K Ranch for the excellent care Leonard receives.

DE Show Stable

Heidi and Jack

Rockin' K Ranch



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Betsy Rebar Sell

*Owner/Trainer of Shade Tree Farm
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Kristin Stein

*Owner of Stein Equine
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Placed in Regional Championships
2009-2014*

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Kristin Stein 304-830-0529

Horse Adventures By Sally Burton (Continued fr pg.6)

“test ride” some different breeds of horses with Lauren Slosar.

Barn chores- lots of them! To be a true horsewoman means to put in hours of hard labor on the farm. No one is better at guilting me into working than Dale. So at the current time, I have personally picked up and moved over 1000 bales of hay, brought horses in and out, fed the herd, painted trotting poles, held horses for the blacksmith and more.

Schooling Shows- I am lucky to be working with Jen Tulleners who believes I should be showing at every show, and even luckier that there are friends at my barn willing to bring my lease horse Oreo to me! So I am riding at all the shows. Of course the best way to know if the show is working well is to compete in it! Again, someone has to do it!

Mission accomplished so far. And who knows what adventures await, “in the name of NODA!”



USDF News

- ◆ **The 2016 Adequan®/USDF Annual Convention – Register Now!** Registration is now available for the 2016 Adequan®/USDF Annual Convention in St. Louis! Surround yourself with your peers through networking opportunities, forums, and roundtable discussions. Experience educational events seeking to improve the mind and body of the horse and rider, then celebrate the year’s accomplishments at the Salute Gala & Annual Awards Banquet. Register now at www.usdf.org/convention.
- ◆ **2016 USDF Sport Horse Prospect Development Forum**—USDF is pleased to announce the return of Scott Hassler and Willy Arts for the 2016 USDF Sport Horse Prospect Development Forum. This year’s forum will be held on October 22-23, at Pineland Farm, in New Gloucester, ME. Rider applications will be accepted through September 1. Auditor preregistration will be available through October 7. Visit the website for complete details (<http://www.usdf.org/education/other-programs/sport-horse-seminars/forum.asp>)
- ◆ **Volunteer of the Year and Youth Volunteer of the Year – Deadline is AUGUST 31!** Do you know someone who deserves national recognition for their outstanding service to the sport? The USDF Volunteer of the Year (<http://www.usdf.org/awards/service/voy.asp>) and USDF Youth Volunteer of the Year awards (<http://www.usdf.org/awards/service/youth-voy.asp>) recognize USDF members who, through consistent and cumulative volunteer activities, have demonstrated exceptional commitment toward carrying out USDF’s mission. Any USDF member may nominate a youth or adult for these awards. Nominations must be submitted by August 31, 2016.
- ◆ **Instructor/Trainer Program Certification Exam**—USDF is accepting applications, through September 1, for a certification exam that will be held October 14-15 at Sage Creek Equestrian Center in Heber City, UT. Applications can be found on the USDF website (www.usdf.org/docs/education/instructor-certification/TestingApplication.pdf).
- ◆ **L Education Program/Re-test for entry into the USEF "r" Judge Training Program-** The Central Arizona Riding Academy has a few openings in Part 2 "Candidate Evaluation", starting November 19, 2016. Please contact organizer Dorie Vlaten-Schmitz for pricing and details. For a complete list of approved L Education Programs, visit the Education Calendar. For more information on the L Education Program, please contact lprogram@usdf.org.

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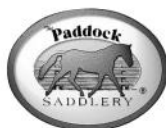
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***NODA Schooling Show Results– July 10, 2016, Chagrin Valley Farms
Judges Carter Bass “S” & Robin Birk “L”***

HIGH SCORE CHAMPIONS

Intro: Bryanna Mackenzie / Its a Sacred Affair 68.750

Training Level & Up: Megan Barnhizer / Fascination Starr
73.824

Western Dressage: Jerry Chuey / Lee’s Little Pockets
68.676

TB Incentive Program (TIP): Tracey Strobel / Jinsky 66.765

Novice USDF Introductory Test A Adult Amateur (Bass)

- 1 Barbara Gantz Touch Of Jazz 59.375
- 2 Jennifer Cooper Arwen's Arrow 59.375

Novice Introductory Test A JR/YR (Bass)

- 1 Sophie Balcom Colonel 61.875
- 1 Kennedy Sorm Double On Taunt 61.875

Novice Introductory Test B Adult Amateur (Bass)

- 1 Jennifer Cooper Arwen's Arrow 64.063 Q
- 2 Katherine Bates Decker 63.750
- 3 Katie Holzheimer Just Do'in It 61.875 Q
- 4 Barbara Gantz Touch Of Jazz 58.125

Novice USDF Introductory Test B JR/YR (Birk)

- 1 Kennedy Sorm Double On Taunt 63.750
- 2 Sophie Balcom Colonel 60.000

Novice USDF Introductory Test C Adult Amateur (Bass)

- 1 Katherine Bates Decker 55.000

USDF Introductory Test A Adult Amateur (Bass)

- 1 Pam White Flash In The Knight 66.563 Q
- 2 Bitsy Gascoigne CLF Foreign Currency 64.063 Q
- 3 Kim Shepard Big Bundle 63.125 Q
- 4 Sheril Kolenda Windsdown Bonny Doon 61.563 Q
- 5 Katie Holzheimer Just Do'in It 59.375

USDF Introductory Test A JR/YR (Bass)

- 1 Samantha Wilhelm Barbis Prince Charmin 64.688
- 2 Mackenzie Ile Ritter 64.375

USDF Introductory Test B Adult Amateur (Birk)

- 1 Bitsy Gascoigne CLF Foreign Currency 65.938
- 2 Pam White Flash In The Knight 65.000
- 3 Kim Shepard Big Bundle 64.375
- 4 Sheril Kolenda Windsdown Bonny Doon 55.313

USDF Introductory Test B JR/YR (Birk)

- 1 Annie Mackin Koko Kisses 61.250 Q

USDF Introductory Test B Open (Birk)

- 1 Barbara Hartmann-Sasak Majestic Lady Guinevere 65.313

USDF Introductory Test C Adult Amateur (Bass)

- 1 Sue Bartlebaugh Karina 63.500 Q
- 2 Sheril Kolenda Windsdown Bonny Doon 61.500 Q
- 3 Kim Shepard Big Bundle 60.250
- 4 Gina Ash Grenadine 59.750

USDF Introductory Test C JR/YR (Bass)

- 1 Bryanna MacKenzie It's A Sacred Affair 68.750 Q
- 2 Annie Mackin Koko Kisses 62.500

USDF Introductory Test C Open (Bass)

- Barbara Hartmann-Sasak Majestic Lady Guinevere 61.250

Novice Training Level Test 1 Adult Amateur (Birk)

- 1 Sue Bartlebaugh Karina 66.087 Q
- 2 Gina Ash Grenadine 63.696 Q
- 3 Pam White Flash In The Knight 62.174 Q
- 4 Rob Stone Mingo 61.304 Q

Novice Training Level Test 2 Adult Amateur (Bass)

- 1 Leigh Mooney Foster 63.846 Q
- 2 Rob Stone Mingo 59.615

Novice Training Level Test 2 JR/YR (Bass)

- 1 Elizabeth Bodnovich Shekinah Glory 62.500 Q

Novice Training Level Test 3 Adult Amateur (Birk)

- 1 Leigh Mooney Foster 62.955

Novice Training Level Test 3 JR/YR (Birk)

- 1 Elizabeth Bodnovich Shekinah Glory 63.409

Training Level Test 1 Adult Amateur (Birk)

- 1 Mila Sambunjak Baila Con Migo 66.739 Q
- 2 Ashli Rung Princess Totiana 63.913 Q
- 3 Rachael Zurko Slo Sippin Whiskey 61.087
- 4 Julie Stapf Leopold 60.435 Q
- 5 Colleen Welder Owen 59.130
- 6 Lori Butt Born A Two Timer 58.696

Training Level Test 1 JR/YR (Birk)

- 1 Morgan Schultz Hershey 63.913
- 2 Bryanna MacKenzie It's A Sacred Affair 62.609 Q

***NODA Schooling Show Results– July 10, 2016, Chagrin Valley Farms
Judges Carter Bass “S” & Robin Birk “L”***

Training Level Test 1 Professional (Birk)

- 1 Michelle Tyner Royal Rockster 66.087 Q
- 2 Rhonda Pearce Flying Instructor 65.217 Q
- 3 Julie Stapf Leopold 59.783
- 4 Barbara Hartmann-Sasak Majestic Lady Guinevere 58.478

Training Level Test 2 Adult Amateur (Birk)

- 1 Mila Sambunjak Baila Con Migo 70.000
 - 2 Danielle Bolm Jimmy 66.554 Q
 - 3 Janice Simon Vision PE 65.962
 - 4 Rachael Zurko Slo Sippin Whiskey 64.808
 - 5 Colleen Welder Owen 64.423 Q
 - 6 Lori Butt Born A Two Timer 64.231 Q
- Mary Hooser TC Discrete 63.654 Q
Diane Jackson Arthur 62.885 Q
Heidi Miller Merlin 59.231

Training Level Test 2 JR/YR (Bass)

- 1 Richard Tyner Bur-Dal Chaos 64.038 Q
- 2 Marena Bates India 63.269 Q
- 3 Morgan Schultz Hershey 62.115

Training Level Test 2 Professional (Bass)

- 1 Michelle Tyner Royal Rockster 68.654

Training Level Test 3 Adult Amateur (Bass)

- 1 Penny Baker Luke's Shadow 68.636 Q
 - 2 Mary Hooser TC Discrete 66.591
 - 3 Heather Strawn Lyric 64.545 Q
 - 4 Marybeth Allen Argostino 62.273 Q
 - 5 Sheri Israel Phases And Stages 61.818 Q
 - 6 Ruth Siegfried Dobbin II 60.909
- Kathi Agens Mercedes 60.455 Q
Danielle Bolm Jimmy 59.545

Training Level Test 3 Adult Amateur (Bass)

- 1 Jerry Chuey Lees Little Pockets 71.818 Q
 - 2 Janice Simon Vision PE 65.000
 - 3 Sally Burton Oreo Blizzard 63.864 Q
 - 4 Diane Jackson Arthur 63.409 Q
 - 5 Trisha Knight Holy Toledo 62.273
 - 6 Margaret Kaufman Almond Joy 60.000 Q
- Ruth Siegfried Road Not Taken 59.773
Heidi Miller Merlin 56.591

Training Level Test 3 JR/YR (Birk)

- 1 Richard Tyner Bur-Dal Chaos 67.727
- 2 Noelle Ignagni MRF Bello Di Notte 67.500 Q
- 3 Marena Bates India 65.000

Training Level Test 3 Professional (Bass)

- 1 Rhonda Pearce Flying Instructor 64.773

First Level Test 1 Adult Amateur (Birk)

- 1 Penny Baker Luke's Shadow 70.741 Q
- 2 Marybeth Allen Argostino 64.444 Q
- 3 Jennifer Bozza Mason 62.778
- 4 Ruth Siegfried Dobbin II 61.667
- 5 Deb Winkler Morante 59.630

First Level Test 1 Adult Amateur (Birk)

- 1 Kathi Agens Mercedes 66.481 Q
- 2 Ruth Siegfried Road Not Taken 63.889
- 3 Heather Strawn Lyric 62.778 Q
- 4 Patti Valencic Fox Meadow Dancer 62.407 Q
- 5 Trisha Knight Holy Toledo 57.593

First Level Test 1 JR/YR (Bass)

- 1 Marena Bates India 62.963 Q
- 2 Noelle Ignagni MRF Bello Di Notte 59.630

First Level Test 1 Professional (Birk) Q

- 1 Loreen Cobb Chapel Hill 72.222 Q
- 2 Rachel Jelen Dancin In Aruba HOF 64.259 Q
- 3 Sarah Freeman Ziegfried 61.111 Q

First Level Test 2 Adult Amateur (Bass)

- 1 Peggi Ignagni MRF Bello Di Notte 64.531 Q
- 2 Elizabeth Scalabrino Great Expectations 62.969 Q
- 3 Susan Baker Artemis 61.094 Q
- 4 Jennifer Bozza Mason 60.781
- 5 Patti Valencic Fox Meadow Dancer 60.313
- 6 Sheri Israel Phases And Stages 60.000 Q

First Level Test 2 Professional (Bass)

- 1 Loreen Cobb Chapel Hill 68.438
- 2 Sarah Freeman Rumble 62.500 Q

**NODA Schooling Show Results– July 10, 2016, Chagrin Valley Farms
Judges Carter Bass “S” & Robin Birk “L”**

First Level Test 3 Adult Amateur (Birk)

- 1 Megan Barnhizer Fascination Starr 73.824 Q
- 2 Tracey Strobel Jinsky 66.765
- 3 Nikki Robinson Gladstone Joe 65.441
- 4 Katie Passerotti Luck Dragon 61.912
- 5 Barbara Tuskas Stonewall's Ronan 61.765 Q
- 6 Elizabeth Scalabrino Great Expectations 60.147
- 7 Susan Baker Artemis 59.853

First Level Test 3 Professional (Birk)

- 1 Jacqueline Ann Schaffer My Country Cowboy 64.412
- 2 Rachel Jelen Dancin In Aruba HOF 63.971
- 3 Sarah Freeman Ziegfried 61.029
- 4 Sarah Freeman Rumble 55.294

Second Level Test 1 Adult Amateur (Bass)

- 1 Megan Barnhizer Fascination Starr 66.970 Q
- 2 Kelly Grant Easton 66.212
- 3 Barbara Tuskas Stonewall's Ronan 63.485 Q

Second Level Test 1 Jr/Yr (Bass)

- 1 Evelyn Tyner Hall of Fame 53.030

Second Level Test 1 Professional (Bass)

- 1 Kelly Grant Easton 68.939

Second Level Test 3 Adult Amateur (Birk)

- 1 Sue Desimpel Currituck 59.756 Q
- 2 Katie Passerotti Luck Dragon 56.829

Second Level Test 3 Professional (Bass)

- 1 Sue Desimpel Currituck 56.829

Third Level Test 1 Adult Amateur (Bass)

- 1 Linda Cooley KnightHawke 61.212 Q

Third Level Test 1 Professional (Bass)

- 1 Victoria Patterson-Pirko Fantasia 66.818 Q
- 2 Sabine Walker CA Hudson Bey 62.879 Q
- 3 Rachel Jelen Clay Time 53.788

Third Level Test 2 Professional (Birk)

- 1 Sabine Walker CA Hudson Bey 66.154

Third Level Test 3 Adult Amateur (Birk)

- 1 Linda Cooley KnightHawke 63.846

Third Level Test 3 Professional (Birk)

- 1 Victoria Patterson-Pirko Fantasia 62.308

Fourth Level Test 2 Adult Amateur (Bass)

- 1 Cindy Bank Idlehour McHenry 61.94 Q 4

Fourth Level Test 3 Adult Amateur (Bass)

- 1 Cindy Poulson Regalia 59.333 Q

FEI Prix St. George (Birk)

- 1 Cindy Poulson Regalia 60.789 Q

FEI Prix St. George Professional (Bass)

- Jessica Paine Royal Thomas 63.158 Q

Training Level Freestyle (Birk)

- Mary Hooser TC Discrete 68.167

Dressage Seat Equitation (Bass)

- 1 Leigh Mooney Foster 85.000 Q
- 2 Janice Simon Vision PE 80.000 Q
- 3 Pam White Flash In The Knight 71.000 Q
- 4 Sally Burton Oreo Blizzard 70.000 Q

USEF Training Level Rider Test (Birk)

- 1 Sally Burton Oreo Blizzard 72.000 Q

Western Dressage Intro Level Test 3 (Birk)

- 1 Judy Jacobsen Modige 62.292 Q

Western Dressage Intro Level Test 4 (Birk)

- 1 Harley Buckley Detailed Dancer 59.828

Western Dressage Basic Test 1 (Bass)

- 1 Harley Buckley Detailed Dancer 63.065 Q
- 2 Judy Jacobsen Modige 62.581
- 3 Halle Clause Master The Art 59.839

Western Dressage Basic Test 2 (Birk)

- 1 Halle Clause Master The Art 63.194 Q

Western Dressage Basic Level Test 4 (Bass)

- 1 Jerry Chuey Lees Little Pockets 68.676 Q

Leadline Class

- 1 Jackson Didesiderio (grandson of Margaret Kaufman)
- 1 Dahlia Freeman (daughter of Sarah Freeman)
- 1 Valerie Grava (daughter of Janeen Grava)
- 1 Alexis Mooney (daughter of Leigh Mooney)
- 1 Lillian Mooney (daughter of Leigh Mooney)
- 1 Grace Nagy (granddaughter of Patti Valencic)

Photos– NODA Schooling Show – July 10, 2016, Chagrin Valley Farms



Above: Sisters Alexis and Lillian Mooney smiling at each other during the Leadline class



Above: Competitor Sarah Freeman in the warmup ring



Above: KnightHawke, owned by Linda Cooley, with her groom, Fran Cverna



Above (L to R): Sabine Walker, CA Hudson Bay and his owner Leslie Innocenti taking a break in the shade between classes



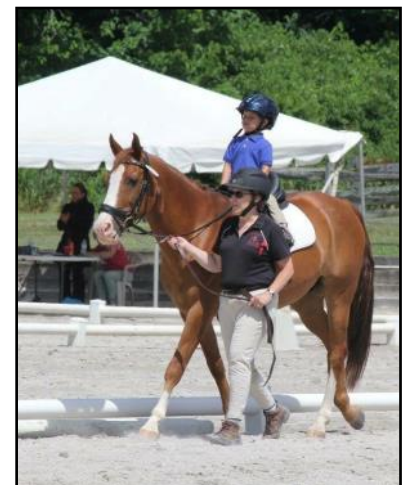
Above: Leadline competitor Dahlia Freeman admires her winnings.



Left: Leadline competitor Valerie Grava and mom, Janeen Langowski-Grava



Above (L to R): Grace Nagy (granddaughter of Patty Valencic) and Fox Meadow Dancer; Lillian Mooney, with dad, Steve Mooney in the Leadline competition; Jackson Didesiderio and Margaret Kaufman in the Leadline Competition.



Dressage Test Memorization Tips & Tricks (cont'd fr pg. 5)

by Jessie Paine

For the 4-3 movement mentioned above, my short outline is: “squiggle, squiggle, straight, change.” My long outline goes something like this: bend and engagement in corner, rebalancing half-halt, weight on inside sitting bone, outside leg gently back to prepare for counter canter, inside leg to outside receiving aids, rebalancing half-halt, half 10 M circle, look up (!!!), moment of straightness, rebalance, half 10 M circle, inside sitting bone, outside leg gently present but clear, outside rein connected, inside sitting bone, straight on long side, half-halt, rebalance, flying change, rebalance, shoulder-fore. Your long outline is your personal roadmap on how to ride every stride, because every stride counts.

Include in your outline what you plan to do while circling the arena waiting for the bell. Plan what you will do if you have just one go around the arena, or if you have a few minutes. Do you need to leg yield your horse to keep her relaxed, or do you need to rev up your sleepy gelding with frequent transitions? Without this plan you could find yourself stressed or distracted immediately prior to your test, and then you may be more likely to forget the test. If you have a horse who can be a little spooky, discuss with your trainer how you should approach the judge’s box – in what gait, which direction first, etc. If you are preparing for Regionals, include in your outline handing off your whip to a friend prior to circling the ring for your championship class!

So now you have your short and long outlines and a roadmap of how you are going to ride the test to the best of your ability. Now it is time to practice.

Practice, practice, practice! Ride the test a 100 times – but only once or twice on your horse! We’ve all been warned by our trainers: don’t drill the test with your horse. Keep the horse fresh to your aids, so that he will anticipate that you will ask a question of him, but not anticipate what that question will be or go on auto-pilot. But, you are memorizing the test so you can perform it with exactitude, and you’ve got to practice riding it, not just reciting it. So, if you can’t practice your test while on your horse, how do you practice? You ride the test in your mind’s eye.

I’ve worked a lot with Laura King, a certified hypnotherapist who specializes in equestrian sports. Laura introduced me to the art of visualization.

Personally I visualize in vivid color. I also visualize in two ways: first, as a spectator like I am watching a movie screen, and second, as the rider.

I start by playing a movie in my mind from the perspective of my coach watching my horse and I ride the test. I look at my position, my horse’s posture, the engagement of his hind legs, the height of his poll, the angle of his shoulder-in, the lift of the withers in the changes, and the reach of his shoulders in the extensions. I make small corrections, signaling in my mind things that I have to remember on the day of the test.

Second, I visualize the test from my viewpoint on the day of the show – from in the saddle. I want to summon every detail – the sounds of birds, the breeze, feel the reins in my hands and the balls of my feet on the irons, and visualize his neck out in front of me. I then ride the test in my mind’s eye and ride every single stride from going around the arena to the final salute. Sometimes when I am doing this I find myself gently rocking back and forth in my horse’s rhythm.

You can practice your test by visualization everywhere (but not while driving please!). Start by riding your test once every night before you go to bed. If you do this one month before the show then you’ll have ridden the test 30 times before pulling into the show grounds! Practice in different environments so you train your mind to focus on your test, and not the distractions around you. When I was an attorney I would ride through a test in my mind every morning and evening when I was on the subway going to and from work.

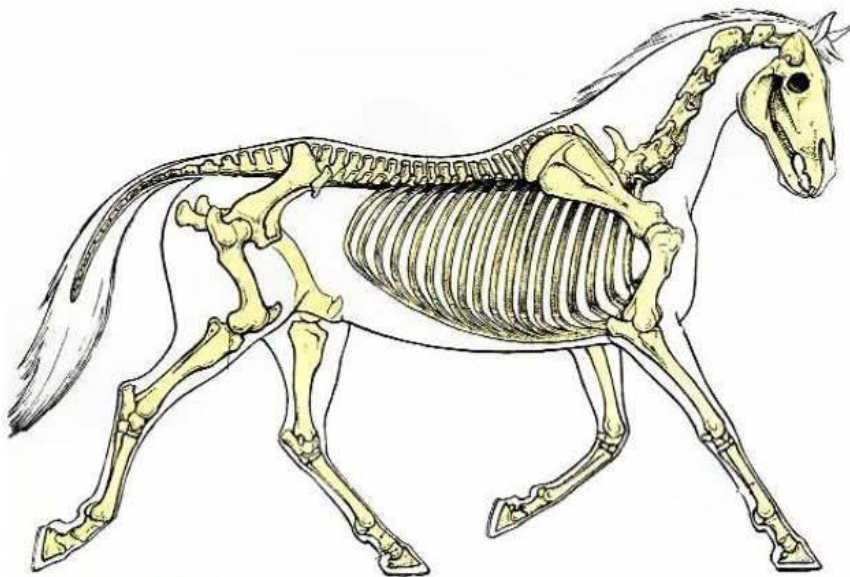
At the show I make a point to sit down and run through the test once more in my mind prior to warming up. Since I am at the show and am familiar with the environment I can visualize the specific arena I will be riding in, what I am wearing, and what the weather is like, to make it all the more real.

When you really think you’ve mastered your test, try picking it up mid-way. Rather than starting down centerline, start at the walk work, or mid-way through the canter. This is surprisingly challenging, and it’s important, because if you forget where you are going when riding the actual test, it likely won’t happen at the beginning.

Dressage Test Memorization Tips & Tricks (cont'd) ***by Jessie Paine***

Enjoy it. We all forget things – forget to turn the TV off, forget to put away a bridle, forget to pack an extra pair of white breeches – it happens. And it is bound to happen in your dressage test at some time or another. If and when this happens – remain calm. You don't get mad at yourself for forgetting to turn the TV off, so don't get mad at yourself for forgetting a movement or getting confused. If you allow that to happen, one moment of forgetfulness can ruin the rest of your test due to tension and distraction. Just smile, breath, quickly recall your short outline in your head, and enjoy the rest of the ride.

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Member Spotlight: What's in a Name? Everybody Talks

by NODA Newsletter Editor, April Woodward

Horses get an HID number directly from USDF, not through NODA, but we like to think of our horses as doing, and he wasn't afraid to tell me what he thought. NODA members. E-mail membership@nodarider.org or text Fran Cverna (440-823-5965) and let her know how your horse got its name — official name or barn name! Dogs can be mascots too! NODA Newsletter Editor April Woodward has this to say about Gunner:



When I turned him out at my farm that first afternoon, he promptly trotted up to the fence line to investigate my neighbor and his gigantic, noisy bulldozer. At his first schooling show that fall, he marched around the strange ring like he'd lived there his whole life. He constantly believes that he should be the center of attention. A couple of days later, I heard a song on the radio by the Neon Trees called "Everybody Talks" and it made me think of Gunner and his show-off attitude, almost as if he's saying "yeah, yeah, everybody talks...but look what

At the NODA Schooling show yesterday, I had someone ask me "Where did he get that name??" In reference to my young Thoroughbred, Everybody Talks. Gunner is an off-the-track Thoroughbred, and though he technically never raced, he's registered with the Jockey Club under the name Coolgun Run. I purchased him in 2013 from New Vocations Racehorse Adoption Program. What was most noticeable about Gunner, even at our first meeting was, quite frankly, his attitude and confidence. Many three year olds who have raced, or been race trained can be nervous, unsure, or unpredictable at the beginning of a new career (understandably so). Gunner

I can do!"

While it can be a challenge training a horse who thinks he knows everything (but really, really doesn't), it's also been a breath of fresh air to ride a horse who loves his job so very much, and is always game to try whatever is on the schedule that day—he's even done a few hunter shows and mini horse trials, and I'm sure given the chance, he'd tell you all about it.

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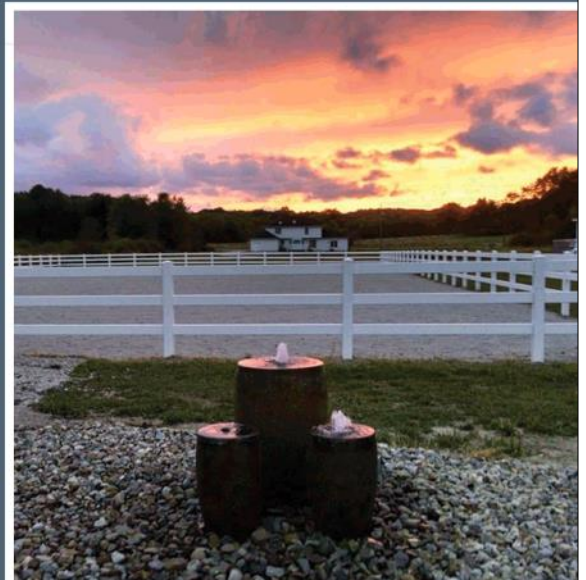
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June 25-26

Judges: Natalie Lamping “S”, Lisa Schmidt “S”
and Joan Darnell “S”

Dressage Rider Clinic with Natalie Lamping

June 27



For additional information, contact the Lake Erie College Dressage Show Manager and Dean of Equine Studies Dr. Pam Hess at 440-375-8005 or at phess@lec.edu.

View our horse show calendar and watch for our prize lists at www.lec.edu/equine-events.

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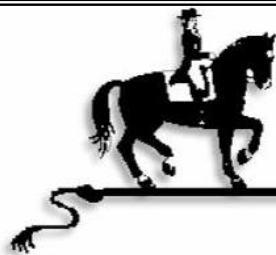
**Next NODA Board Meetings
August 8 and September 12**

Meetings held the second Monday of each month
7 to 9 pm at Panera Bread, 6130 Kruse Drive, Solon Ohio

Members are always welcome to attend!

Be sure to check the [MEETINGS](#) page of the NODA website www.nodarider.org to any meeting changes or updated information.

NODA's welcomes all comments & opinions regarding NODA activities, shows and policies. Please contact NODA member liaison, Kathy Kirchner at MemberRep@nodarider.org.



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(Photo by Michael Bradke)

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Member News

NODA Welcomes 2016 New Members!

Welcome (or Welcome Back) to the following who were not members in 2015

Linda Campisano
Jennifer Cooper
Sophia Dasko
Annie Mackin

Leigh A. Mooney
Katie Passerotti
Julie Stapf

Heather Strawn
Kathryn Tuma
Cindy Wright

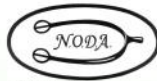
Thank you very much for additional donation with membership:
Julie Stapf

Thank You to all 2015 NODA members who have renewed your membership for 2016!

As of June 19, 2016, we have 310 total members
(198 AA, 42 Youth, 70 Professional) with 88 new members this year!

The online membership roster at www.nodarider.org is used as
verification of membership for NODA activities.

Your membership, time, and talents make NODA a better GMO!
Thank you! **Fran Cverna, Membership Chair** membership@nodarider.org



Northern Ohio Dressage Association 2016 Shows & Clinics

- April 2 Western Dressage Clinic with Patrick King**
Brecksville Stables, Brecksville, Ohio
- May 15 NODA Schooling Dressage Show *New Venue***
Sweetwater Equestrian Center, Ravenna Ohio
- June 12 NODA Schooling Dressage Show**
Rocky River Stables, Rocky River, Ohio
- July 9 NODA Ride-a-Test Dressage Clinic**
Chagrin Valley Farms, Chagrin Falls Ohio
- July 10 NODA Schooling Dressage Show**
Chagrin Valley Farms, Chagrin Falls Ohio
- July 23 NODA Dressage 2016 Recognized Show**
Chagrin Valley Farms, Chagrin Falls, Ohio
- July 24 NODA Dressage 2016 ENCORE Recognized Show**
Chagrin Valley Farms, Chagrin Falls, Ohio
- Aug 7 NODA Schooling Dressage Show**
South Farm, Middlefield Ohio
- Sept 11 NODA Schooling Dressage Show**
Rocky River Stables, Rocky River, Ohio
- Oct 8 NODA Schooling Dressage Show**
Chagrin Valley Farms, Chagrin Falls Ohio
- Oct 9 NODA Schooling Show Series CHAMPIONSHIP**
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SADDLE FOR SALE: Rembrandt Dressage Saddle. 17.5" seat, adjustable tree. Black, good condition. Recently reflocked, new billets. Picture available. Asking \$800. Contact Patti at 440-338-7177 or secretary@nodarider.org (I-9)

SADDLE FOR SALE: Antares Monoflap dressage saddle. Black leather, size 17.5, wide tree. Made in France. Approximately 5 years old. In excellent condition. Includes Antares cover. Asking \$2,200. Photos available. Contact Sue Ogrinc. Cell phone: 216-534-4246 or email at sroginc@aol.com. (I-9)

SADDLE FOR SALE: Albion Platinum Ultima Dressage Saddle. 18" seat. Currently this saddle has the wide Genesis Tri-Form tree with interchangeable head fittings for the changing horse. Wonderful saddle for the growing warmblood since it is so adjustable. This saddle is in excellent condition. I purchased it new in 2008. I can email photos. Asking \$2,500. Contact Stonewallboxers@aol.com or 440-669-7052. (I-9)

TACK ETC. FOR SALE: Wolfgang Custom dressage saddle, MW, 17.5" black w/gold piping, never used. Pictures available. Asking \$3,900. Electro groom vacuum, scoot-n-go electric scooter, fold-it utility cart, corner hay racks, eight large stall gates with yoke, sport tote upright saddle trunk, standing metal saddle rack, sport tote tack trunk, various style boots and bell boots, saddle racks for tack room (red), body clippers,

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SADDLE FOR SALE: Albion SLK Ultimate Adjusta, XW tree, low head, 18" seat. Excellent condition, used less than six months. Saddle cover included. Pictures are available. Asking \$3,000. Contact Cyndi at 216-870-2472. (I-10)

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(440) 813-4009 days
 Board, dressage/eventing. Small, experienced care, 7 day T/O . Indoor/outdoor, trails, jumps.

Shade Tree Farm
Betsy Rebar-Sell
 330-351-1124
brsell@aol.com Full care, indoor & outdoor arenas, trails, turnout, lessons, and training.

North Crest Equestrian Center Julie Taylor
 Avon Lake, OH 44012
 (440) 933-4654
www.northcrestequestrian.com
 Dressage training & lessons, summer horse camps, birthday parties.

Rhythmic Ridge Ranch
Debi Smith
 Lorrain County
 440-315-2660
 Full care, indoor and lighted outdoor, arenas, matted stalls and heated water buckets.

Rocky River Stables
 Cleveland Metro Parks
 Rocky River, OH
 (216) 267-2525
www.valleyriding.org
 Boarding, lessons, pony /horse camps, therapeutic riding, indoor & outdoor arena, trails.

Shadow Facs Farm
814-796-6161
www.shadowfacsfarm.com
 Dressage and combined training, instruction, and sales.

Topline Stables at Walden
Janeen Langowski-Grava
 Aurora, OH 44202
 330-995-0039 440-666-6182
www.topline-stables.com
 Boarding, lessons, clinics, sales, training, kids camp. Full care, indoor/outdoor, grass pastures.

Pleasant Valley Farm
Kris Lanphear
 Willoughby Hills, OH
 440-942-9034
 References. Board, grass T/O, trails, lessons, care of special need horses. Natural training.

Rosewood Stables
Columbia Station, OH
 440-236-8276
rosewoodstables@windstream.net
 Small barn w/indoor arena, / outdoor riding, heated tack room, daily T/O, hay /grain 3x/day, Full or self clean.

Scenic Run Equestrian Center
 Novelty, OH
www.scenicrun.com
Nancy Lewis-Stanton
 440 - 567-3057
rhave197@gmail.com
 Large airy stalls, fed 4X daily, indoor and outdoor arenas, trails and much more. Ask about boarding discounts.

Woods Edge Stable
Anne Houin
 Burton, OH 44021
 216-598-0821 or
Houin3@yahoo.com
 Boarding, lessons, clinics, Indoor/outdoor, arenas, grass pastures, trails



P.O. Box 32 • Lodi, Ohio 44254
 Phone (330) 948-1753
www.thehorsemenscorral.com

Club _____

\$10 Discount for Year _____

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Check Visa/MC# _____

Signature _____ Exp. Date _____ CVC _____

Calendar of Events

Complete Calendar of Shows, Clinics & More on NODA website: www.nodarider.org.
E-mail Webmaster@nodarider.org to have your event added!

** Schooling Show Scores eligible for NODA Year-end Awards

8/5-7 Dressage at Waterloo - August I (USEF/USDF Recognized)
www.HorseShowOffice.com
Waterloo Hunt Club,
Grass Lake, MI

**** 8/6 CADS Schooling Dressage Show**
www.CadsDressage.org
Ridgewood Stables, Medina OH

**** 8/7 NODA Dressage Schooling Show**
South Farm, Middlefield, OH
www.nodarider.org

**** 8/14 Dream on Farm Dressage Schooling Show**
www.DreamOnFarm.com
Columbia Station, OH

8/13-14 ODS Down Centerline 3 & 4 Shows (USEF/USDF Recognized)
www.ShowSecretary.com
Expo Center, Delaware, OH

8/21 Bath Pony Club Mini Trials & Dressage Schooling Show
www.minitrialassoc.org
Bath Pony Club, Bath OH

8/25-26 Dressage at Waterloo - Finale I (USEF/USDF Recognized)
www.HorseShowOffice.com
Waterloo Hunt Club,
Grass Lake, MI

8/27-28 Dressage at Waterloo - Finale II (USEF/USDF Recognized)
www.HorseShowOffice.com
Waterloo Hunt Club,
Grass Lake, MI

**** 8/27 Pegasus Farm Dressage Schooling Show**
Hartville, Ohio
www.PegasusFarm.org

****9/3 Tuscarawas Valley Dressage Association**
www.tuscvalleydressageasso.org
Skeeter Hollow Farm, New Philadelphia, OH
ghdressage1@yahoo.com

**** 9/4 Dream On Farm Dressage Championship**
www.DreamOnFarm.com
Columbia Station OH

9/9-10 Dressage Clinic with Jan Ebeling
www.Topline-Stables.com
Topline Stables, Aurora OH

9/9-11 MSED A Dressage at the KHP I & II Shows (USEF/USDF Recognized)
www.ShowSecretary.com
Kentucky Horse Park,
Lexington KY

**** 9/11 NODA Dressage Schooling Show** Rocky River Stables, Rocky River, OH
www.nodarider.org

9/11 Sweetwater Mini Trials & Dressage Schooling Show
www.minitrialassoc.org
Sweetwater Equestrian Center,
Ravenna OH

**** 9/17-18 CADS Schooling Dressage Show & Championship**
www.CadsDressage.org
Ridgewood Stables, Medina OH

9/22-25 2016 GAIG/USDF Region 2 Dressage Championships (USEF/USDF Recognized)
Lamplight Equestrian Center,
Wayne IL

10/8-9 Kentucky Dressage Fall Classic I & II Shows (USEF/USDF Recognized)
www.ShowSecretary.com
Kentucky Horse Park, Lexington KY

**** 10/8 NODA Dressage Schooling Show**
Chagrin Valley Farms
www.nodarider.org

**** 10/9 NODA Dressage Schooling Show Series CHAMPIONSHIP** Chagrin Valley Farms
www.nodarider.org



**Northern Ohio Dressage Association
2016 Membership Form**

**NODA membership runs
12/1/2015 through 11/30/2016**



**NODA is a United States Dressage Federation
Group Member Organization**

A portion of your NODA membership dues go towards your group membership in USDF. A USDF Group Membership (GM) makes you eligible for USDF Rider Awards. Group Members may participate in recognized shows without the payment of USDF non-member fees, are eligible to earn university credits, receive member discount rates for USDF events, and receive the *USDF Connection* magazine. (Supporting Family members do not receive a subscription to the *USDF Connection* – one magazine per “family.”) See www.nodarider.org or www.usdf.org for eligibility to qualify for USDF regional and national championships. Note that Participating Membership in USDF is needed to compete in USDF Regional Championships.

Date: _____ Renewal New

Were you a Board member, Officer or Committee Chair in 2015? (Y/N) _____
 Did you volunteer at a NODA schooling show in 2015? (Y/N) _____ (You are a valued member no matter
 Did you volunteer at the NODA recognized show(s) in 2015? (Y/N) _____ what you do; we just want to know
 Did you compete in a USEF/USDF recognized show in 2015? (Y/N)? _____ who volunteers and who shows ☺)
 Did you compete in a NODA schooling show in 2015? (Y/N) _____

Name: _____ USDF # _____
 Adult Amateur Professional Youth, birth date required: _____
 Youth is a NODA membership category that includes both Juniors (JR) and Young Riders (YR). Sign up for YOUTH membership unless you turn 22 or older in 2016. If you turn 22 or older in 2016, you must sign up for Adult Amateur or Professional membership.

Address: _____ City, State _____ Zip: _____
 Phone: _____ Email: _____
 If you do NOT want your email printed in the NODA Handbook, check here

Additional/Supporting Family Name _____ USDF # _____
 (Must live at same address; includes ALL benefits except for USDF magazine and NODA newsletters):
 Adult Amateur Professional Youth, birth date required: _____
 Phone: _____ Email: _____

Additional/Supporting Family Name _____ USDF # _____
 (Must live at same address; includes ALL benefits except for USDF magazine and NODA newsletters):
 Adult Amateur Professional Youth, birth date required: _____
 Phone: _____ Email: _____

To add more family members, use other side of form, or contact membership@nodarider.org

NOTE: The printed Schooling Show Prize List, details for the Awards Program, and the NODA Handbook will be mailed to members who join before June 1, 2016. Information about shows, awards and events is available all year at www.nodarider.org. Members are added to the printed NODA Newsletter mailing list as they join; back issues are not sent.

Join early in the year to enjoy the printed NODA News and E-News all year long!

The NODA News printed newsletter is included with membership.

Newsletter subscription without membership

Fill out this section for a Newsletter subscription without a membership. This is not a membership and does NOT include USDF GM Membership, discounts, eligibility for NODA awards or Schooling Show Championship.

Name _____ Email: _____
 Address: _____ City, State _____ Zip: _____ Phone: _____

Membership Dues:

Adult Amateur or Professional	\$45.00	_____
Youth	\$35.00	_____
Family Member (Amateur, Professional or Youth)	\$20.00	_____
Family Member (Amateur, Professional or Youth)	\$20.00	_____
Newsletter subscription only (not membership)	\$24.00	_____
Additional donation		_____
___ Education ___ Awards ___ Scholarships		_____
TOTAL ENCLOSED:		_____

Please make checks payable to NODA and mail to:

**Fran Cverna
NODA Membership
12212 Snow Rd
Burton, OH 44021**

QUESTIONS?

Membership questions: call Fran Cverna at 440-834-1774 or email membership@nodarider.org
 Other questions: call Kathy Kirchner at 330-995-6010 or email memberrep@nodarider.org

NODA News
3561 Reimer Rd.
Norton, OH 44203

NONPROFIT
Bulk Rate
US Postage Paid
Permit No. 6
Novelty, OH 44072

NODA Newsletter and Web Advertising

Deadline: 10th of each month

Ex: Submissions received by the 10th of the month will publish in the NEXT ISSUE of NODA NEWS.

All Ads will be placed on the NODA website for the same period they are in the NODA NEWS.

Layout in jpg format should be emailed

to: Mosie-editor@nodarider.org

Advertising Rates

(width x height)	One ISSUE	Six ISSUES
Full Page (7.5 x 10):	\$75.00	\$375.00
Half Page (7.5 X 5):	\$40.00	\$200.00
Quarter Page (3.75 x 5):	\$20.00	\$100.00
Business Card (3.75 x 2):	\$15.00	\$75.00

Please complete form & enclose payment in full.

Make Check Payable to: NODA and send to:

NODA News, 8195 Guilford Road, Seville, Ohio 44273

Please note **payment for ads** must be received **by the newsletter deadline of the 10th** for your ad to be placed in the next issue.

For Classifieds contact Classifieds@nodarider.org —see information on page 20 of this issue.

Date: _____ Number of issues ad will run: 1 issue ___ 6 issues ___ full year ___

Issue/year ad will run: _____ Ad Size: _____ Amount enclosed \$ _____ USD

Name: _____ Company: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____ E-mail: _____