

NODA News



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**The Northern Ohio
Dressage Association
is a 501(c)(3) Non-Profit
Education Organization**

2018/2019 NODA Board Executive Board

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Barbara Soukup
440-339-3980

President@nodarider.org

Vice President

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216-496-1299

VP@nodarider.org

Treasurer

Dee Liebenthal
216-534-1911

Treasurer@nodarider.org

Secretary

Patti Valencic
216-956-0985

Secretary@nodarider.org

Parliamentarian

Dee Liebenthal
216-534-1911

Parliamentarian@nodarider.org

Directors at Large

Kathy Kirchner
330-995-6010

Kathy-DAL@nodarider.org

Mary Lou Gallagher
216-941-6582

MaryLou-DAL@nodarider.org

Dale Lappert
330-527-4683

Dale-DAL@nodarider.org

Christine Thompson
440-590-1598

Christine-DAL@nodarider.org

Niki Sackman

Niki-DAL@nodarider.org

440-454-4709

Greetings from the President

Hey-Hey-Hey it's May!

I hope the April showers brought you bright beautiful flowers and a glimmer of hope that we are finally going to get nice weather! April began the show season for many competitors with various recognized shows and schooling shows. If you attended Equine Affaire in Columbus, did you enjoy all the seminars and vendors?

The month of May has plenty of NODA action! You'll want to mark your calendars for each activity. And if that's not enough, check out the NODA website [Calendar](#) for more shows, clinics, and equine activities.

May 12 is our first NODA Schooling Show at Chagrin Valley Farm. Shows are open to members and non-members and include classical and western dressage classes. Complete information on the NODA website [Schooling Shows](#) page.

May 18 & 19 is our USDF L Program Part 1, Session A: Introduction to Judging & Biomechanics with USDF Instructor, Marilyn Heath (USEF "S" Judge) at Lake Ridge Academy and Blue Ridge Farm. Auditors are welcome and Pre-registration is required. I strongly encourage you to attend this excellent opportunity to learn how judges determine your test scores and understand their comments. Visit the NODA website [Education](#) for Program details and [Auditor Form](#).

May 30 starts the NODA Dressage Camp & More for Adult Riders at Stone Gate Farm! Campers are eagerly anticipating dressage instruction, mountain trail obstacles, trail rides, and more! I hope attendees will take pictures to share, and write about their experiences for the newsletter.

Dressage fun and education activities continue as we celebrate 50 years of service to members and dressage education. This will include an amazing 50th Anniversary Party this summer for members and friends. More details coming soon. Want to help? Contact Kathy at MemberRep@nodarider.org.

Did you know you can order stylish NODA Logo apparel, hat, or duffle bag from Big Dee's? The items available for order have recently been updated. Place an order today and show off your love of NODA. Order form is located on the [WELCOME](#) and [FAQ/FORMS](#) pages of the NODA website.

Last year NODA joined the Big Dee's Bonus Bucks Program to help earn extra funds for various award and scholarship programs. Members AND Non-members can voluntarily participate when they purchase merchandise in-store or online. When you check-out, simply request the purchase amount go to NODA Bonus Bucks program, then provide your name and address. It's that easy. Learn more at www.NodaRider.org.

The beautiful month of May is also Cinco De Mayo and Kentucky Derby time. Enjoy yourselves, and Ride On!

Barb



Barb Soukup & Hero

Cover Photo: Wendy Gruskiewicz driving her half Arabian/half Dutch Harness Horse, Riftin, in a driven dressage class. In 2019, Wendy and Riftin spent the winter in Ocala, Florida where they jumped in with both feet and competed in two combined driving events. *Photography by Pics of You.*

NODA Chairpersons & Committees

Communications

Correspondence Secretary Rachel Aderhold
330-357-9981 Correspondence@nodarider.org

Member Equestrian Services Directory
Heidi Miller 330-348-9511
Directory@nodarider.org

Newsletter

Lead Editor, Content/Layout Mosie Welch
330-618-5838 Mosie-Editor@nodarider.org

Calendar/Content Heidi Miller
330-348-9511 Heidi-Editor@nodarider.org

Advertising/Classifieds Editor
Jennifer Cooper 216-469-3920
Advertisers@nodarider.org

Reporter Regina Sacha-Ujcz 216-390-3702
Regina-Reporter@nodarider.org

Reporter Jessica Austin 330-614-5449
Jessica-Reporter@nodarider.org

Corral Magazine: Mosie Welch
330-618-5838 Mosie-Editor@nodarider.org

Website & Facebook

Webmaster Linda Cooley 440-941-6269
Webmaster@nodarider.org

Instagram & Twitter

Administrator, Janice Lawrenz
440-478-6806 Posts@nodarider.org

Education Programs

Education Chair: Linda McGall
330-328-9878 Linda-Edu@nodarider.org

Membership & Liaisons

Membership Chair: Fran Cverna
440-834-1774 Membership@nodarider.org

External Relations: Lisa Gorretta
440-543-8682 Ext-Relations@nodarider.org

Junior & Young Rider Liaison: Christa Sandy
216-314-4871 Jr-YR@nodarider.org

Member Liaison: Kathy Kirchner
330-995-6010 MemberRep@nodarider.org

Professional Liaison: Arielle Brodkey
VP@nodarider.org 216-496-1299

Western Dressage Liaison: Halle Clause
330-472-0888 WesternDressage@nodarider.org

Historical Archives

Historian: Fran Cverna 440-834-1774
Historian@nodarider.org

Competitions

Recognized Shows

Co-Chair Dee Liebenenthal 216-534-1911
RS-Chair@nodarider.org

Co-Chair Arielle Brodkey 216-496-1299
VP@nodarider.org

Manager/Secretary Kevin Bradbury
734-426-2111 Ext 111
Info@horseshowoffice.com

Volunteer Coordinator Karen Shirring
330-220-4705 RS-vol-coord@nodarider.org

Sponsors/Advertising Christine Thompson
440-590-1598 Sponsors@nodarider.org

Program Coordinator Elizabeth Bross
814-881-2786 Program@nodarider.org

Schooling Shows

Chair Sally Burton 440-221-7544
SchoolingShow@nodarider.org

Show Secretary Niki Sackman
440-454-4709 SS-Secretary@nodarider.org

Volunteer Coordinator Sally Burton
440-221-7544 SS-Volunteers@nodarider.org

Year-End Awards

Chair Janeen Langowski-Grava
440-666-6182 Yearend-Awards@nodarider.org

Silent Auction

Chair Patty Keim 330-350-2775
SilentAuction@nodarider.org

Year-End Awards Banquet

Banquet Co-Chair Sally Burton
440-221-7544 Banquet@nodarider.org

Banquet Co-Chair Niki Sackman
440-454-4709 SS-Secretary@nodarider.org



NODA's 50th Anniversary Advertisers

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Dear Valued NODA Member,

Each year as the Northern Ohio Dressage Association begins to plan our Recognized Shows we reflect on how thankful we are for our members, sponsors and advertisers. We couldn't do it without you!

This year we are excited to once again hold our Recognized Shows at Chagrin Valley Farms on July 20-21 2019. CVF continues to improve their facility and they are looking forward to helping our show run smoothly and efficiently.

NODA is celebrating 50 years of education, schooling shows and recognized shows in Northeast Ohio! Wow, what an accomplishment. I feel that our strengths are found in our wonderful volunteers, who give not only of their time but of their talents as well, thank you. So, as we start this show season, NODA is asking for your support. Our Recognized Shows are expensive, and we rely on the sponsorships of many professionals, businesses as well as individuals.

Attached is our 2019 Recognized Shows sponsorship form. We have made it simple for everyone to find a level that is right for them. This year being our 50th year, we are offering a new sponsorship level, It's \$50 For Our 50th Year. Each \$50 sponsorship will be on a special recognition page in the show program and after the show, on our website.

Let's all show our support for 50 years of education, fun and friendships!

Please contact us with any questions.

Christine Thompson, Sponsors@nodarider.org or

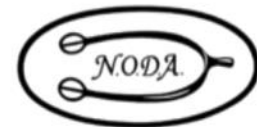
Dee Liebenthal, Treasurer@nodarider.org

Sincerely,

Barbara Soukup, President

Northern Ohio Dressage Association

501c3 Organization www.NodaRider.org



Congratulations!
Northern Ohio Dressage Association
Celebrating 50 Years of Dressage Education
1969—2019

Northwestern Ohio Dressage Association Sponsorship & Advertising Opportunities
Dressage 2019 & Dressage Encore 2019 - July 21 & 22 Help NODA Celebrate 50 years 1969 - 2019

Sponsorship Level Check a box below	Advertisements	Sponsorship Announcements	Banner(s) at Show	Competitors Party Tickets	Sponsors Literature in show packet	Premium listing Program Sponsor Page	Sponsor Recognition NODA email blasts	Listed on Sponsor Page on NODA Website
Gold \$1500	Full Page Color in Show Program	X	3	4	3 pieces	X	one year	X
Silver \$1000	Full Page B&W in Show Program	X	2	3	2 pieces	X	6 months	X
Bronze \$500	Half Page B&W in Show Program	X	1	2	2 pieces	X	3 months	X
Blue Ribbon \$100-\$300	1/4 Page B&W in Show Program	X			1 piece	X		
Celebrate NODA's 50th Anniversary & Donate \$50	Business Card in Show Program (Optional)					X		
Advertising Only	Ad Size/Price	Full page/\$150	Half Page/\$100	Qtr Page/ \$75				

Information: Christine Thompson at 440-590-1598, sponsors@nodarider.org
Dee Liebenthal, 216-534-1911, treasurer@nodarider.org
Website: NODA Recognized Shows

- ◆ Submit ads electronically in an image format (ie. JPEG, bmp, TIF) in 300 dpi resolution by email to treasurer@nodarider.org in a copy & drop condition.
- ◆ Ads will not be edited by NODA and must conform to the sizes specified.

Ad Sizes

Full page ad size with bleed : 8.7639 x 11.2639
Half page ad size with bleed: 8.75 x 5.75
Quarter page ad size: 3.6389 x 4.8889
Ads must be received by June 20, 2019
Sponsors literature must be received one week prior to event
In-kind donations for goods and services are accepted.
Contact Dee or Christine.

Payment Information – check or credit card

- ◆ Make **checks** for sponsorship and advertising payable to: NODA, mail to: Dee Liebenthal, 738-3 Claridge Lane Aurora, OH 44202
- ◆ To arrange payment through PayPal with a **credit card**, email Dee Liebenthal at treasurer@nodarider.org and request an invoice.

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NODA is a 501(c)3 non-profit organization. All sponsorships are tax deductible.



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Cross Training the Dressage Horse by Driving

by Wendy Gruskiewicz

All Photos by "Pics of You"

There have been a plethora of recent articles by noted experts extolling the virtues of cross training the dressage horse. The majority of those articles encourage hacking out or jumping. We've all seen Ingrid Klimke working cavalletti and gold medalist Charlotte Dujardin trotting through deep water and popping over jumps with the legendary Valegro. But have you ever considered driven dressage?

Driving the dressage horse in a carriage has a number of benefits that will enhance the ridden dressage horse. I have found that driving a horse in long, straight lines is a great way to encourage them to go evenly behind and it is often easier for them to lift and swing their backs without the weight of a rider. In addition, the long straight lines don't put as much stress on the horse's legs as constant circling and lateral work in a ring.

Varied terrain of grass fields and dirt roads help the horse strengthen tendons and ligaments and even build bone. Not to mention the sometimes uneven footing requires the horse to pay attention to where he places his feet. Most horses are thrilled to head down the road and through the fields, it's definitely a positive for both their physical condition and their attitude. It's fun.

Driving can be extremely beneficial for the driver as well. Bad back, broken toe, bum knee, just too tired to ride today? No need to moth ball the horse. Get in the carriage and drive. On the days when I don't feel up to riding or maybe would only ride 15 minutes, I can mount the carriage step and take my horse out for a five or six mile drive. Watching the scenery go by, listening to the steady footfalls of his hooves, and looking out through his pricked ears. Watching his big bum sashay and tail swing turns into a mental health day! So much fun. Driven and ridden dressage go together like wine and cheese. While I was in Ocala (a mecca for competitive driving) for two months this winter I was lucky enough to learn from some of the best driven dressage teachers.

Know what? Turns out dressage is all the same, whether it's ridden or driven. The driver needs to sit up tall and straight, centered on the carriage seat, look up, elbows at your side, thumbs on top, rotate at the waist when making a turn, use your abdominals. Sound familiar? Drive the horse up to the bridle from the hind legs, half halt, give with the outside rein, half halt, more bend in the corner, soften the poll, more flexion, longer in the neck, don't overshoot the center line. It's been an

interesting journey to learn how to "do" dressage without my legs and seat. I have really learned to rethink exactly how I use my hands to initiate turns and bending. The whip is used at the girth area to bend the horse through the corners or on the lower haunch to move the hip over. One difference is that the voice can be used in driven dressage competition, unlike ridden dressage.

A driven dressage competition is held in a 40

by 80 or 40 by 100 meter arena, depending on the level. Most are on grass and the letters are the same as ridden dressage. The score sheets are very similar and levels move up progressively from Training, Preliminary, Intermediate, and Advanced to FEI 4*. There are schooling dressage competitions and shows recognized by United States Equestrian Federation (USEF) or American Driving Society (ADS). Judges are trained and licensed. Scores are determined by penalty points similar to eventing. Lowest score wins.

The requirements for driven dressage levels tend to mirror those of ridden dressage. Training level requires a working walk and trot with 40 meter circles and a free rein walk. Collected and extended gaits are added as you move up the levels as are leg yield and cantering. At the advanced levels drivers are requested to demonstrate their skill by performing some movements with all reins in one hand.

If you decide to take up carriage driving, like any other sport, it is safest to seek out experienced assistance. The



Wendy, with her husband, Mike, is driving her own 6 time national champion, Riffen++++// . He's a 14 year old half Arabian/Half Dutch Harness Horse gelding who Wendi also competes at 3rd level ridden dressage.

Cross Training the Dressage Horse by Driving

by Wendy Gruskiewicz

All Photos by "Pics of You"

good news is the carriage community is extremely friendly and helpful. It doesn't matter if you drive a Mini or a Morgan, a Welsh or a Warmblood, there are many extremely experienced drivers in our NE Ohio area. A good resource are the several driving clubs that can be found on Facebook that include Western Reserve Carriage Association (WRCA), Great Lakes Area Driving Society (GLADS) and Ohio Valley Carriage Club. Did you know that several experienced drivers belong to NODA! Driving equipment can be as economical or expensive as you want it to be. Driven dressage horses may use either a two or four wheeled vehicle in most cases. My first carriage and harness combined cost less than my dressage saddle.

My introduction to carriage driving came when I purchased my 16.2 hand half-Arabian Half Dutch Harness Horse, Riften, to become my next dressage partner. My friend and trainer colleague, Sarah Vas of Winfield Farm and Forge in Grafton saw him and said, "Ya' know, he would be a great carriage horse." And so it began. Sarah borrowed equipment and set both Riften and me on the path to a shared adventure. While I had driven Standardbreds in college and Arabian fine harness horses, the carriage was just a tad intimidating at first. I was lucky to have a horse that is a natural and helped build my confidence. So much fun?



Wendy drives the second phase of the combined driving event, the cross country marathon of seven kilometers or more navigating obstacles wearing a helmet and a vest.

A word of caution – I became hooked on driving – maybe you will, too. I have progressed from show ring pleasure driving competitions to driven dressage and carriage driving paces. This winter I jumped in with both feet and

competed at two combined driving events. These "events" mirror 3-day eventing. There is dressage the first day, a full cross country marathon of seven kilometers or more with obstacles the second day, followed by a third day of a demanding and technical cones course.



"One of the highlights for me is sharing this journey with my husband Mike. He is the best navigator in the world, riding on the back of the carriage during marathon to point out the way and run the timer."

One of the highlights for me is sharing this journey with my husband Mike. He enjoys driving Riften and competing in cones classes. He is the best navigator in the world, riding on the back of the carriage during marathon to point out the way and run the timer. Did I mention this is so fun! Drive on!

Find Out More About Driving

Established in 1974, The American Driving Society, Inc. supports carriage drivers in the United States and Canada. Over 80 ADS-recognized events are held across North America each year. The purposes of The American Driving Society, Inc., are:
To promote the best interests of the sport of driving horses and ponies to carriages, both competitively and for pleasure. To create and maintain public interest in national and international driving events. To educate and inform the public regarding driving methods, safety and events. To publish information on driving methods, safety, and events. To organize driving events and provide technical assistance to competition organizers. To maintain a roster of officials and provide training and continuing education for them. More information at AmericanDrivingSociety.org



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50 Years*



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Mosie Welch, Heidi Miller, and Jennifer Cooper
bring you 12 editions of dressage news annually

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UNITED STATES *Dressage* FEDERATION

2019 L Education Program

Hosted by Northern Ohio Dressage Association



**Part 1 Sessions
"A Judge's Perspective"**



Session A, USDF# 103124: May 18 - 19

NOTICE! Venue Change: the lecture portion on May 18 and 19

Lake Ridge Academy, 37501 Center Ridge Rd, North Ridgeville, OH 44039

Saturday from 8 am to 5:30 pm and Sunday from 7:15 am to 11:15 am will be at Lake Ridge Academy
Sunday after lunch will be at Blue Ridge Farm, 37511 Sugar Ridge Road, North Ridgeville, OH 44039

Session B, USDF# 103125: August 17 - 18

Location Jeffrey and Danial Rand's Endeavor Farm

2909 Old Mill Road, Hudson, OH 44236

Instructor - Trenna Atkins

Session C, USDF# 103126: October 26 -27

Location Janeen Grava's Topline Stables at Walden

1109 Hudson Aurora Road, Aurora, OH 44202

Instructor - Sue Curry Shaffer

Cost for Participants

\$750.00 NODA members all three session - \$275.00 single sessions

\$900.00 Non-NODA participants all three sessions - \$325.00 single session

Cost for Auditors (Lunch Included) \$60 NODA Members for 2 day session

\$75 NON-NODA Attendee 2 day session

More details and applications for participants and auditors available on
the NODA website nodarider.org/Education.htm

We would like to thank our generous sponsors





UNITED STATES *Dressage* FEDERATION

2019 L Education Program

Hosted by Northern Ohio Dressage Association

May 18th -19th "Rules & Biomechanics"

Session A, USDF3 103124

Instructor Marilyn Heath, USEF S Judge

NOTICE! Venue Change: the lecture portion on May 18 and 19

Lake Ridge Academy, 37501 Center Ridge Rd, North Ridgeville, OH 44039

Saturday from 8 am to 5:30 pm and Sunday from 7:15 am to 11:15 am will be at Lake Ridge Academy

Sunday after lunch will be at Blue Ridge Farm, 37511 Sugar Ridge Road, North Ridgeville, OH 44039

Marilyn Heath is an "S" Judge from Venice, Florida. She received her "r" in 1979 and her "S" rating in 1989. In addition to judging, she also enjoys teaching horses and riders of all levels with an emphasis on correct basics and harmony between horse and rider.



She is involved with judge education, has been on the L Program faculty since the early 1990's, and was Chairman of the "L" Program Committee for 9 years. She is also involved in judge education for USEF licensed judges.

She was the 2013 recipient of the USDF Lifetime Achievement Award in recognition of her long years of involvement with the "L" Program and judge education.

Marilyn has earned her Gold, Silver, and Bronze Medals, was long listed by the USET in 1986, 1987, and 1988. She represented the USET when she competed at the World Championships in Cedar Valley, Ontario in 1986. She and Tudor Star subsequently won the Bengt Lundquist trophy at Intermediare 1 and Grand Prix Levels, and the USDF Vintage Cup awards at Intermediare 2 and Grand Prix.

Why be a Silent Auditor?

NODA is offering a wonderful opportunity on May 18th and 19th for all riders, teachers, coaches, trainers, barn managers, boarders, veterinarians, farriers, those who love horses, those who love dressage, those who are new to dressage, those who have been riding all their lives and anyone who seeks education and inspiration in their journey of riding.

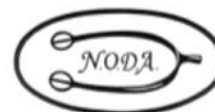
The opportunity offered is to be a silent auditor in the L Education Program with instructor Marilyn Heath who will be teaching session A at Blue Ridge Farm May 18th and 19th. As an auditor, you will have the education of understanding the biomechanics of dressage and a taste of what judging dressage is all about. This is the first session in a series of three sessions.

So why be a silent auditor? The answer to that question is why not. Why not surround yourself with like-minded people who all share in your interest? Why not educate yourself with an instructor who has a life time of experience and expertise in the world of dressage? Why not take advantage of knowledge and understanding of dressage at a level only offered through the L Education Program? Why not take advantage of this program at a venue who is in our backyard and who has graciously offered their support? Why not invest two days of your time, to come away with invaluable education and pearls of ideas to inspire your love of dressage? Why not set aside \$75.00/day for a life changing weekend?

For more details & applications visit the NODA website

www.nodarider.org/Education.htm

\$750.00 NODA members all three session - \$275.00 single sessions
\$900.00 Non-NODA participants all three sessions - \$325.00 single session
Cost for Auditors (Lunch Included) \$60 NODA Members for 2 day session
\$75 NON-NODA Attendee 2 day session



AUDITORS WELCOME!

Equus "Story of the Horse" Documentary Review by Regina M. Sacha-Ujcz

As horse "crazy" people we have probably read every horse novel and watched a variety of horse movies that have graced the silver screen. However, most recently in mid-January, 2019, PBS aired a very special documentary that is so new, unique and comprehensive; you won't want to miss seeing it! It is entitled, **"Equus Story of the Horse" Episode 1: Origins and "Equus Story of the Horse" Episode 2: Chasing the Wind.** You can easily access it **free online** via [PBS.org](https://www.pbs.org) or simply google it. You won't be disappointed!

We all know how important our horses have been to civilization and progress. They have changed our world with speed and power. According to the PBS documentary release: "The relationship between man and his noble steed is almost as old as civilization itself. Ever since the mysterious beginning of our extraordinary partnership, horses helped shape the human world. At the speed of a horse, our ancestors conquered distances and built empires. Together, humans and horses flourished side by side. What makes us so perfect for each other?"

These documentaries feature notable anthropologist Dr. Niobe Thompson and many equine experts as they travel the world exploring the nature of the horse. With the assistance of 3D reconstruction, you can even see the oldest fossil member of the horse and be astonished how it morphed into the steed we know and love today. This documentary reveals so many horse facts that will enlighten and surprise you. You will enjoy learning why they developed as they did and why their eyes are large and faces long and how they easily breathe while galloping. You will also discover the amazing adaptation of the horse to various climates and natural forces.

Most fascinating was the validation of horse's emotional intelligence and their almost spiritual-like connection to us.

This voyage travels the globe from the coldest areas of Siberia to the hot Gobi desert of Arabia. This amazing film took over 1.5 years to make, spans three continents, contains a live symphonic musical score and many high-tech processes such as Phantom slow-moving footage. The photography is breathtaking and the featured breeds of horses captivating to those of us who already worship the horse and those who are attempting to comprehend the relationship that we have with our horses. Please take some time to watch these two episodes. It will only enrich the deep relationship you already have with these amazing and enduring creatures.



Northern Ohio Dressage Association
Presents
USDF/USEF Recognized Shows Weekend
July 20, NODA 2019 Dressage
&
July 21, NODA 2019 Dressage Encore
Chagrin Valley Farms
www.nodarider.org



2019 Dressage Schooling Show Series
16501 Station Rd., Columbia Station, OH 44028
www.dreamonfarms.com
Questions contact: Niki Sackman (440) 454-4709 shows@dreamonfarms.com

Show Dates and Judges

5/26 - Sara Ziemer "L"
Open April 29, Close May 13

6/23 - JoAnne White "L"
Open May 27, Close June 10

8/18 - Barbara Soukup "L" w/Dist.
Open July 22, Close August 5

9/22 - **Championship** Danielle Mentzer "L" w/Dist.
Open August 26, Close Sept. 9

Online Entries Available At: www.horseshowoffice.com www.dreamonfarms.com f /DreamOnFarms	Mail Show Entries To: Dream on Farms Dressage Show c/o Niki Sackman 609 US Grant Street La Grange, OH 44050
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Championship awards sponsored by:

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High Point awards sponsored by:

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***Scores may be eligible for some NODA & CADS year-end awards—see rules

Schooling Show News

by Sally Burton, Schooling Show Manager

At this point in time our May 12 show at Chagrin Valley Farm is filling fast!

WE highly suggest signing up online on opening day to ensure that you get into this and all our schooling shows. We received 38 entries on opening day for the May show!

A few friendly reminders:

- ⇒ Please make sure to read the prize list and look there first for answers to any questions you may have! Our online prize list is very user friendly with instant links to pages using the table of contents.
- ⇒ READ the show notes! We get many emails asking questions about a particular show that are answered in the show notes. These notes are located BEFORE the ride times- so you literally have to scroll by them to get your times.
- ⇒ Volunteer! If you are not going to a particular show sign up to volunteer then. Bring along a friend or loved one to volunteer for you on show day. The more volunteers we have, the smoother the show runs. And it truly is fun and you might learn something too
- ⇒ Remember that we cannot control the weather! We do our best to "order" sunny (but not too sunny), warm (but not too warm) days but weather happens. We follow the rules so everyone can be safe should the worst weather happen.

Upcoming Events

In June we are excited to be going back to South Farm in Middlefield.

And in July we have our popular ride-a-test/ show weekend at Chagrin Valley Farm. *Entry forms for the ride-a-test will be out in early June- these are snail mail only.* You do not want to miss the chance to ride your test in the show ring with a judge the day before the show- using that feedback to improve with a new set of judges on show day!

We are looking forward to seeing everyone again!

Whether you show, volunteer or just come cheer us on, we love seeing and meeting friends during show season.

See you in May!

Northern Ohio Dressage Association

Celebrating 50 Years

2019 Schooling Show Series

May 12	NODA Dressage Schooling Show Chagrin Valley Farms, Chagrin Falls, Ohio
June 9	NODA Dressage Schooling Show South Farm, Middleton, Ohio
July 7	NODA Dressage Schooling Show Chagrin Valley Farms, Chagrin Falls, Ohio
Aug 11	NODA Dressage Schooling Show Rocky River Stables, Rocky River, Ohio
Sept 8	NODA Dressage Schooling Show Fair Winds Farm, Auburn Township, Ohio
Oct 5	NODA Dressage Schooling Show Chagrin Valley Farms, Chagrin Falls, Ohio
Oct 6	NODA Dressage Schooling Show Series Championship Chagrin Valley Farms, Chagrin Falls, Ohio

For The Prize List Please Visit NODA's Website

www.nodarider.org



NODA Professional Grants & Amateur Scholarships

Youth & Adult Amateur Scholarships

Available for NODA Members

NODA offers four (4) amateur scholarships annually in the amount of \$250 each

NODA Member Professionals

are Eligible for Grant Funds up to \$400!

Grants are available for 50% reimbursement of event participation

NODA Membership is required to apply

The applicant must be a "professional" horse person as defined in the USEF rule book



Visit www.NodaRider.org/Scholarships.htm

For complete details and forms

TDF Now Accepting Applications for New George Williams Young Professional Grant Fund

The Dressage Foundation (TDF) is accepting grant applications from young professionals, ages 25-35, for the new George Williams Young Professional Fund. The Fund was established in December 2018 by Williams' friends and colleagues to honor his years of dedication and service to the U.S. dressage community. "We've been working with George over the past few months to establish the Fund's purpose and guidelines," said Jenny Johnson, TDF's Executive Director. "Given his dedication to helping young adults, it is fitting that these grants will support young professionals who are committed to our sport."

Williams shared, "I am honored to have a Grant Fund in my name, which will have a goal of helping up-and-coming young equestrians. Thank you to all the donors."

Applicants should have established businesses as instructors and trainers and have a strong desire to participate in continuing education opportunities, in order to provide higher-quality instruction to their students. Grants will range from \$3,000 - \$5,000. Applications are due June 1st.

[Information and the online application form can be found here.](#)

[TDF welcomes donations](#) to further support young professionals through the George Williams Fund. Please contact Jenny Johnson at jenny@dressagefoundation.org or (402) 434-8585 with questions.



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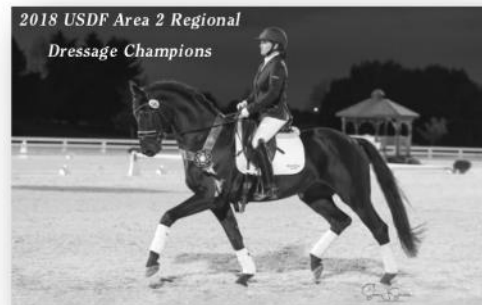
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For more information please contact:

Holly Taylor @ email: brfhollyt@gmail.com or phone: 440.610.1606

Or visit our website at www.blueridgefarmeventing.com

“Horses and Happiness” Reflections on the Benefits of Riding for Mental Health

by Maria Sandy, NODA Youth Reporter

According to Director-General, Lee Jong-Wook of the World Health Organization, over 450 million people struggle with mental health instabilities in their daily life. To me, and I'm sure many of you, that is an eye-opening statistic. What if there was a way to diminish that number? Equestrians just might have a solution to this problem.



Maria Sandy and Mocha at Shade Tree Farm in 2018.

Over the last two years, I have personally experienced the struggles of depression and anxiety symptoms. It has been a constant struggle of sadness and fatigue accompanied by a loss of interest in otherwise enjoyable activities. It has put a large gap between myself and many of the people who care about me. It seemed that one of my only escapes from the persistent war with my own mind was the barn. Once I got on and started to ride, all those feelings and all the pain seemed to fade. The physical strain placed a damper on whatever the day had brought. The only thing that matters while you are working with your thousand-pound companion is the unstoppable force that you become while riding. The phrase “blood, sweat, and tears” applies, quite literally, to the world of horses.

No matter what happened before your ride, you get on prepared to work your butt off to accomplish a common goal. In order to obtain your goal, a whole lot of sweat, possibly some tears, and maybe even some blood will be shed. It's an indescribable feeling to be in a partnership with such a brute force like a horse. When you're in the saddle it's like you free yourself of any doubt. It's almost terrifying, yet empowering. To be able to accomplish something and communicate with such a huge animal is a euphoric sensation. I try to explain the feeling to my non-equestrian friends, but I must give up because there's no comparison to what it's like. The best I can describe it is like when you look over the edge of a mountain or off a cliff and you can almost see the treacherous plummet to the ground, but you keep your feet on the ground and adrenaline rushes through your entire body from your head to your heels. Riding lies on the edge; somewhere between comfort and insanity. That is what makes it feel so incredible and allows you to let go of all your other problems.

Even before you get on, you already feel so much more

at peace with your mind. There is this unspoken bond between a horse and their rider. This special connection that is stronger than love and more than trust. We do trust these animals with our lives. To feel the breath of a horse and to feel their heartbeat is the most amazing thing. It reminds us that these are living creatures that are trusting us and that we are loving and trusting

them too. They understand pain and suffering just as much as we do. The horse can sense our emotions even when we are blinded to them ourselves. They are more intelligent than we give them credit for and it's very calming to just be in the presence of an elegant animal like a horse.

I see the bond between horse and rider most during Valley Riding INC's therapeutic riding program. It's amazing to watch how the horses react differently to situations with the disabled riders. Horse and rider form an inseparable friendship. I will not reveal her name, but I have seen a huge impact on the life of one specific girl from her relationship with a pony called Emmie. I've never seen such a big smile than I see on the face of this girl when she's with Emmie every Tuesday night. But like I said, it's difficult to describe the feelings or experience of the rider without being there to see it or feel it.

I enjoy writing very much and hope to pursue a career in writing articles for newspapers and magazines. However, this article was hard for me to write knowing that lots of people will be reading about my struggles with mental health. Which brings me to my final point. The support systems of other equestrians and your “barn family” is so special. We share this incredible common addiction to that adrenaline rush I mentioned with caring for horses. It's so much fun and I wish everyone could have the opportunity to feel what it's like to ride.

Although this article is very personal to me and difficult to share, I truly hope this helps someone to at least have peace of mind that you are not alone. NODA provides so many awesome opportunities for all riders to continue to prosper and have fun with our four-legged partners and other riders. Thank you from the bottom of my heart for taking time to read my articles. Have a happy and warm start to your spring.



MARK YOUR CALENDARS FOR OUR FOUR 2019 USEF USDF DRESSAGE SHOWS!

WINTER DRESSAGE

MARCH 9-10, 2019

Judge Susan Mandas "S" (OH)

DRESSAGE PRIX DE VILLES

APRIL 6-7, 2019

Judge Sarah Michael "S" (MI)

FREE TACK STALL for every 4 horses on a TEAM stabled at the Prix de Villes!

DRESSAGE DERBY OF OHIO I AND II

JUNE 15-16, 2019

Judge Kem Barbosa "S" (NJ)

Judge Donna Richardson "S" (CA)

Visit www.lec.edu/equine-events for additional details and prize lists.

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Junior and Young Rider News

Pizza and Painting with NODA's Jr/Young Riders

by Maria Sandy

On Saturday, March 30, eight of NODA's junior young riders joined together for a fun filled night at Valley Riding Inc. With art teacher and NODA member, Jennifer Cooper's direction, the group created lovely paintings of horses in the sunset or moonlight. Before embracing the new found talents, the group enjoyed bonding over pizza and snacks. Once the creative minds started flowing, it was surprising to see how each unique painting turned out. Every one was different and special to the rider. With Jennifer's help, the group learned how to sketch



out our masterpiece, paint a sunset or moonlight background, and paint a horse of choice into the painting. The riders had a blast expressing themselves in a new way outside of the art of Dressage, and making new memories with horsey friends. Thank you to Margaret McElhany, manager of Valley Riding, Inc., at Rocky River Stables for providing the facility, and NODA board members, Sally Burton and Christa Sandy, for working to make this experience possible. Of course, thank you to NODA Advertising Editor, Jennifer Cooper (*pictured below helping our young artists*) for sharing your artistic knowledge with the eager riders.



NODA Youth rider, Christina Fraser and her 12-year-old chestnut gelding, Bubbys Buddy ("Tex") finished second in the nation in 2018 in the AQHA Level III Youth Dressage, Training Level in the American Quarter Horse Association. Christina stables and cares for Tex at home and

credits her coach, Sara Schreckengost, for helping them accomplish their dressage goals. Christina and Tex show at NODA's rated shows, compete in Ranch Horse Riding, and enjoy trail riding, hunter paces and mini trials.

NODA congratulates Christina and Tex!

NODA is Now
On Twitter and Instagram

@NODA_Dressage

the same handle on both!



#NODAdressage

#NODA50

#NODAschoolingshows

#NODA2019

#NODAJr/YR



Instagram

NODA Western Dressage Spotlight



Niki Sackman: As a child and teenager I dabbled in many riding disciplines: hunters (mostly), western, saddle seat, dressage, trail, and even some driving. As an adult I have mostly shown and ridden multiple horses' classical dressage.

In 2016 I was working towards showing my horse classical Second Level. I was having difficulties with my right wrist/hand and thought I had carpal tunnel. Turns out my TFCC in my wrist was torn and holding together by a thread, per se. I had to have surgery but since I was managing shows at the time I had to wait until the end of summer as there was no way I could perform all my duties with only my left hand (trust me I am not ambidextrous). I wanted to still show but how does one show dressage one handed – western dressage!

I tried WD Intro Level showing with just my left hand and my horse Mercedes Colortyme (a registered American Paint horse) seemed to like it. After I had surgery, where they repaired my TFCC and cut off the end of the Ulnar bone in my right wrist, I was ready to ride and decided to show both classical and western dressage. My horse seemed better suited for western dressage so I have been showing western dressage ever since.

My goal for 2019 is to show Western Dressage Level 4. I plan to start out with Level 4 Test 1 and see where I go from there. Level 4 Test 4 has canter pirouettes so we may not be ready for that test this year!



Halle Clause: I have been NODA's Western dressage liaison for NODA for 4 years. I have organized 2 riding clinics; Patrick King at Brecksville Stables and the Sue Hughes clinic and a ride a test clinic at Chagrin Valley Farms.

My horse, Master the Art (Artty) is a 10 year old, 1/2 Arabian gelding. We are doing Western Basic and Level 1 in 2019. We are also going to try ranch riding and a few open shows.

NODA's Western Dressage trophies have been designed by me and the fabulous Rosemary Honerkamp (pictured below) in her studio in Georgetown, KY. Rosemary has done all of the awards with the exception of the Western Dressage Vintage Award sponsored by Judy Jacobsen.



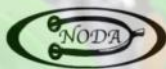
Northern Ohio Dressage Association
50th Anniversary Party

Save the Date
8.24.2019



Celebration at Shade Tree Farm, Bath Ohio

Please watch NODA's website and newsletter for details



Monthly NODA Board Meetings

All Members Welcome to Attend

Mark your Calendars

NEXT BOARD MEETING

April 8, 2019, 6 - 8 PM

Panera Bread

6130 Kruse Road, Solon Ohio

NODA welcomes member comments, concerns,
ideas, and questions regarding
NODA activities, shows, and policies

Please contact your member representative at
MemberRep@nodarider.org

Meeting changes or updates posted at www.nodarider.org

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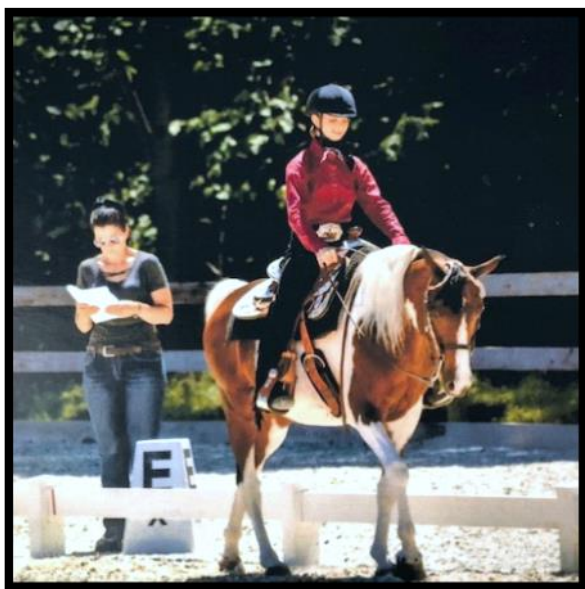


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NODA Western Dressage Spotlight



Jerri Chuey I am planning on riding both Classical and Western Dressage in the 2019 show season and am hoping to do second level. We have had some time off this winter but we will do our best to move up. I also want to play around with some ranch horse competitions and obstacle challenges. Of course for Mystie, I need to make time to trail ride and just enjoy ourselves. I cherish every moment I have with this mare because she gives me her heart every ride.



Skyler Young is a youth rider who enjoys riding Western dressage and hopes to ride Level 1 with 15 year old Eclipse, while competing in the Basic Level on her new horse. Skyler also competes in Classical dressage.



Judy Jacobsen competes her horse, Modige, in Western Dressage. Judy also sponsors the annual Western Dressage Vintage Trophy Award in the NODA Year-End Awards Program.

About Western Dressage from the USEF Website: Western dressage integrates the historically validated principles of dressage with the best of Western stock horse tradition. It is a systematic and progressive system of training for the Western horse and rider in traditional stock tack with the purpose of enjoying a safe, pleasurable, versatile, and useful working horse. The hallmarks of the Western dressage horse are usefulness, rideability, willingness, safety, pure gaits, lightness, calmness, and steadiness. A Western dressage rider should be attentive and tactful. They should use clear, effective, subtle aids coupled with a confident seat and light, responsive hands in communication with their horse.

A Western dressage partnership should exhibit impulsion originating from deeply engaged hindquarters transmitted without resistance through a supple topline to a light, soft contact with the rider's hand(s). The horse should move freely forward, laterally, and to the rear via a willingness to work off the hindquarters, which enables the Western horse to be a useful working partner. A Western dressage partnership should culminate in a happy, harmonious horse and rider relationship.

Western dressage tests provide the opportunity for horse and rider to demonstrate growth through a series of progressive elements by advancing from test to test and level to level as they develop in physical skill, mental maturity, and partnership. Competitions are both rewarding and educational, with judges providing scores and offering feedback for each element, as well as for collective marks demonstrated throughout the test.

NODA apparel is available through Big Dee's Tack & Vet Supplies!



Show your support and love for The Northern Ohio Dressage Association through this stylish collection of apparel, customized with the NODA logo.

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Membership News

by Fran Cverna, Membership

NODA's 2019 Membership Year runs from 12/1/2018 – 11/30/2019

Thank you to everyone who has renewed for 2019

As of 4/16/2019, we have 269 members,
173 Adult Amateurs, 34 Youth, 62 Professionals,
59 New members!

Welcome (& Welcome Back) New Members

Kimberly Barskaitiki, Megan Boss, Kristina Foltz, Beth McCullough, Amy Rothe-Hietter,
Laura Sovey-Strah, Wendy Stabile. Kayda Strah

Thank you for additional donation with membership

Laura Sovey-Strah



NOTES FROM NODA'S HISTORICAL ARCHIVES

by Fran Cverna, Historian

1969 TO 2019: NODA CELEBRATES 50 YEARS OF DRESSAGE IN NORTHEAST OHIO

This month we are high lighting 1994. In 1994 NODA was 25 years old – half the age it is today!

Both articles below appeared in the June 1994 NODA Newsletter.

GARDENTNG TIPS FOR CLUBS (clip art added by our current historian)

First plant five rows of peas: participation, promptness, preparedness, perseverance and politeness.



Next, three rows of squash: squash criticism, squash indifference, squash envy.



Then four rows of lettuce: let us attend more meetings, let us work harder for the club, let us help each other and the club, let us join in more activities.



No garden is complete without turnips: turn up a new idea, turn up at all activities, turn up with a smile, and turn up with real determination and enthusiasm.



JOAN RAPP 1921 - 1994, NODA bids a fond farewell I to Joan Rapp, one of the founders of Northern Ohio Dressage Association and the club's first president. Joan passed away March 3, 1994, in Greensboro, North Carolina, her home since 1970. Joan was originally from Cleveland Heights. She instructed at Red Raider for 20 years, through the 1950's and 1960's, and was Director of Senior Camp Riding. Many youngsters who started riding under Joan at Red Raider went on to further their riding careers and many became professionals in their craft. Joan moved to Greensboro, North Carolina, in 1970. There she established a riding school , and she also instructed an Adult Education program in Horsemanship. Joan had a deep appreciation of the capacity of dressage to improve the athleticism of any horse, no matter what the field of endeavor may be. We will remember Joan Rapp for her initiative and direction of NODA in its infancy. We hope that she was proud of the way NODA grew into its own, as a driving force in northern Ohio in the sport and art of Dressage.



Northern Ohio Dressage Association 2019 Membership Form

NODA membership runs
12/1/2018 through 11/30/2019

NODA is a United States Dressage Federation Group Member Organization (GMO)



A portion of your NODA membership dues go towards your group membership in USDF. A USDF Group Membership (GM) makes you eligible for USDF Rider Awards. Group Members may participate in recognized shows without the payment of USDF non-member fees, are eligible to earn university credits, receive member discount rates for USDF events, and receive the *USDF Connection* magazine. (Supporting Family members do not receive a subscription to the *USDF Connection* – one magazine per “family.”) See www.nodarider.org or www.usdf.org for eligibility to qualify for USDF regional and national championships. Note that Participating Membership in USDF is needed to compete in USDF Regional Championships.

Important INFORMATION:

- The printed Schooling Show Prize List which includes the Year-End Awards Program details is mailed to members who join **before May 1, 2019**.
- NODA By-Laws, club information, shows, awards, newsletters, and events are available at www.nodarider.org.
- **New this year:** If you recruit a new member and mail that new membership in the same envelope with your membership, you will be sent 4 NODA Bucks!
- 2019 is NODA's 50th Birthday Year! If you have any suggestions for activities that would make this year special please contact Kathy Kirchner at MemberRep@nodarider.org
- We hope to have online renewal using PayPal available in 2019. Until then please mail your renewal with a check, or bring it to the Banquet November 18 – THANK YOU!

Date _____ ☐ Renewal ☐ New

Approval to release your contact information to Big Dee's and Schneider Saddlery?

(Big Dee's reimburses club 5% on members' purchases.) Yes, I approve _____ No, I do not approve _____

Name _____ USDF # _____

☐ Adult Amateur

☐ Professional

☐ Youth, birth date required: _____

Youth is a NODA membership category that includes both Juniors (JR) and Young Riders (YR). Sign up for YOUTH membership unless you turn 22 or older in 2019. If you turn 22 or older in 2019, you must sign up for Adult Amateur or Professional membership.

Address _____ City _____ State _____ Zip _____

Phone _____ E-mail _____

Additional Family Member Name _____ USDF # _____

(Must live at same address; includes ALL benefits except for USDF magazine and NODA newsletters)

☐ Adult Amateur

☐ Professional

☐ Youth, birth date required: _____

Phone _____ E-mail _____

Additional Family Member Name _____ USDF # _____

(Must live at same address; includes ALL benefits except for USDF magazine and NODA newsletters)

☐ Adult Amateur

☐ Professional

☐ Youth, birth date required: _____

Phone _____ E-mail _____

To add more family members, use other side of form, or contact membership@nodarider.org

Newsletter subscription without membership Fill out this section for a Newsletter subscription without membership. This is not a membership and excludes USDF GMO Membership, discounts, eligibility for NODA awards or Schooling Show Championship.

Name _____ E-mail _____

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Membership Dues

Adult Amateur or Professional \$45.00 \$ _____

Youth \$35.00 \$ _____

Golden-Ager (at least 75 years old) \$20.00 \$ _____

Must be 75 years old or older as of December 1, 2018

Additional Family Member \$20.00 \$ _____

Full membership, must live at same address

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Newsletter subscription only (not membership) \$24.00 \$ _____

Additional Donation \$ _____

NODA is a 501(C)3 Educational Organization. All donations are tax deductible.

TOTAL ENCLOSED \$ _____

Please make checks payable to NODA. Mail to:

Fran Cverna
NODA Membership
12212 Snow Rd
Burton, OH 44021

QUESTIONS?

Membership questions: Contact Fran Cverna
440-834-1774 or Membership@nodarider.org

Other questions: Contact Kathy Kirchner
330-995-6010 or MemberRep@nodarider.org



USDF Announces New Certified Instructors

Lexington, KY (April 4, 2019) The United States Dressage Federation™ (USDF) is pleased to announce and congratulate the newest USDF Certified Instructors, who completed their certification this Spring:

Training – First Level:

Emily Gill (Louisville, OH)

Ashley Rand (Twinsburg, OH)

Elsie Reford (Gatineau, Quebec, Canada)

Katherine Tackett (Snow Camp, NC)

Second Level:

Ashley Navarro (Harrisburg, PA)

Viviane Pilicy (Waltham, MA)

Jean Thornton (DeLeon Springs, FL)

Third – Fourth Level:

Laura Ashley Killian (Loxahatchee, FL)

Katherine Poulin (Beachwood, OH)

USDF Education Department Manager Kathie Robertson acknowledged, "It is our pleasure to recognize these accomplished individuals and we are proud to have them as representatives of the USDF Instructor/Trainer Program."

The USDF Instructor/Trainer Program is designed to set a standard of excellence in dressage training and instruction in the United States, and to educate dressage riders, instructors, and aspiring instructors.

For more information on the USDF Instructor/Trainer Program, to view a calendar of workshops or testing dates, or to obtain details on hosting a workshop or testing session, please visit the USDF website at www.usdf.org, or contact instructorcertification@usdf.org.

Founded in 1973, the United States Dressage Federation is a nonprofit membership organization dedicated to education, recognition of achievement, and promotion of dressage. For more information about USDF membership or programs, visit www.usdf.org, email usdressage@usdf.org, or call (859) 971-2277.

Correction: In the 2019 Issue 4, Holly Berry, the pony pictured on the front cover is owned by Valley Riding, Inc., at Rocky River Stables. NODA News mistakenly identified Lauren Heba, pictured riding Holly, as the owner. We are sorry for the confusion and greatly appreciate the keen eye of the reader who spotted our mistake. Keep reading the NODA News cover to cover.



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Classifieds & Member Stable Listings

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\$5.00: 60- 80 words
Photo \$5.00. One free ad per member at a time.

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Classifieds Editor

Jennifer Cooper
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Classifieds@nodarider.org

APPAREL,

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17.5" seat, wide adjustable tree. Black, good condition. Pictures available. \$975. Contact Patti at 440/338-7177 or Secretary@nodarider.org. (I-4)

Rembrandt Dressage Saddle

17.5" seat, adjustable tree. Black, good condition, recently re-flocked, new billet straps. Pictures available. \$650. Contact Patti at Secretary@nodarider.org or 440/338-7177. (I-4)

Custom Vogel Dress boots.

Worn once. Est. size 8-8.5 ladies. 15" calf, zipper. \$600 or best offer. Contact Kris at freespiritfarm@windstream.net (i-5)

APPAREL, TACK & EQUIPMENT

PRESTIGE X HELEN K Dressage Saddle. Black calfskin leather, monoflap, 17" seat, big knee blocks, deep seat, 34/medium wide adjustable tree. Good condition. Photos available. \$2,800. Contact Mosie at mosie5838@gmail.com or 330-618-5838 (I-6)

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330-239-1997

www.BridlewoodDressageFarm.com
2 indoor & 1 outdoor ring, pastures, boarding, lessons, excellent care, friendly. Co-op boarding now available

Fair Weather Farm

Kate Poulin
Chagrin Falls, OH
386-624-3968

katepoulin@yahoo.com
Heated barn/indoor, Grass / all season T/O, stalls cleaned 2X/day. Two outdoors, trails

Kirgis Farm

Mantua, OH
330-554-1716

www.kirgisfarm.com
Dressage barn, all day turnout, competent staff, large stalls, pastures, safe fencing, indoor arena

Lake Erie College Equestrian Center, Concord OH

440-375-8011
Debbie Savage
USDF Gold Medalist,
USEF S Dressage Judge
dsavage@lec.edu

Dressage training through Grand Prix. Schoolmasters available, accepting students. USEF /USDF Dressage Shows

Mithra Training Stable

Wendy Gruskiewicz
Jefferson, OH
440-213-0509
www.mithrastable.com
Specializing in Arabian Sport Horses, dressage training, sales & lessons

MEMBER STABLE LISTINGS

North Crest Equestrian Center Julie Taylor, Avon Lake, OH

(440) 933-4654
www.northcrestequine.com
Dressage training & lessons, with lesson horses available, summer horse camps, birthday parties

Orchardview Stable Medina, OH

(330) 635-0161
Small private co-op barn. Indoor/outdoor arenas. Located across from MetroPark trails. Wash rack, pastures

Pleasant Valley Farm

Kris Lanphear 440-942-9034
Willoughby Hills, OH
Board, daily grass T/O, trails, lessons, care of special need horses. Natural training to enhance dressage

Princeton Ridge Farms, Ltd. Huntsburg, OH 440-463-2428

www.princetonridge.net
Quality horse care, boarding, lessons, and sport horse sales in Geauga County. Indoor/ outdoor arena, schooling jumps, trails

Rhythmic Ridge Ranch Debi Smith

Lorain County
440-315-2660
Full care, indoor and lighted outdoor arenas, matted stalls and heated water buckets

Rivendel Farm

Bonnie Gray
Dale Lappert,
R Dressage Judge
Garrettsville, OH
www.rivendeldressage.com
(440) 813-4009
Board, dressage/eventing. Indoor/outdoor, trails, jumps

Member Stable Listings

<p>Rocky River Stables/Valley Riding , INC Cleveland. OH (216) 267-2525 www.valleyriding.org Margaret McElhany Boarding, lessons, pony /horse camps, therapeutic riding, indoor & outdoor arena, trails</p>	<p>Shadow Facs Farm Waterford, PA www.shadowfacsfarm.com Debbie McCaughtry 814-796-6161 Dressage and combined training, instruction, sales</p>	<p>Topline Stables at Walden Aurora, OH www.topline-stables.com Janeen Langowski Grava 330-995-0039 or 440-666-6182 Boarding, lessons, clinics, sales, training, full care, indoor/outdoor, grass pastures</p>
<p>Rosewood Stables, Columbia Station, OH Jill Voigt 440-236-8276 rosewood.stables@yahoo.com Small barn w/indoor arena,/outdoor riding, heated tack room, daily T/O, hay /grain, 3x/day, Full or self clean</p>	<p>Shade Tree Farm Bath, Ohio Betsy Rebar-Sell 330-351-1124 brsell@aol.com Full care, indoor & outdoor arenas, trails, turnout, lessons, and training</p>	<p>Woods Edge Stable Burton, OH Anne Houin 216-598-0821 Houin3@yahoo.com Boarding, lessons, clinics, indoor/outdoor arenas. grass pastures, trails</p>

Calendar of Events

(**) *Schooling Show Scores ELIGIBLE for 2019 NODA Year-End Awards*

(**) May 12 NODA Schooling Show at Chagrin Valley Farms
www.NodaRider.org Chagrin Falls, OH

May 18 – 19 USDF “L” Education Program
Hosted by NODA - [Part 1, Session A](#)
Lake Ridge Academy (lecture portions) and
Blue Ridge Farm, North Ridgeville, OH

(**) May 26 Dream On Farm Schooling Dressage Show
www.dreamonfarm.com Columbia Station, Ohio

May 30 - Jun 2 NODA Dressage Camp & More
for Adult Amateurs www.NodaRider.org
Stone Gate Farm, Hanoverton, OH

(**) Jun 9 NODA Schooling Show at South Farm
www.NodaRider.org Middlefield, OH

(**) Jun 15 LEC Dressage Derby of Ohio I
www.LEC.edu/Equine-Events
Lake Erie College Equestrian Center, Concord, OH

(**) Jun 16 LEC Dressage Derby of Ohio II
www.LEC.edu/Equine-Events
Lake Erie College Equestrian Center, Concord, OH

(**) Jun 23 Dream On Farm Schooling Dressage Show
www.dreamonfarm.com Columbia Station, Ohio

Jul 6 NODA Ride-a-Test Clinic at Chagrin Valley Farms
www.NodaRider.org Chagrin Falls, OH

(**) Jul 7 NODA Schooling Show at Chagrin Valley Farms
www.NodaRider.org Chagrin Falls, OH

(**) Jul 20 NODA Dressage 2019 Show
www.NodaRider.org USEF/USDF Recognized
Chagrin Valley Farms, Chagrin Falls, OH

(**) Aug 11 NODA Schooling Show at Rocky River Stables
www.NodaRider.org Rocky River, Ohio

Aug 17—18 USDF “L” Education Program
Hosted by NODA—[Part 1, Session B](#)
Endeavor Farm, Hudson, Ohio

(**) Aug 18 Dream On Farm Schooling Dressage Show
www.dreamonfarm.com Columbia Station, Ohio

(**) Sep 8 NODA Schooling show at Fair Winds Farm
www.NodaRider.org Chagrin Falls, OH

(**) Sep 14 Western Dressage Schooling Show
www.BuckeyeEquestrianEvents.com
Eden park Equestrian Complex, Sunbury OH

(**) Sept 22 Dream on Farm Schooling Dressage Show
Championship
www.dreamonfarm.com Columbia Station, Ohio

(**) Sept 28 WPDA Schooling Dressage Show
www.WPDA.CLUB.com Fair Haven Farms, Grove City PA

(**) Sept 28 CADS Schooling Dressage Show
www.CadsDressage.org Brecksville Stables, Brecksville OH

For more calendar listings and information,
www.nodarider.org
USDF Recognized Shows by Region
www.USDF.org/calendar.competitions.asp

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NODA Newsletter and Website Advertising

Deadline: 10th of each month

ADVERTISING RATES

Ex: Submissions received by the 10th of the month will publish in the NEXT ISSUE of NODA NEWS.

All Ads will be placed on the NODA website for the same period they are in the NODA NEWS.

E-mail Ad Layout in ".JPG" or ".TIF" format
(high resolution, 300 dpi or higher)
to Jennifer at Advertisers@nodarider.org

	(width x height)	One ISSUE	Six ISSUES
Full Page	(7.5 X 10)	\$75.00	\$375.00
Half Page	(7.5 X 5)	\$40.00	\$200.00
Quarter Page	(3.75 X 5)	\$20.00	\$100.00
Business Card	(3.75 X 2)	\$15.00	\$75.00

Make Check Payable To: **NODA**

Mail Form and Payment To: Jennifer Cooper, Advertising Editor
6395 Paine Road, Painesville, OH 44077

PAYMENT FOR ADVERTISING must be received by newsletter deadline of the 10th for your ad to be placed in the next issue.

E-Mail **CLASSIFIED ADS** to Classifieds@nodarider.org (See information in the Classifieds Ads section in this issue.)

Date _____ Number of Issues Ad will Run: 1 issue _____ 6 issues _____ Full Year _____

Issue/year ad will run: _____ Ad Size: _____ Amount enclosed \$ _____ USD

Name _____ Company _____

Address _____

City _____ State _____ Zip _____

Phone (_____) _____ E-mail _____